

Assessing the role of geographical HIV hot-spots in the spread of the epidemic

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August 20, 2019



What is Health Geography?

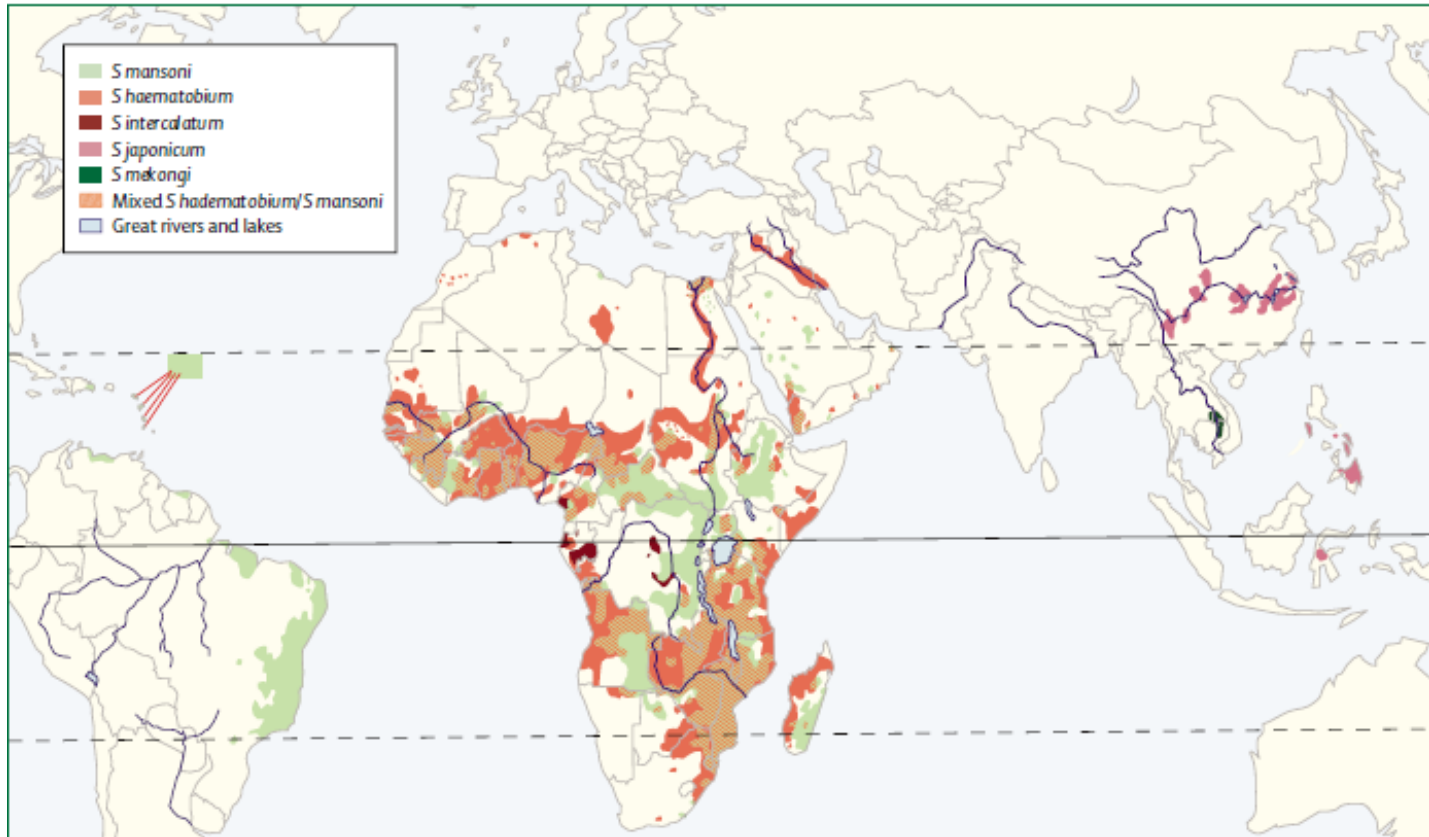
- Health geography is the application of geographical perspectives and methods to the study of health, disease and health care
- Health geography uses the concepts and techniques of geography to investigate health-related issues
- Health geography, uses the tools and approaches of geography to tackle health-related questions focused on the importance of variations across space, with an emphasis on concepts such as location, direction, and place

Maps: Great Communicators

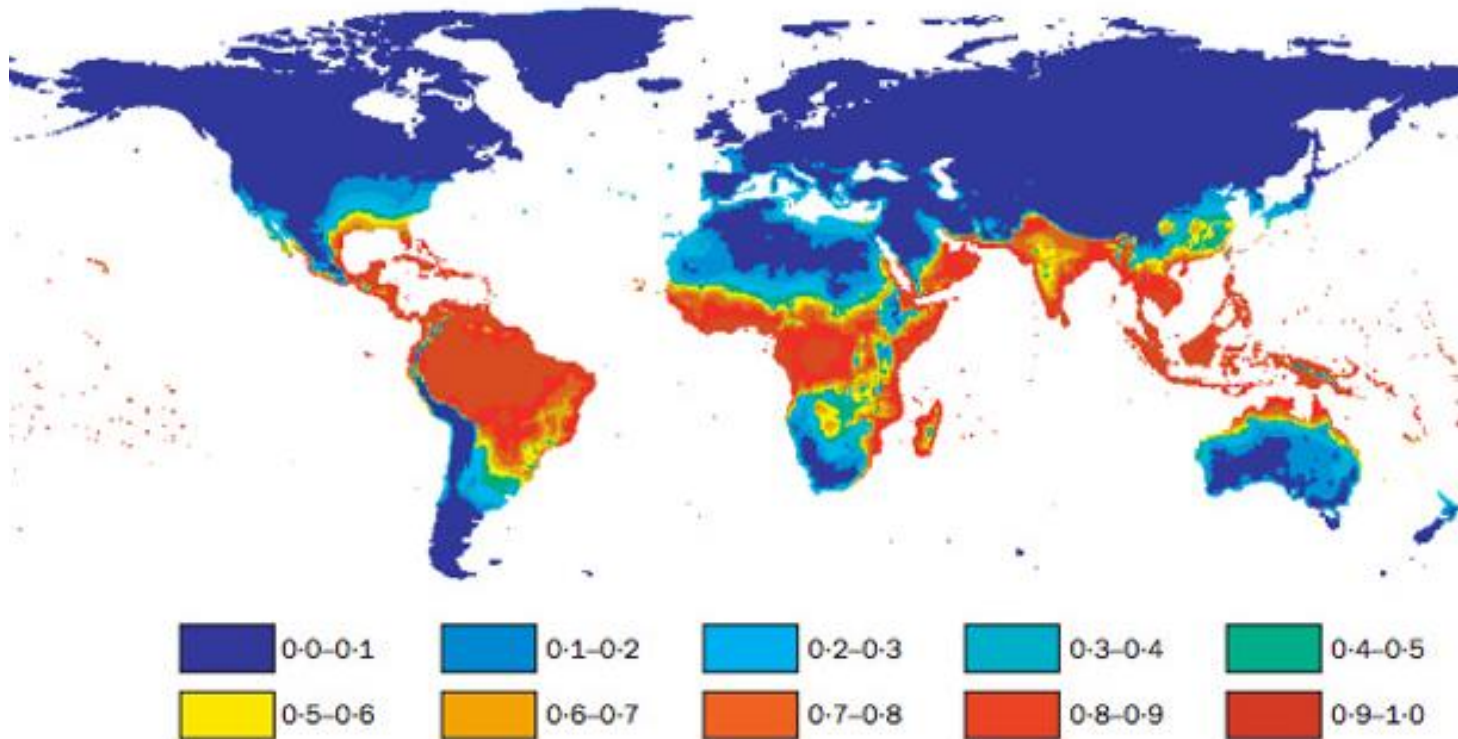
- Graphic representations of data frequently more powerful than numeric or textual representations
- Maps seem authoritative to policy makers and stakeholders

Disease mapping examples

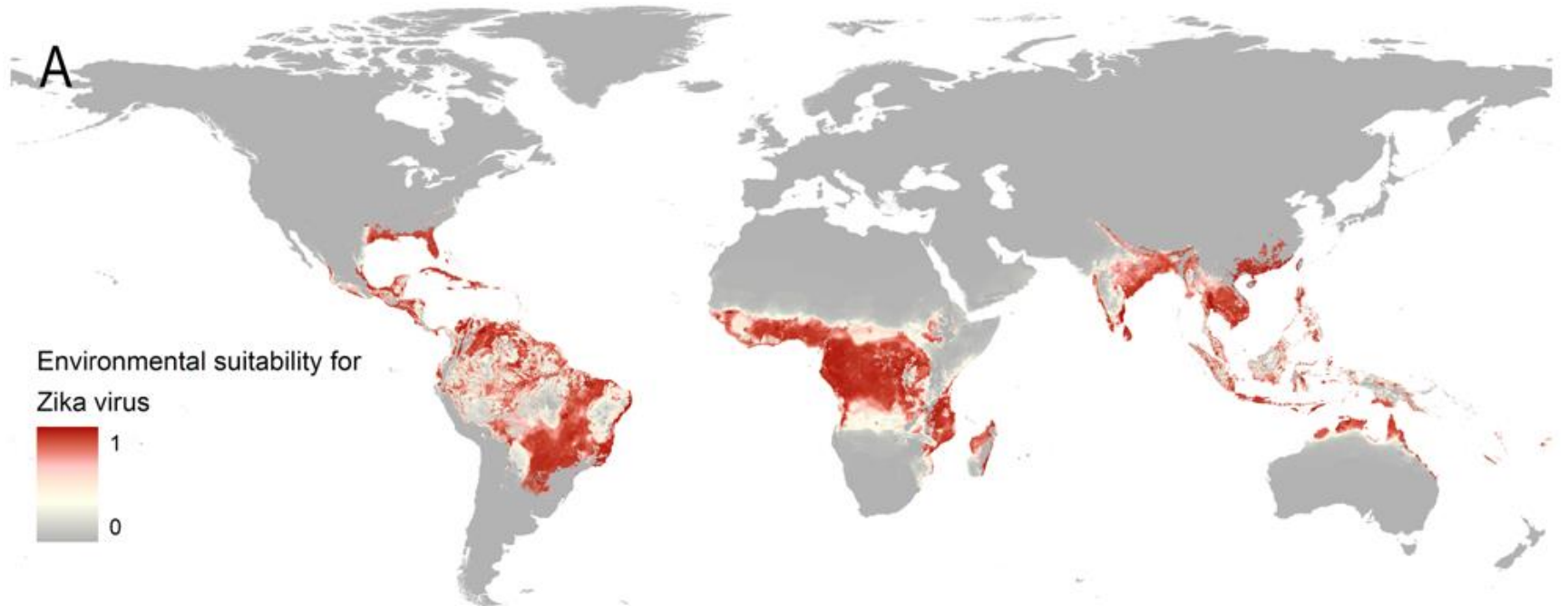
Schistosomiasis



Dengue Fever

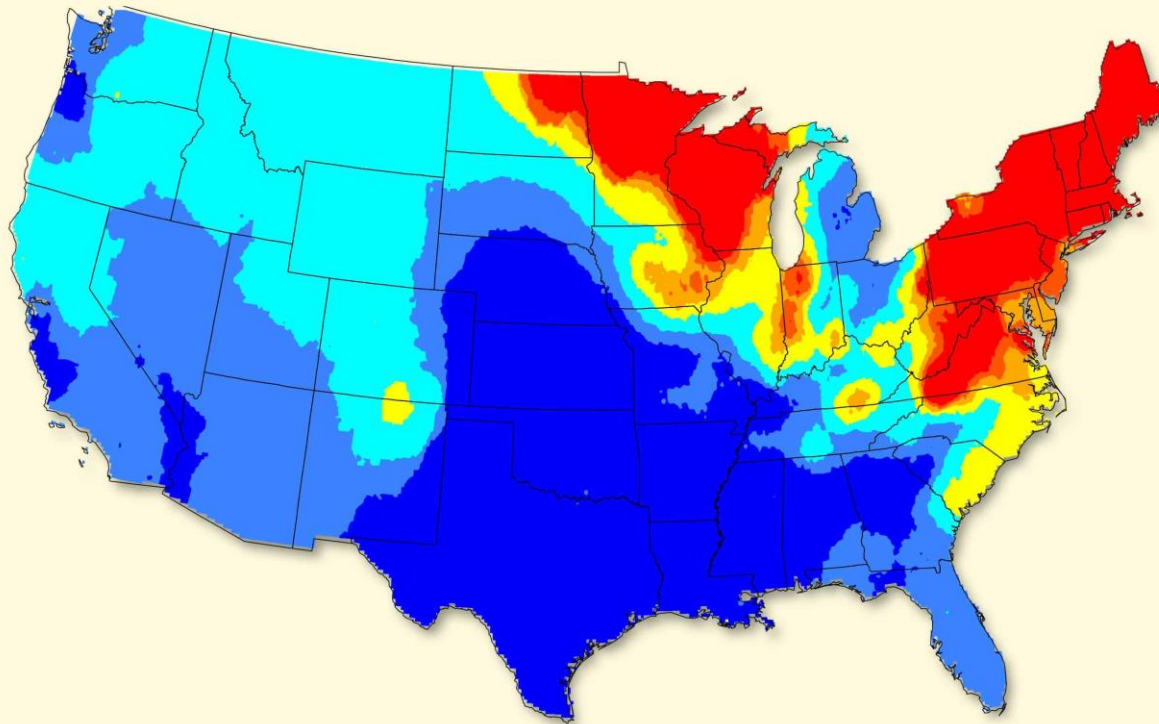


Zika virus

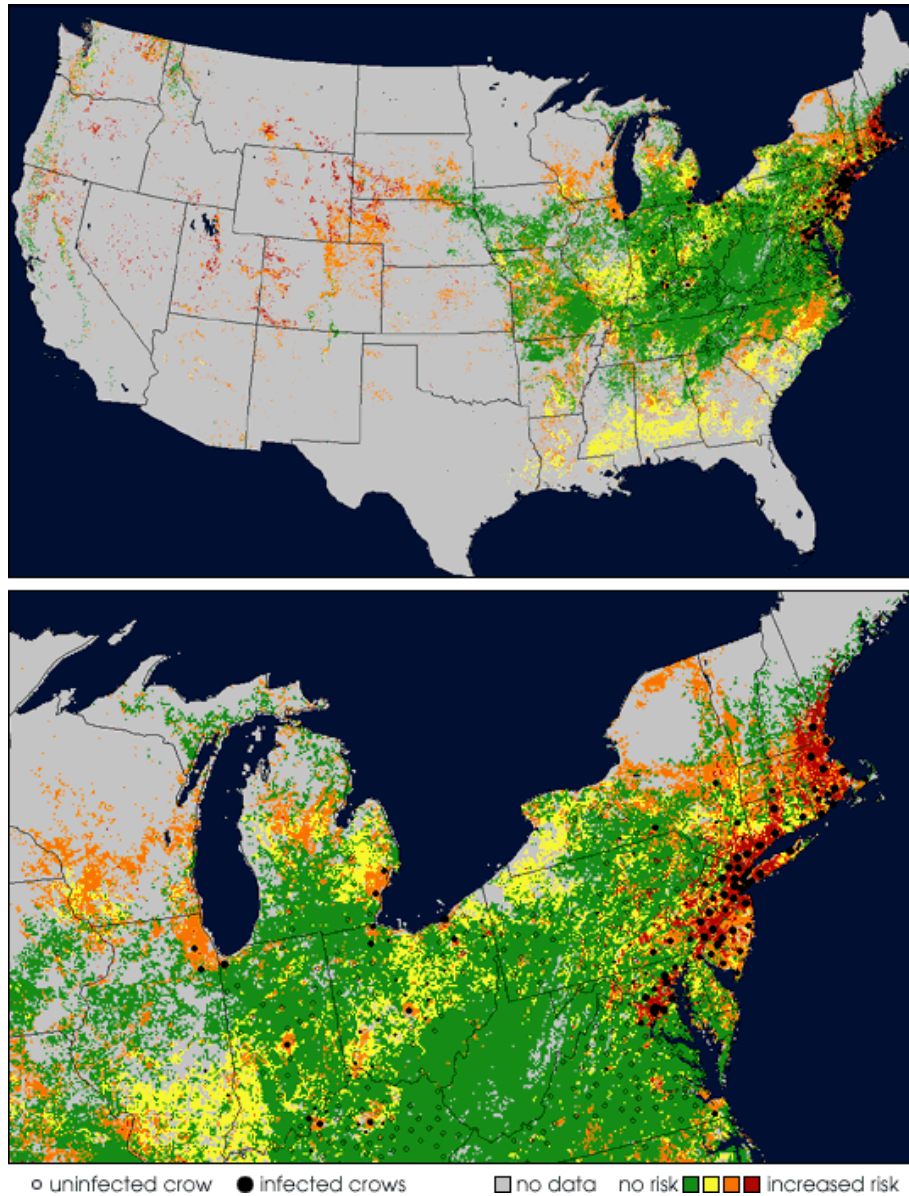


Forecasted Prevalence of Lyme Disease

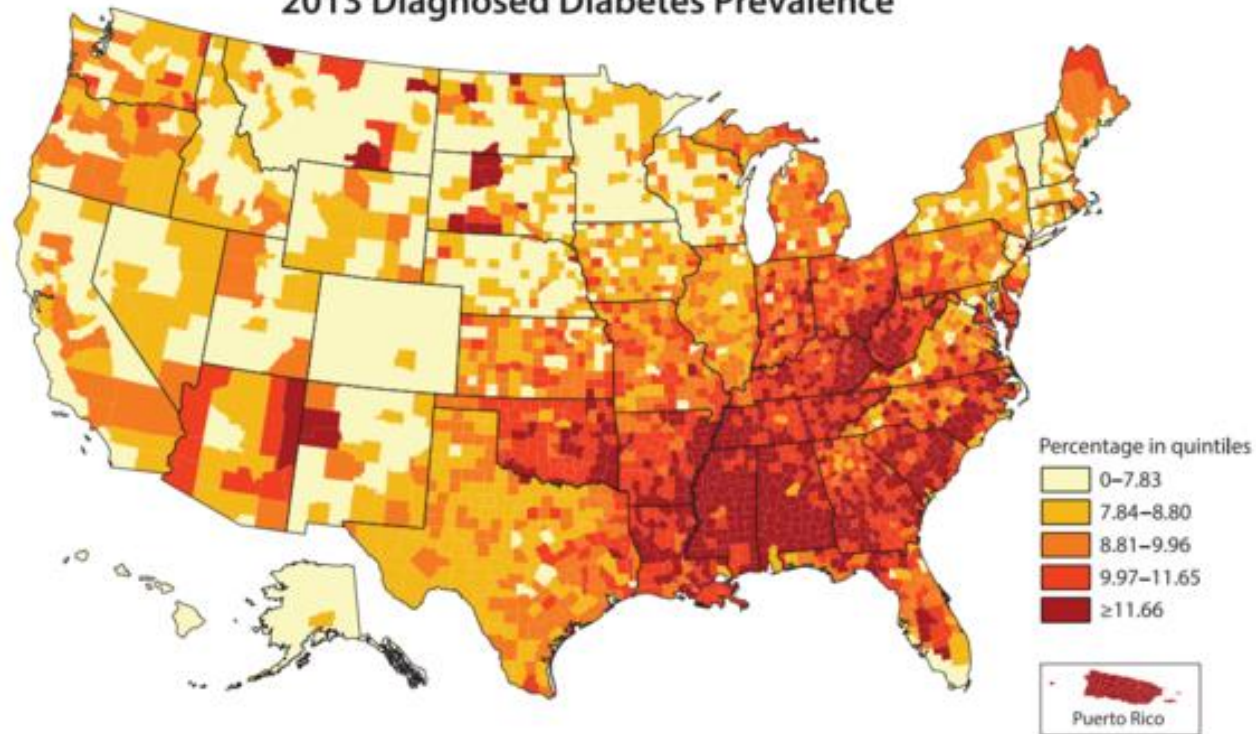
2017



West Nile Virus

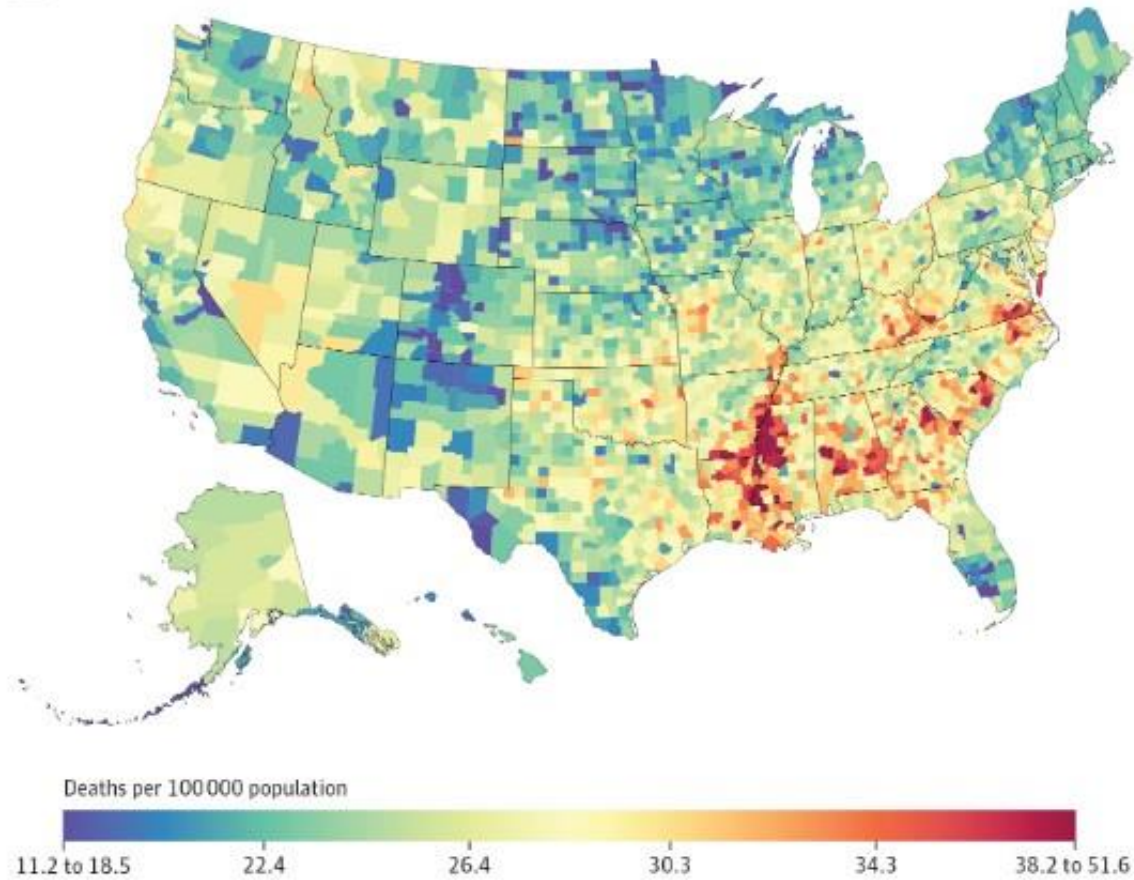


2013 Diagnosed Diabetes Prevalence



Data source: United States Diabetes Surveillance System.

A Age-standardized mortality rate from breast cancer (females only), 2014

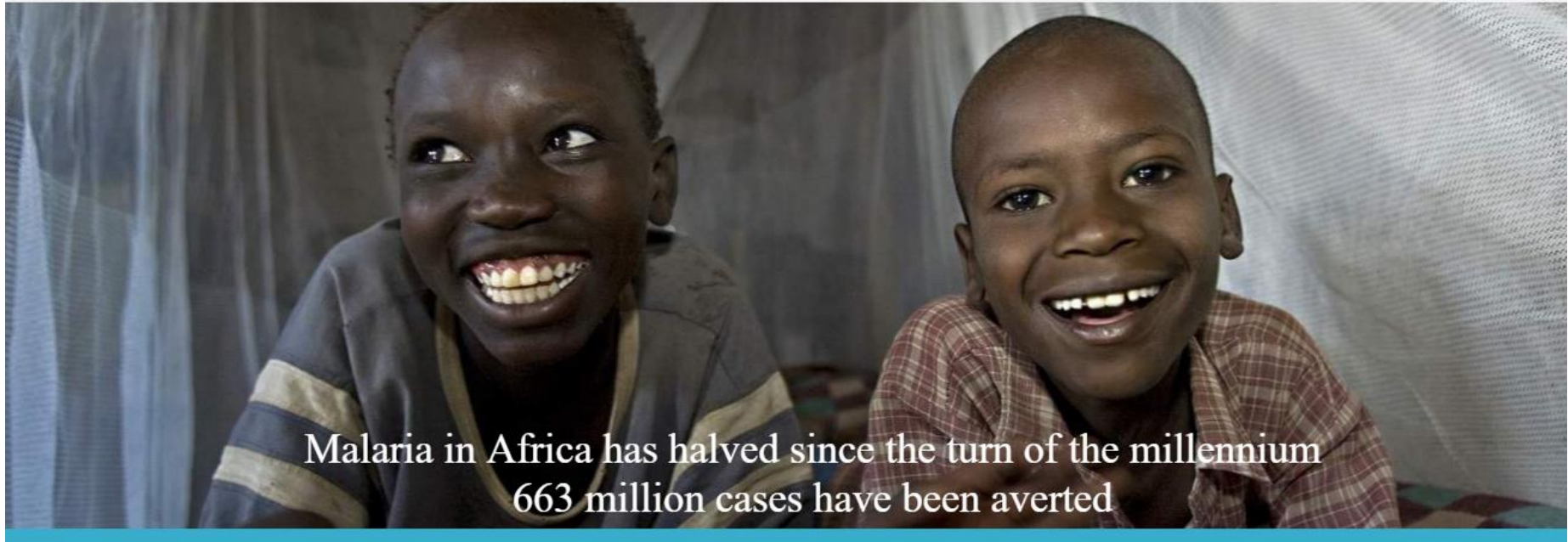


COURTESY OF THE JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION

Malaria Atlas Project

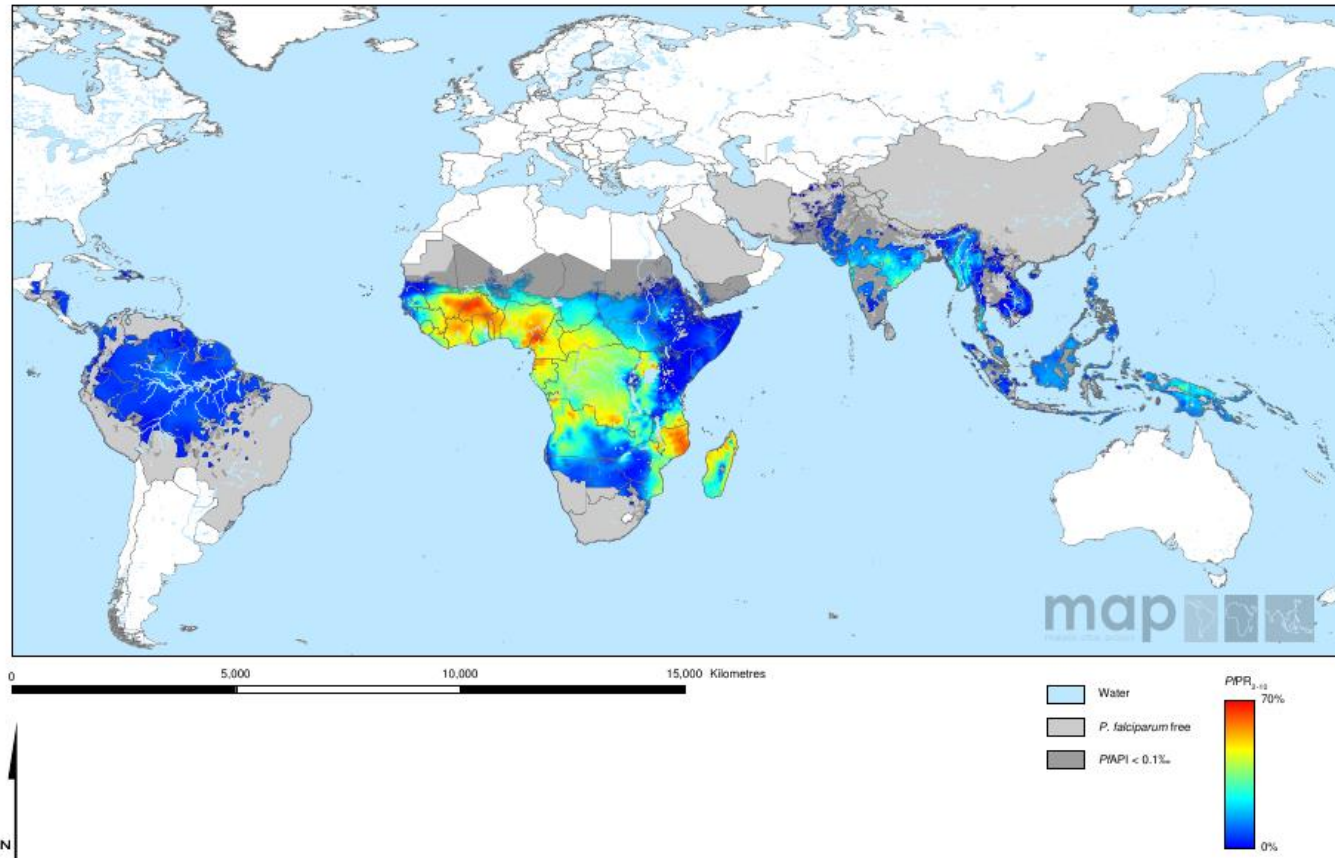


The Malaria Atlas Project
sheds new light on the impact of malaria control in Africa

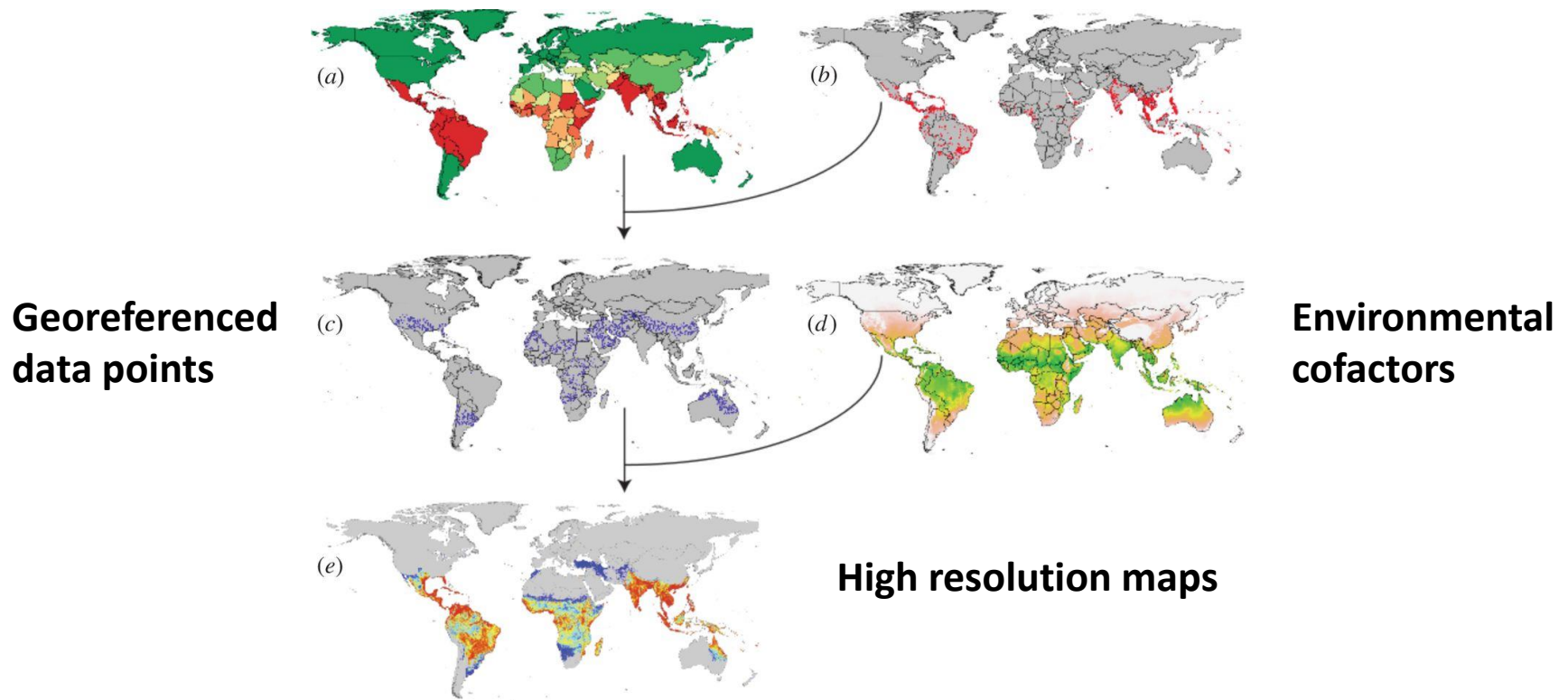


Malaria in Africa has halved since the turn of the millennium
663 million cases have been averted

Malaria

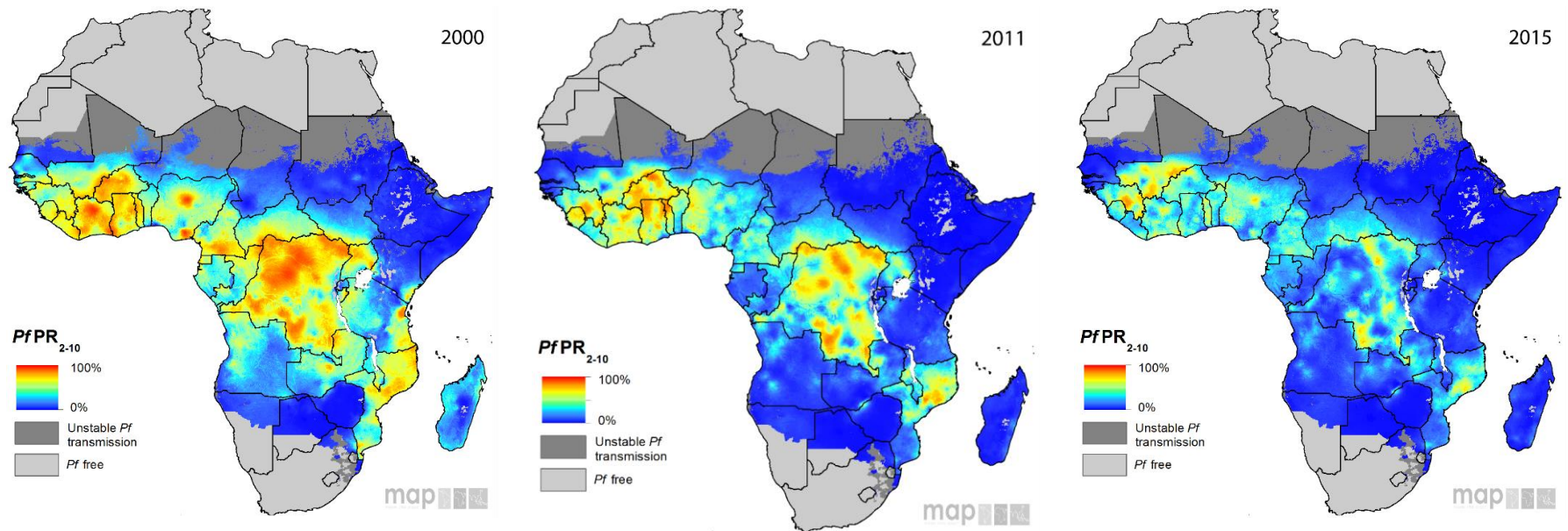


Ecological Niche Modeling: Vector-borne diseases

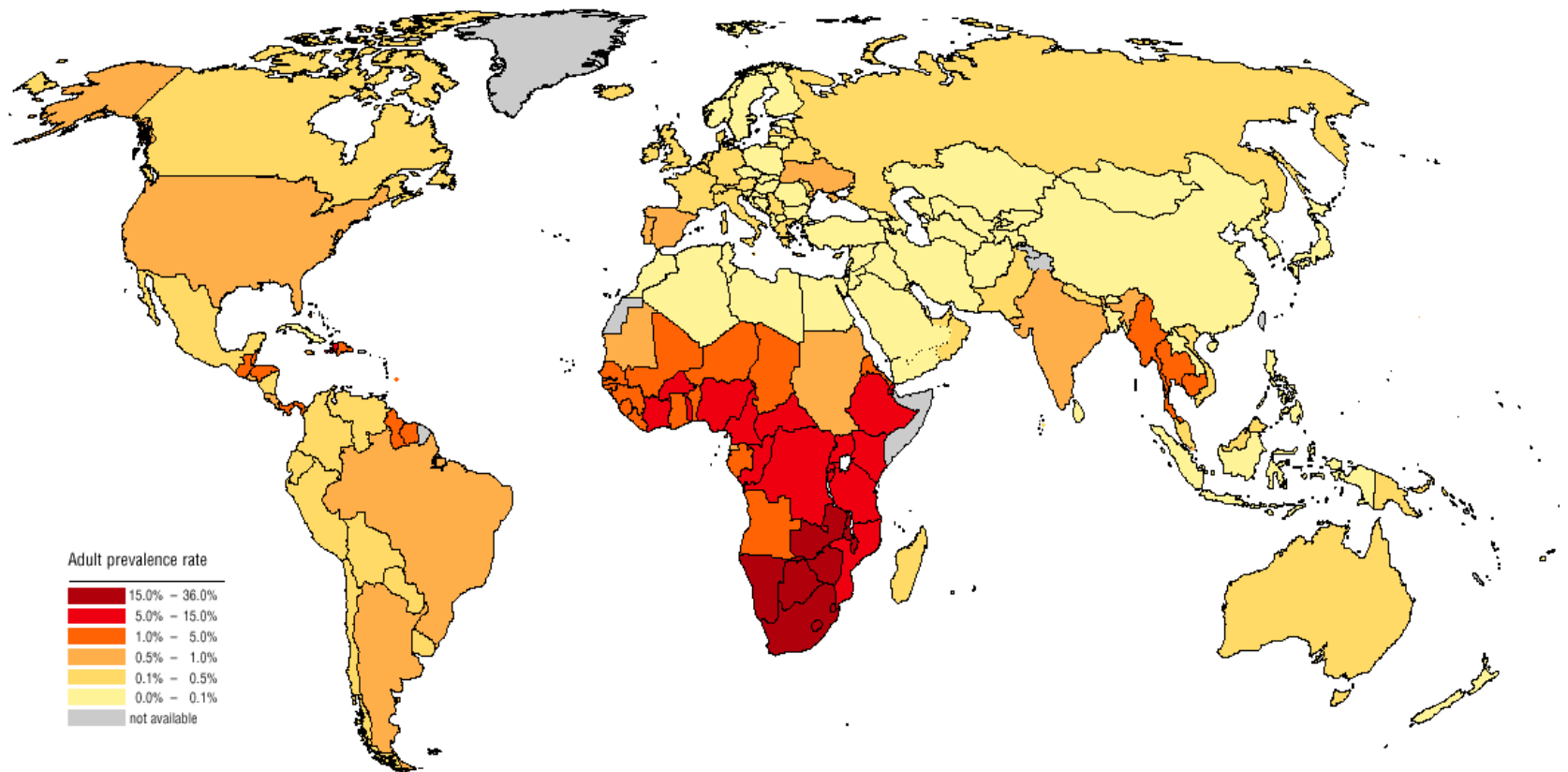


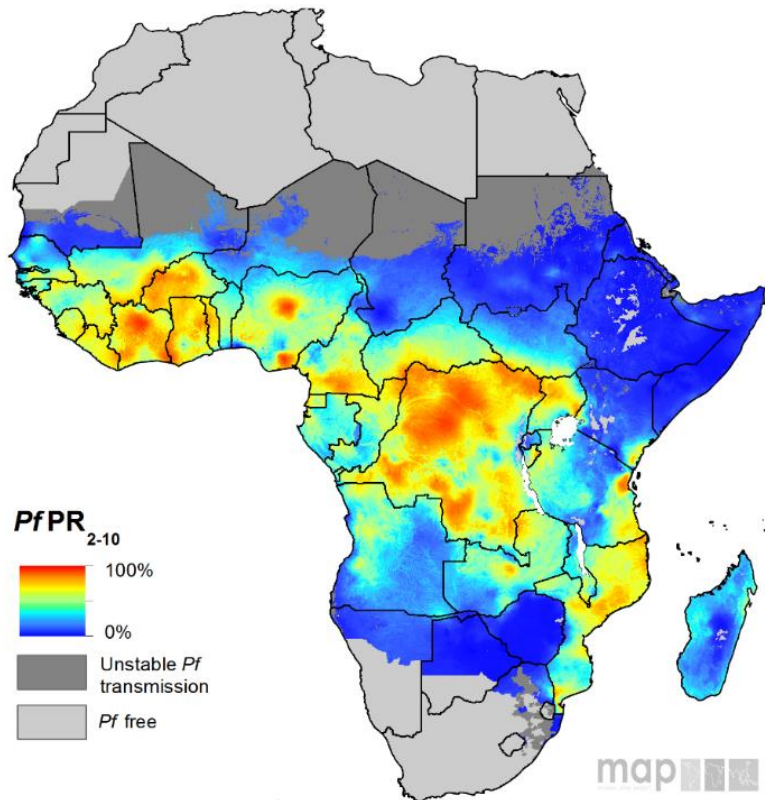
High resolution maps of the **geographic distribution of a disease**. The use of the survey data from a **sample of locations** to predict continuous surfaces of risk, informed by **environmental and demographic covariates**

Spatio-temporal dynamics of malaria

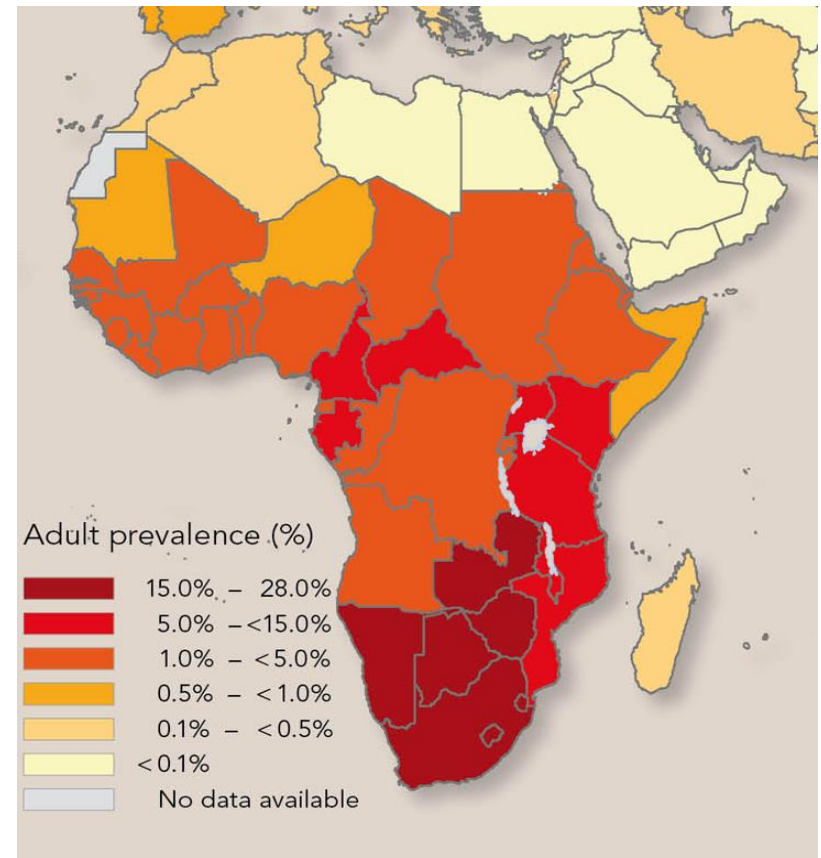


HIV





Malaria



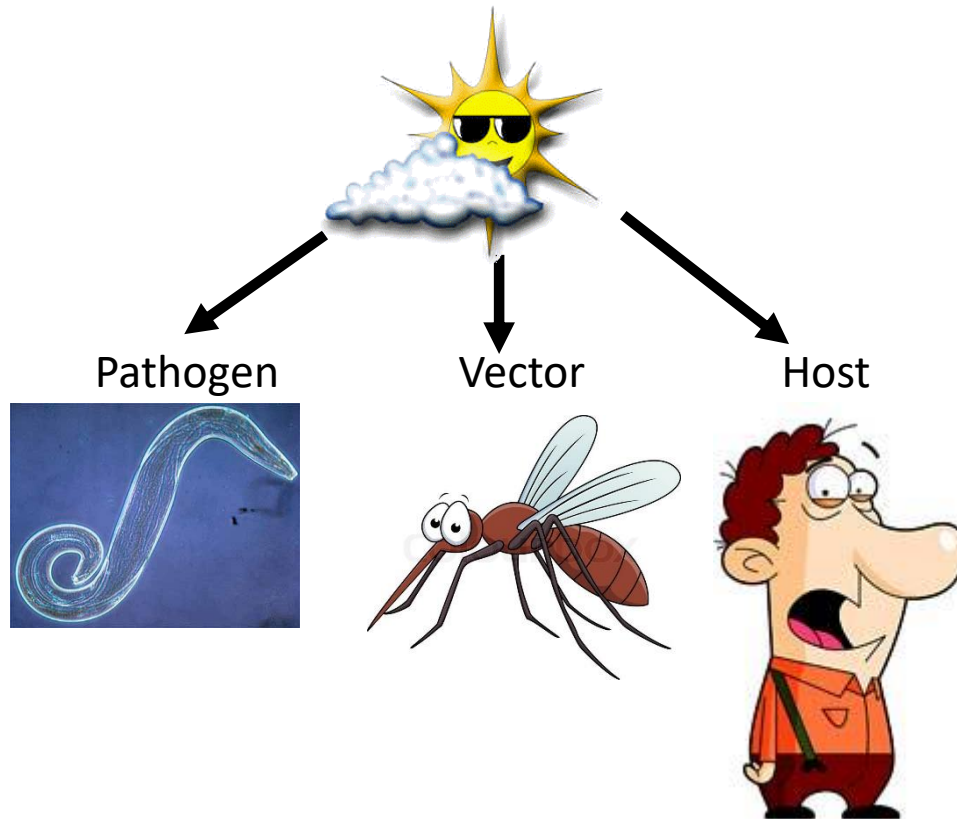
HIV

Introduction: HIV

- The human immunodeficiency virus (HIV) is retrovirus that causes HIV infection and over time acquired immunodeficiency syndrome (AIDS)
- AIDS is a condition in humans in which progressive failure of the immune system allows life-threatening opportunistic infections to thrive
- Without treatment, average survival time after infection with HIV is estimated to be 9 to 11 years
- **Infection with HIV occurs by the transfer of blood, semen, vaginal fluid, or breast milk**

Introduction: HIV

Vector-borne diseases



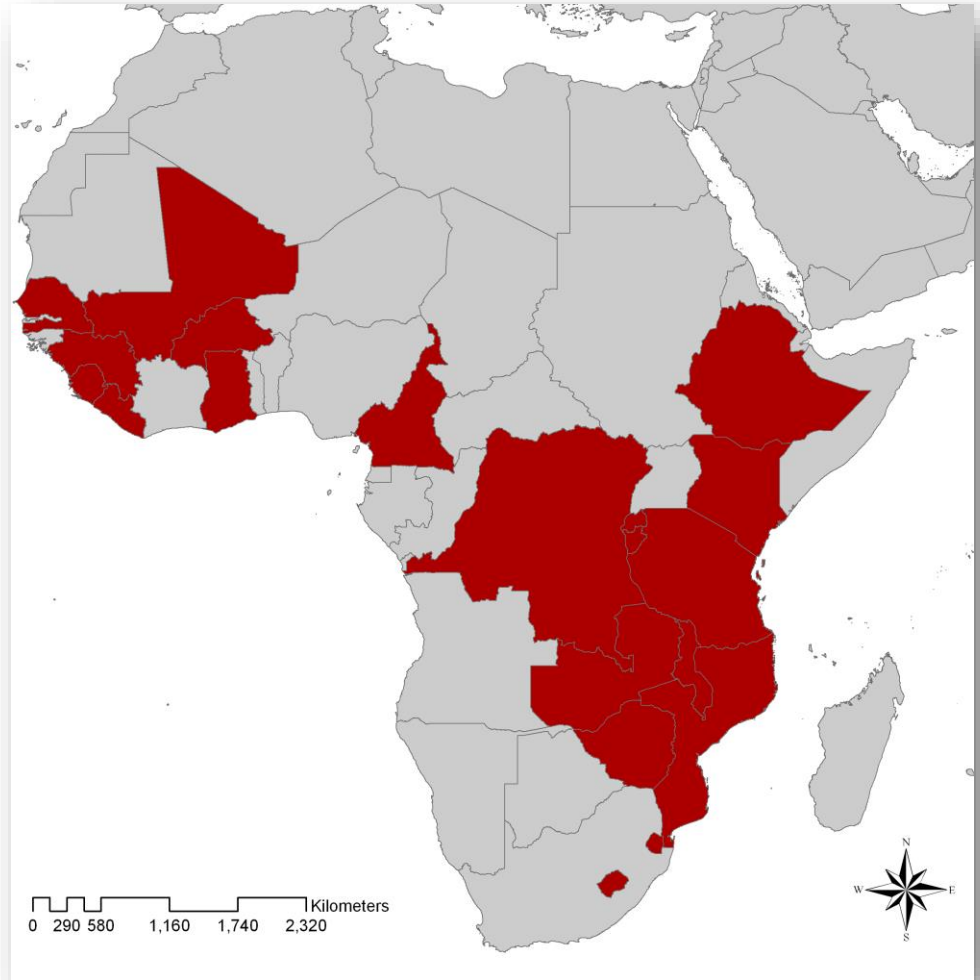
Sexually transmitted infections (STI)



Research question:

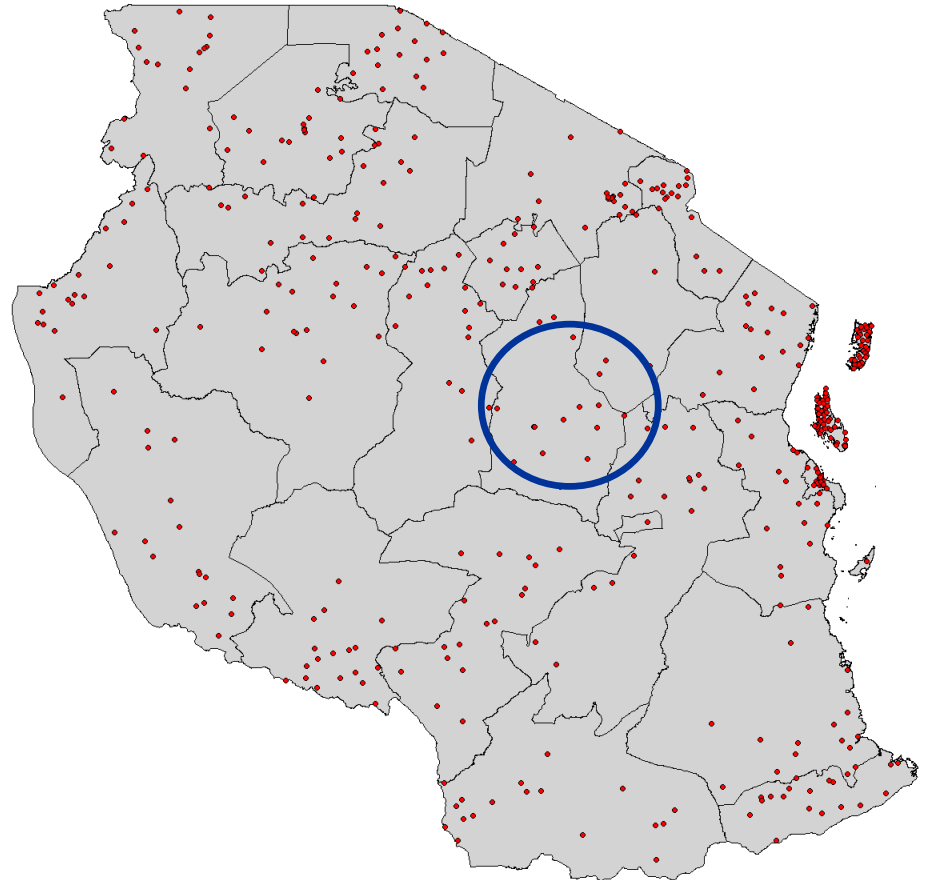
Is the spatial distribution of HIV random? Clustered?

- For each country, we only considered the most recent Demographic Health Survey where HIV data were collected. As a result, a total of **20 countries in SSA were included**



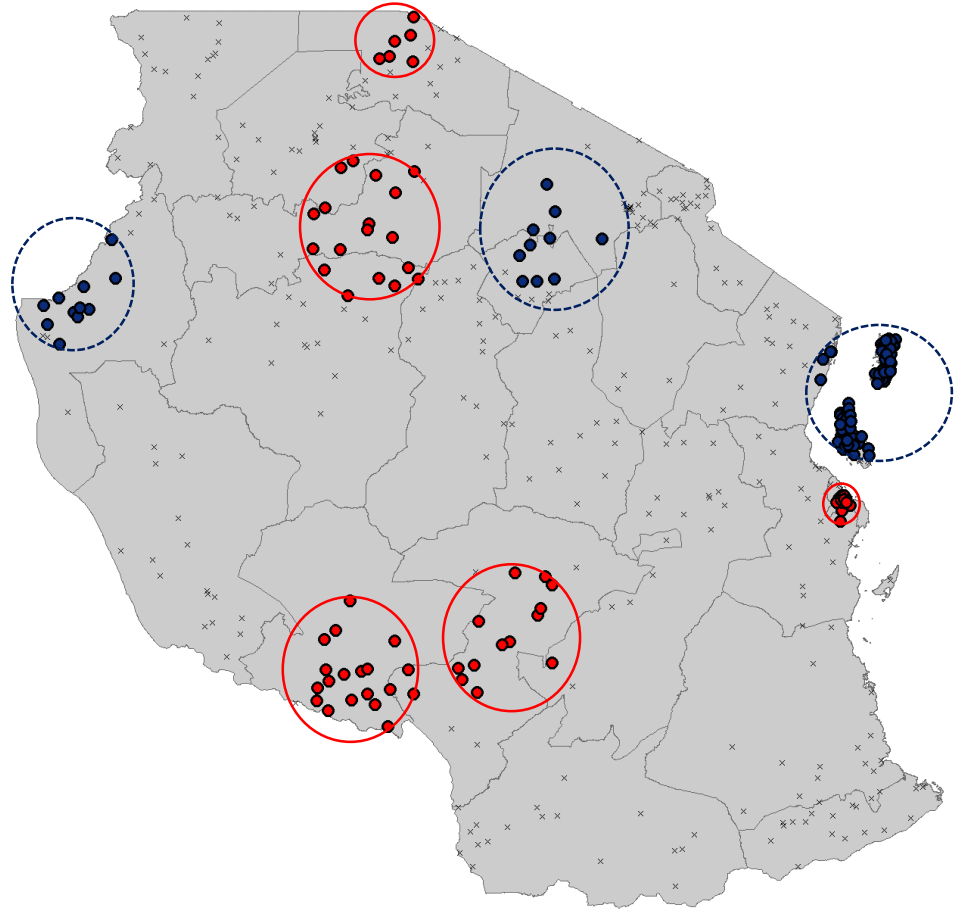
Methods: Clustering analysis

- **Spatial scan statistics** is a cluster detection test able to find the location of areas with **higher or lower numbers of cases** (for instance HIV infections) than expected
- For each potential cluster, a likelihood ratio test was computed. The numbers of observed and expected HIV infections within and outside the circular window were then compared to test the **null hypothesis of spatial randomness**

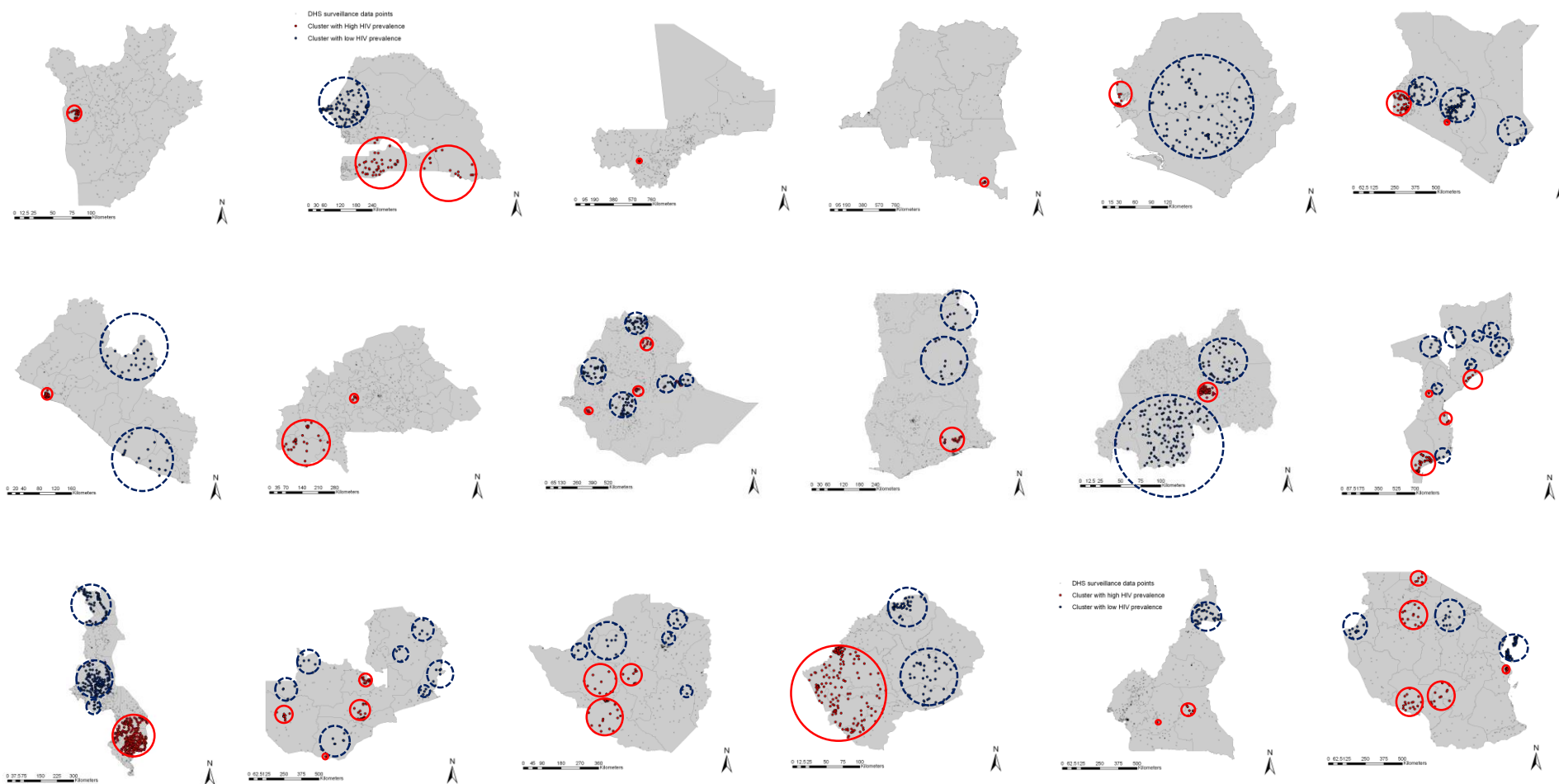


Hot and cold spots

- We identified **38** clusters with high HIV prevalence (**hot spots; red circles**), and **45** clusters with low HIV prevalence (**cold spots; blue circles**)
- The HIV seroprevalence within the clusters with high HIV seroprevalence ranged from 1.9% in a cluster in Senegal to 30.8% in a cluster in Zimbabwe, with a **median of 11.5%**

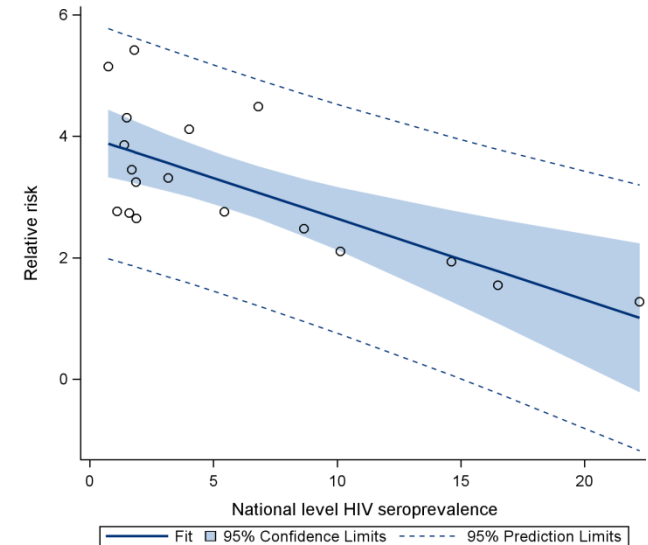
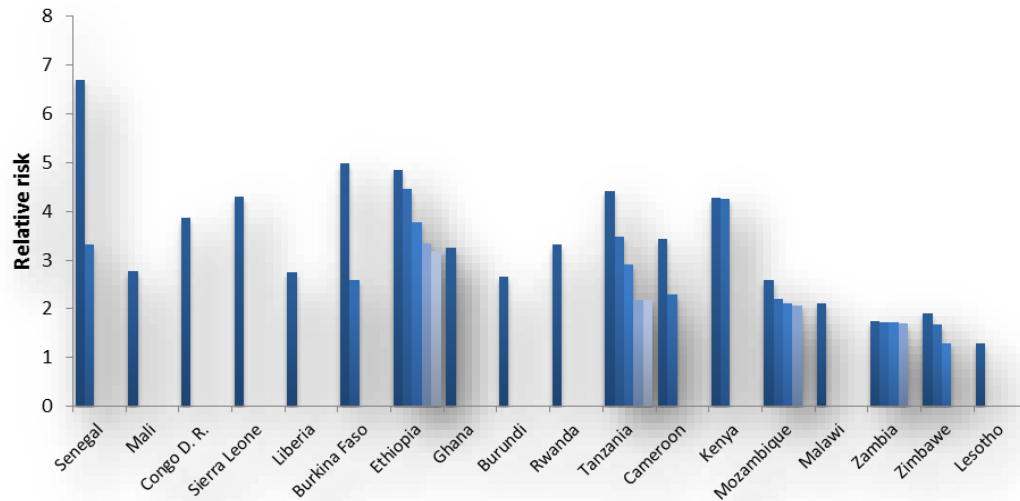


HIV clustering



Cuadros, Diego F., Susanne F. Awad, and Laith J. Abu-Raddad. "Mapping HIV clustering: a strategy for identifying populations at high risk of HIV infection in sub-Saharan Africa." *International journal of health geographics* (2013)

Results: HIV clustering

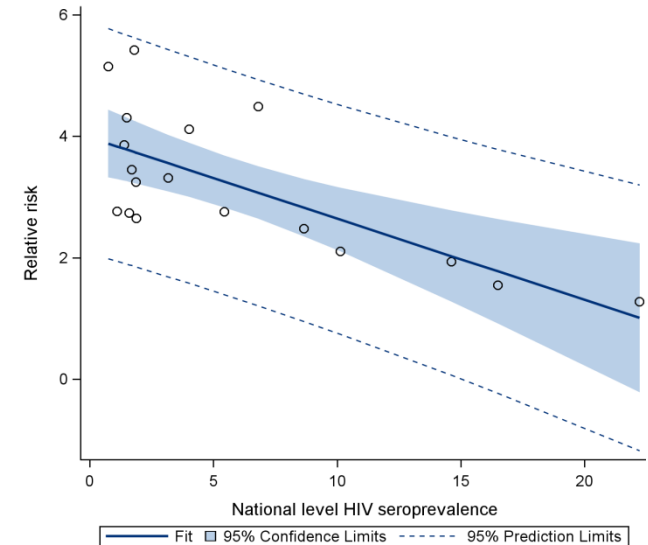
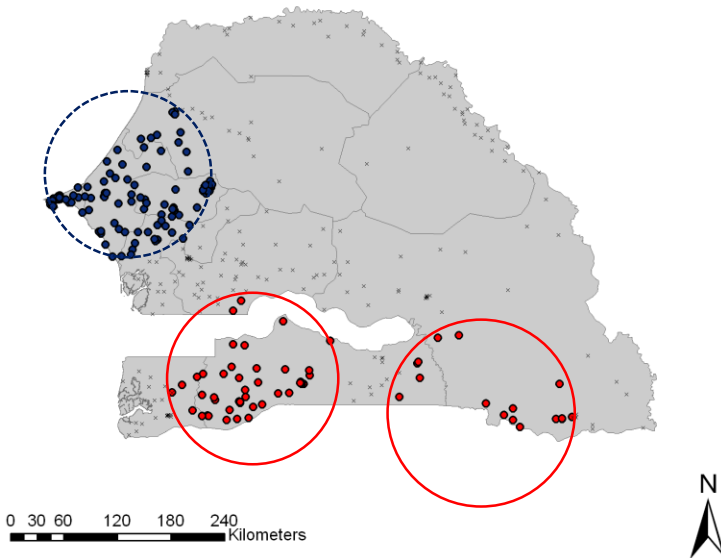


The relative risk of HIV infection for individuals within clusters with high HIV seroprevalence was **negatively associated with HIV prevalence** of the corresponding country ($p < 0.001$)

Cuadros, Diego F., Susanne F. Awad, and Laith J. Abu-Raddad. "Mapping HIV clustering: a strategy for identifying populations at high risk of HIV infection in sub-Saharan Africa." *International journal of health geographics* (2013)

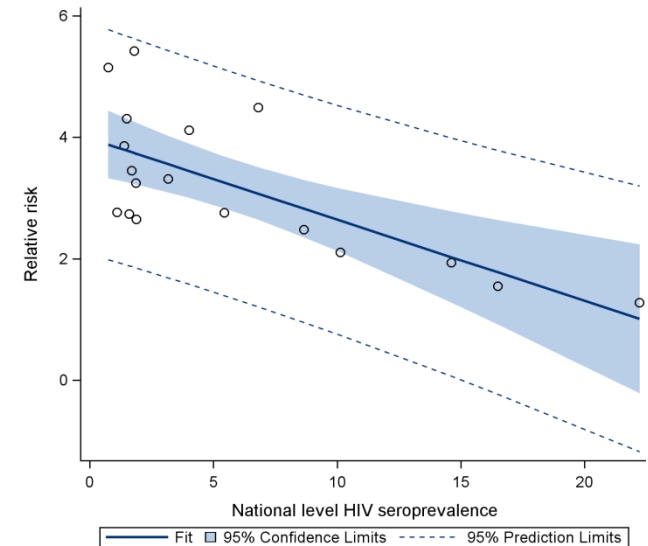
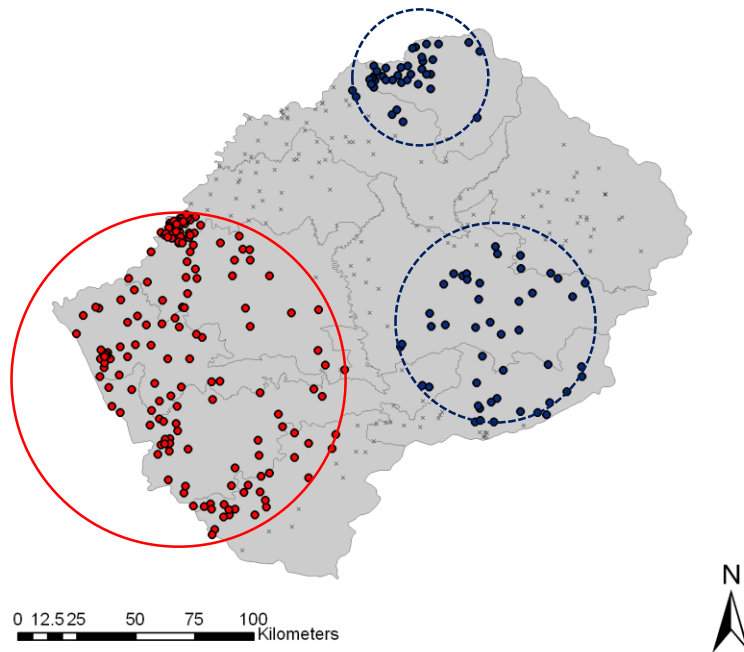
Results: HIV clustering in Senegal

- DHS surveillance data points
- Cluster with High HIV prevalence
- Cluster with low HIV prevalence



The strength of the clustering was **higher in countries with low HIV prevalence**. The highest RR of HIV infection was estimated in a cluster in **Senegal** (RR = 6.69, HIV seroprevalence = 4.3%), the country with the lowest HIV prevalence (0.7%)

Results: HIV clustering in Lesotho

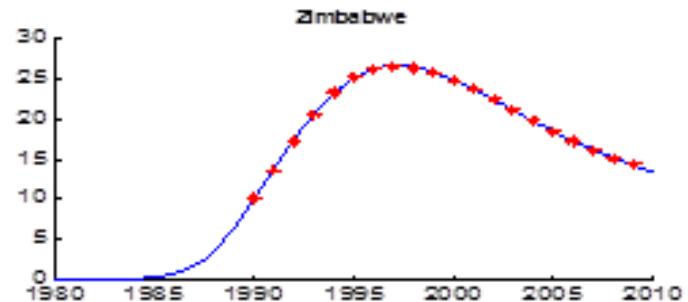
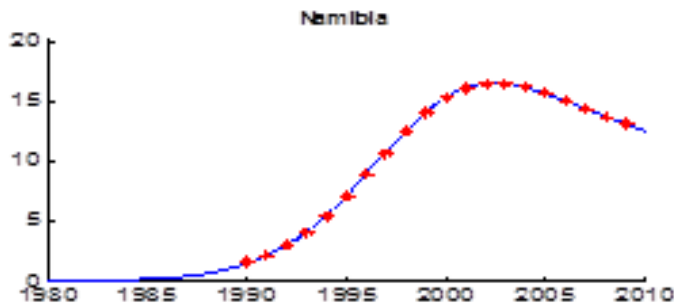
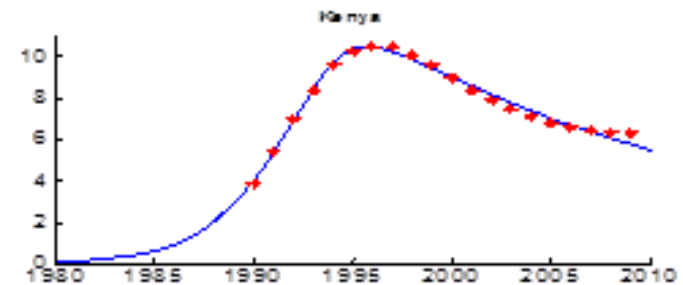
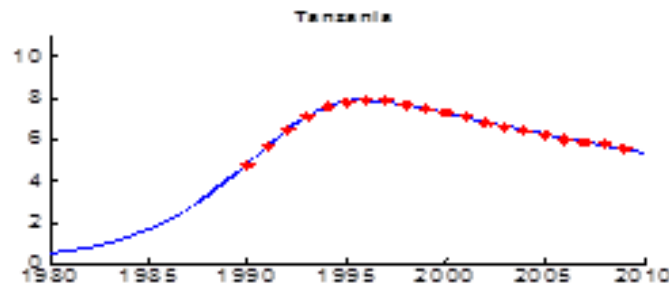


The strength of the clustering was **smaller in countries with higher HIV prevalence**. In **Lesotho**, the strength of the clustering was fairly small ($RR = 1.28$, HIV prevalence = 25.4), the country with the highest HIV prevalence (22.2%)

- The results of our analysis indicate **stark geographical variation in HIV prevalence** in most of the countries. The observed spatial variation in HIV prevalence highlights **a clustered HIV transmission across SSA** within micro-epidemics of different scales

Rationale: HIV prevalence decline

- **HIV prevalence is declining** in parts of West, Southern and East Africa



Research question:

Is the geographical clustering structure of HIV affecting the temporal dynamics of the epidemic?

Methods: Spatiotemporal HIV clustering

- Data were obtained from **Demographic and Health Surveys (DHS)** conducted at different times in Tanzania
- We used **spatial scan statistics** to identify the geographical clusters with high numbers of HIV infections in each country
- The trend in HIV prevalence was assessed for the clusters with high HIV prevalence and outside these clusters using the chi-square test for trend for Tanzania (as three DHS rounds are available)

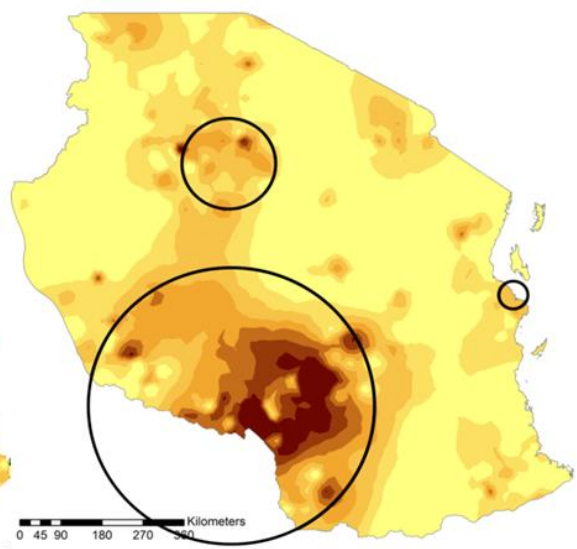
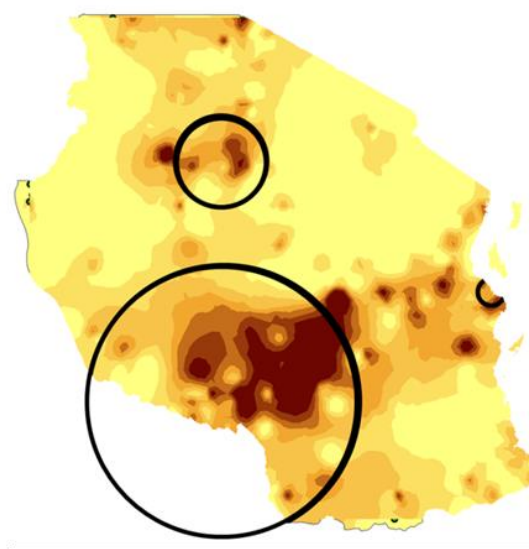
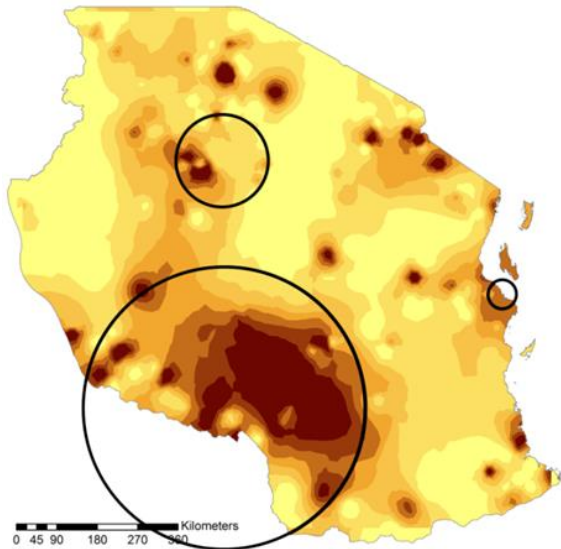
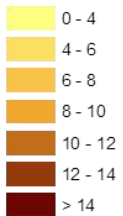
Results: Spatiotemporal HIV clustering

2003-04

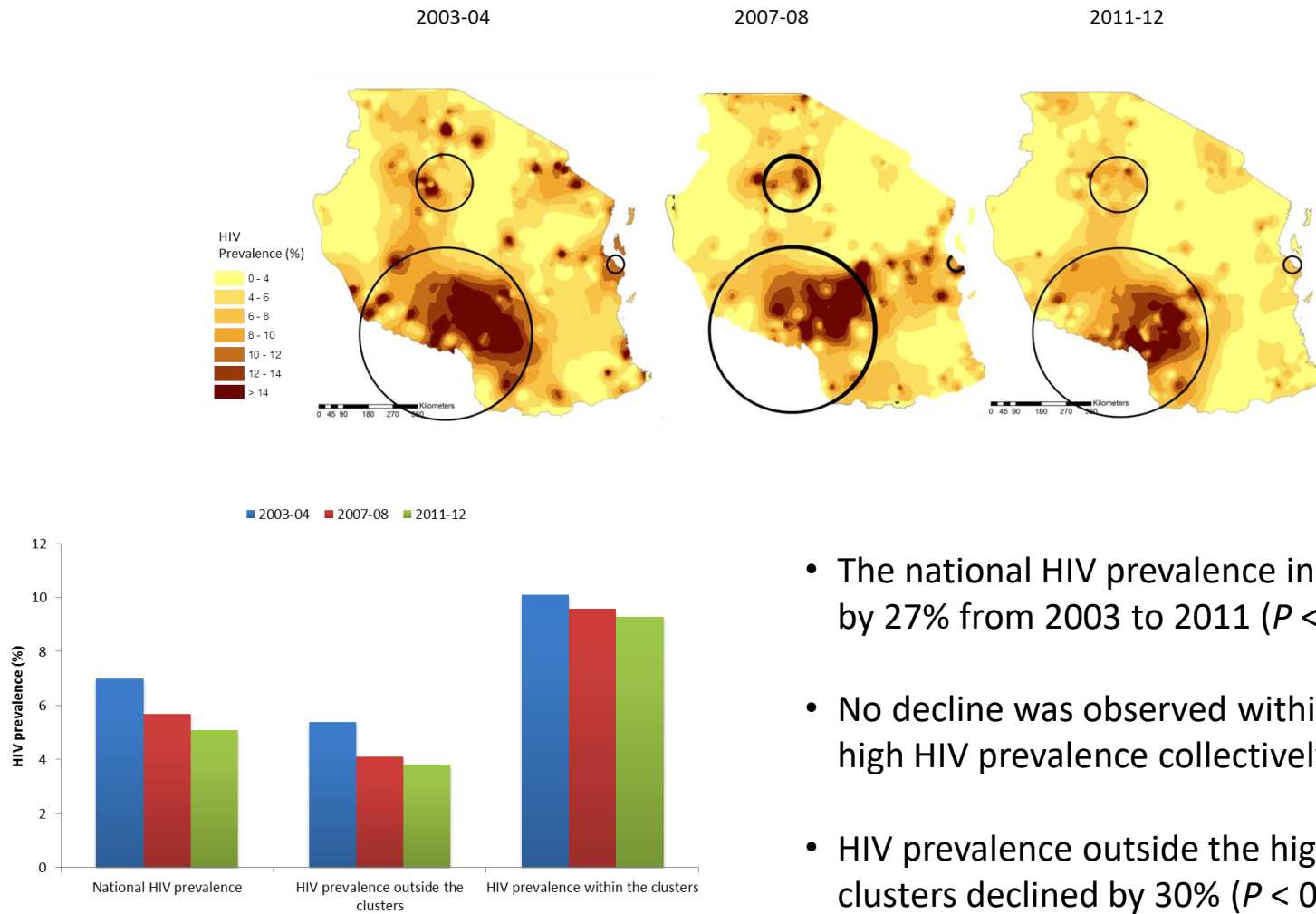
2007-08

2011-12

HIV
Prevalence (%)

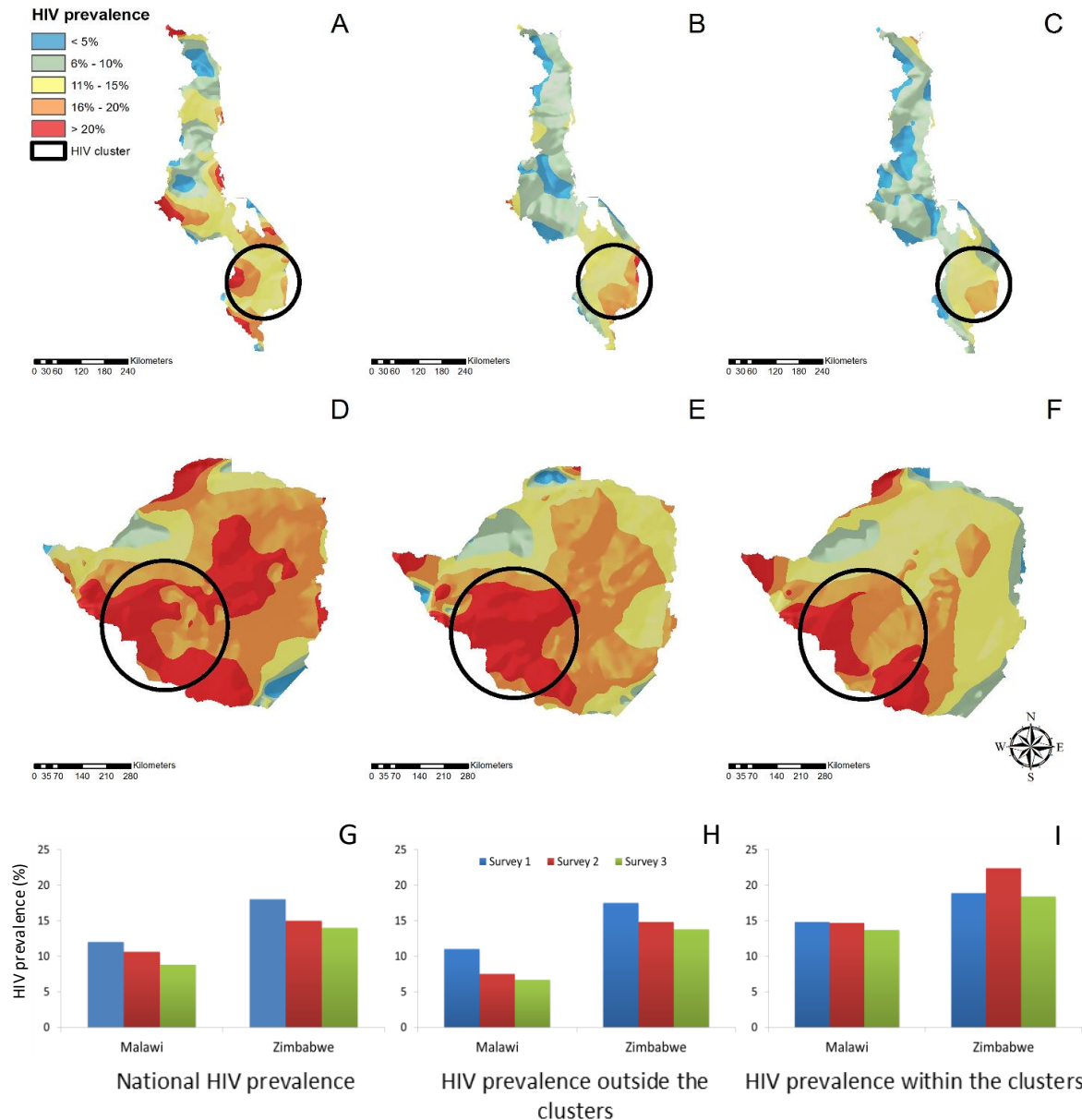


Results: Spatiotemporal HIV clustering



- The national HIV prevalence in Tanzania declined by 27% from 2003 to 2011 ($P < 0.001$)
- No decline was observed within the clusters with high HIV prevalence collectively ($P = 0.14$)
- HIV prevalence outside the high HIV prevalence clusters declined by 30% ($P < 0.001$)

Results: Spatiotemporal HIV clustering



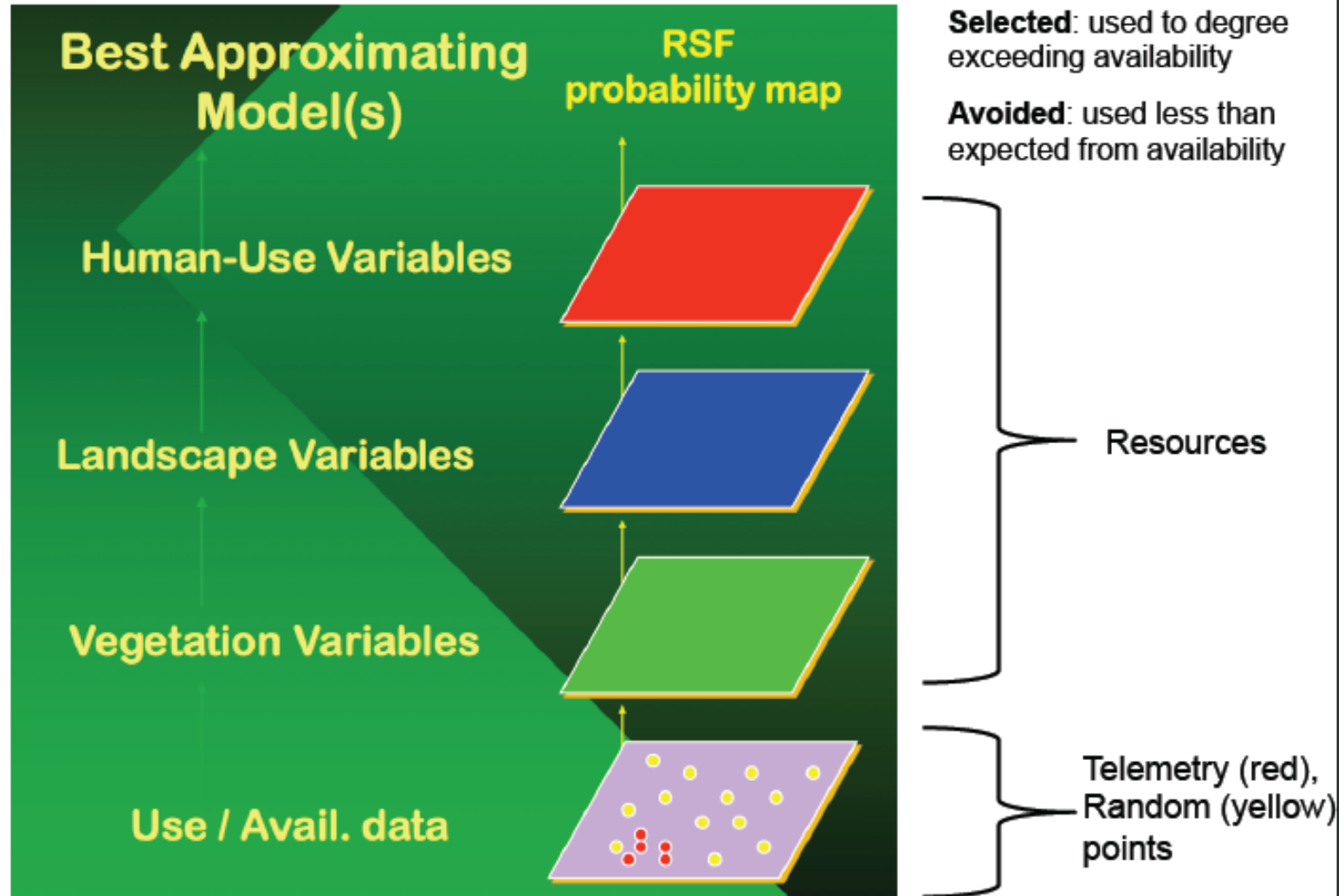
Conclusions: Spatiotemporal HIV clustering

- Our study suggests that the national HIV prevalence declines in SSA may not be representative of broad declines in prevalence within countries, as much as reflecting **sharp declines in prevalence in areas of already lower HIV prevalence**
- HIV prevalence declines in Tanzania, Malawi and Zimbabwe were **driven by rapid changes in prevalence outside of the core areas** of intense HIV transmission
- The temporal evolution of the epidemics appears to be that of “contraction” towards somewhat isolated “cores” of high HIV prevalence

Research question:

Could environmental and socio-economic and behavioral factors be used to generate high resolution maps of HIV prevalence in SSA?

Ecological Niche Modeling



HIV factors

Four countries

Tanzania, Kenya, Malawi and Mozambique

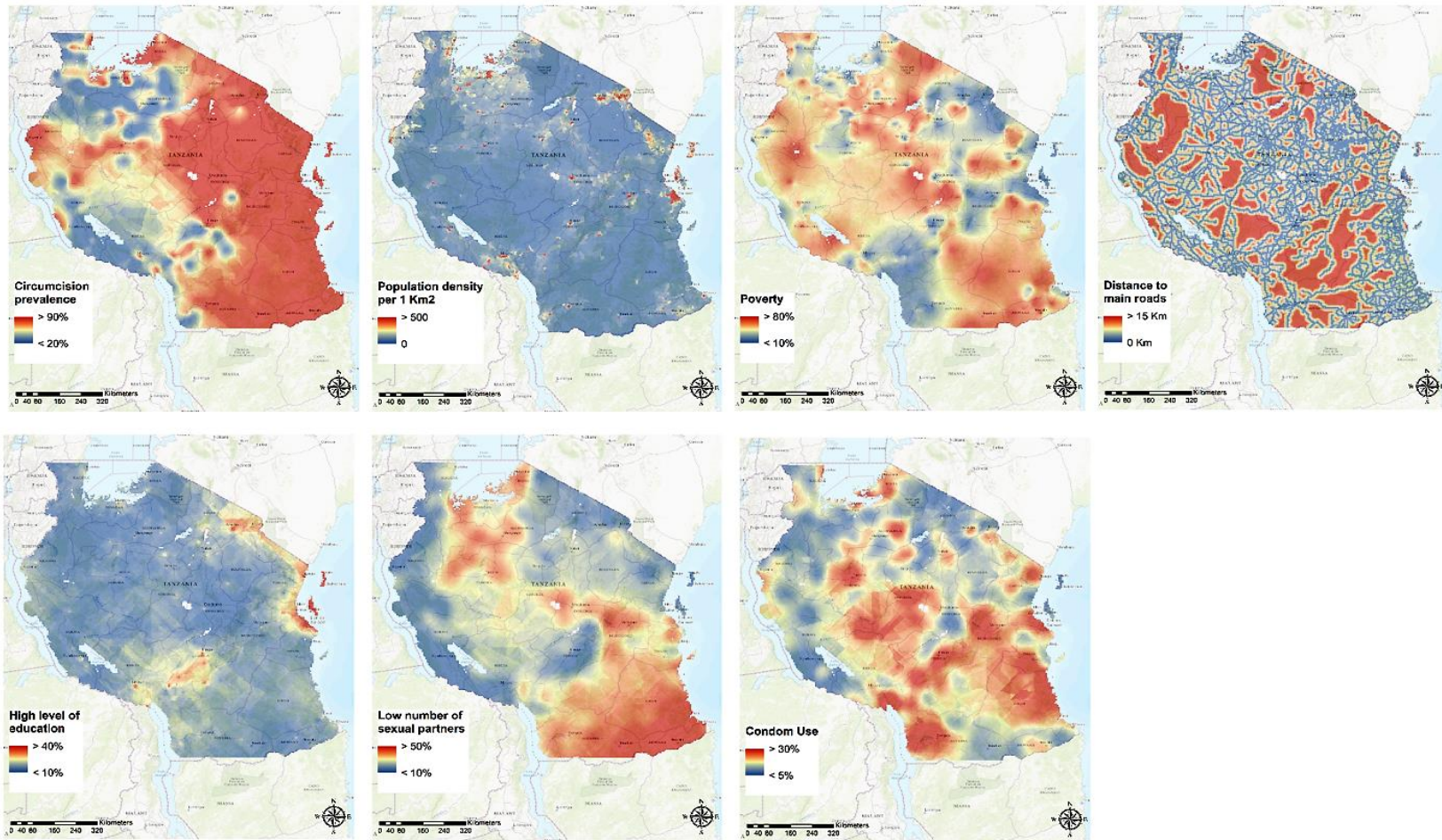
Environmental (geographical) factors:

- Normalized Difference Vegetation Index (NDVI)
- Population
- Distance to main roads

Socio-economic and behavioral factors:

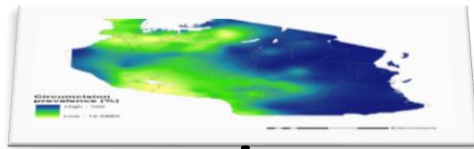
- Wealth index
- Male circumcision
- Lifetime sexual partners
- Education
- Ever been tested for HIV
- Condom use

Maps of cofactors

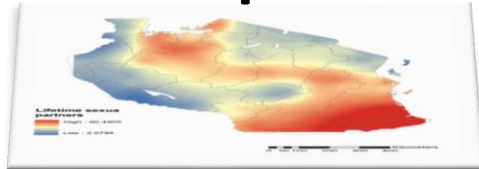


Cuadros, Diego F., et al. "Mapping the spatial variability of HIV infection in Sub-Saharan Africa: Effective information for localized HIV prevention and control." *Scientific reports* (2017)

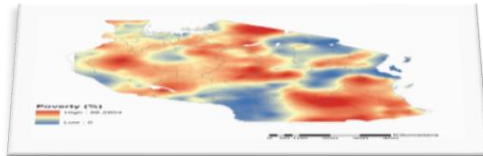
Maps of cofactors



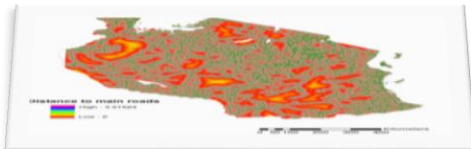
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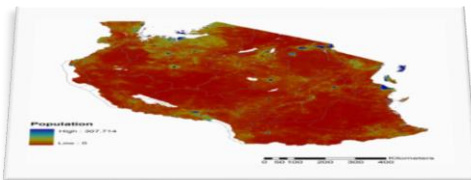
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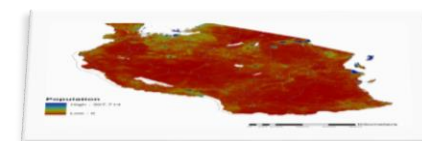
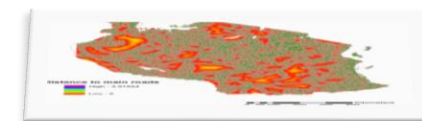
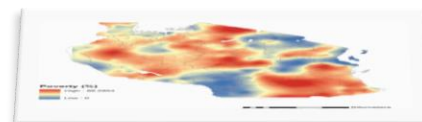
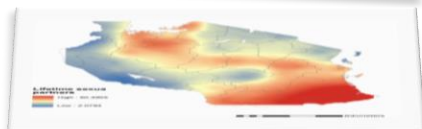
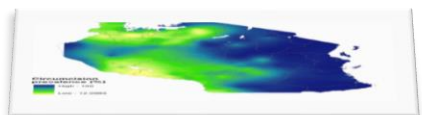


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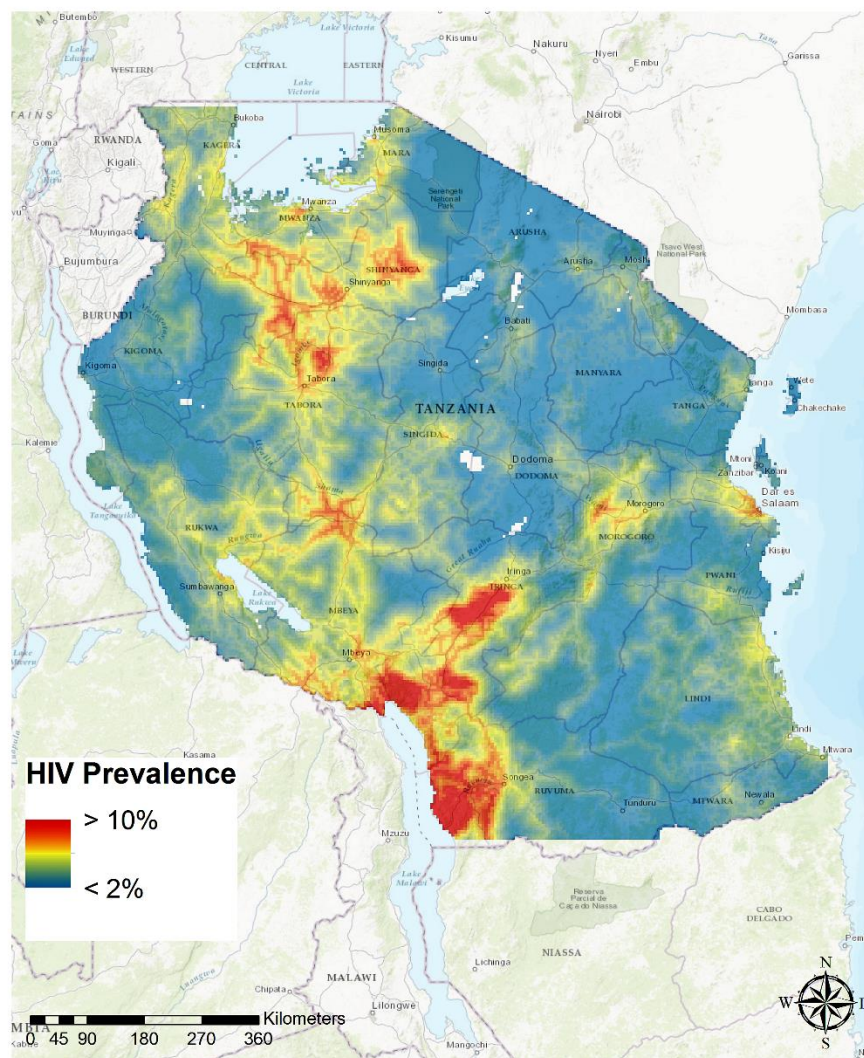


= High Resolution
HIV prevalence map

High resolution map of HIV in Tanzania



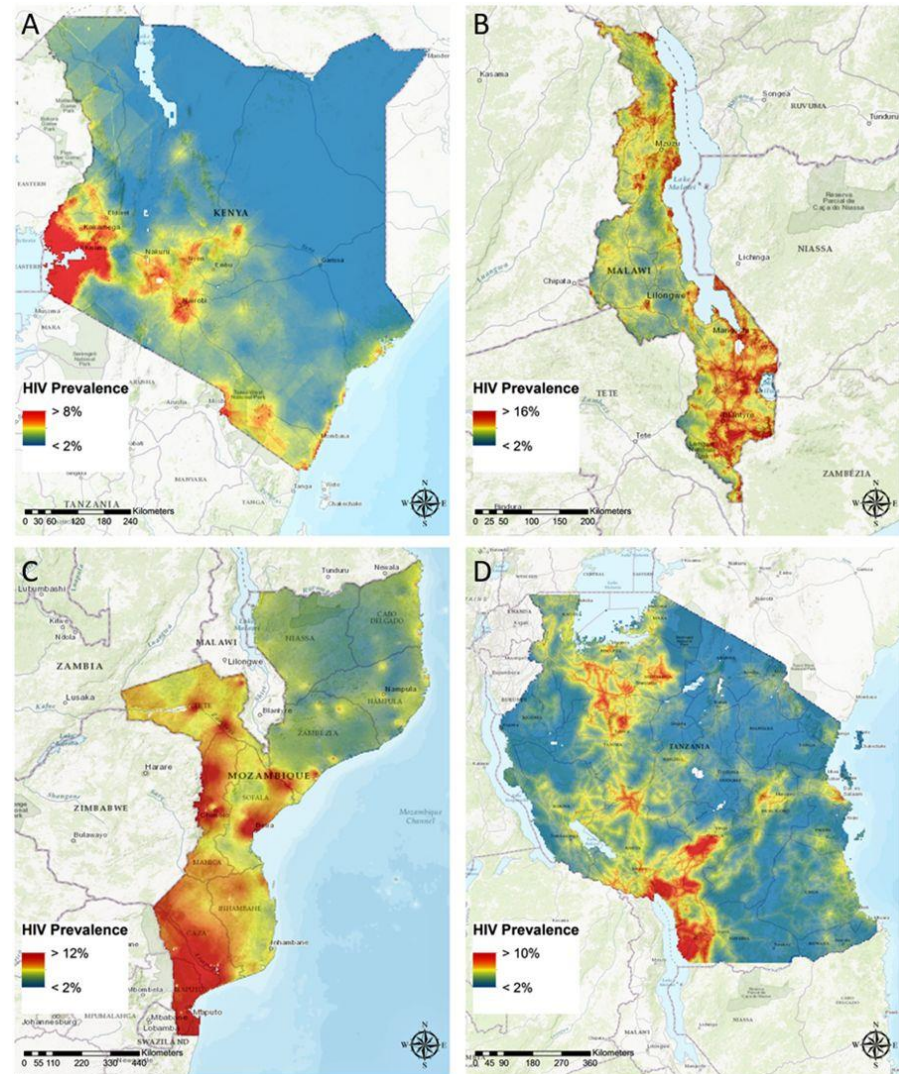
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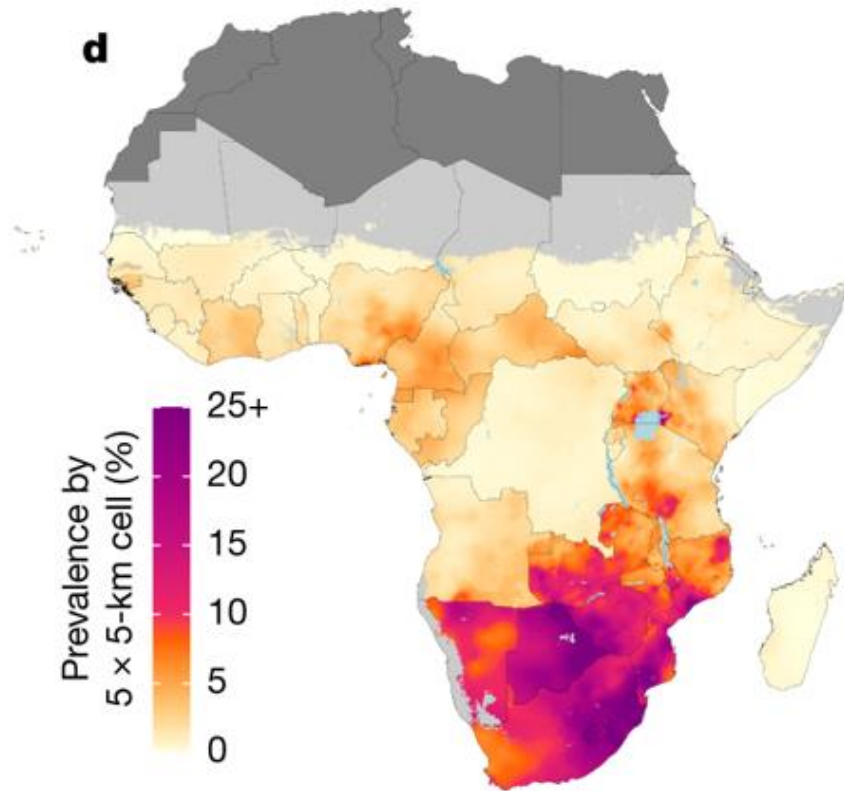
High resolution maps for HIV prevalence in East Africa

High resolution maps for HIV prevalence in (A) Kenya; (B) Malawi; (C) Mozambique; and (D) Tanzania.



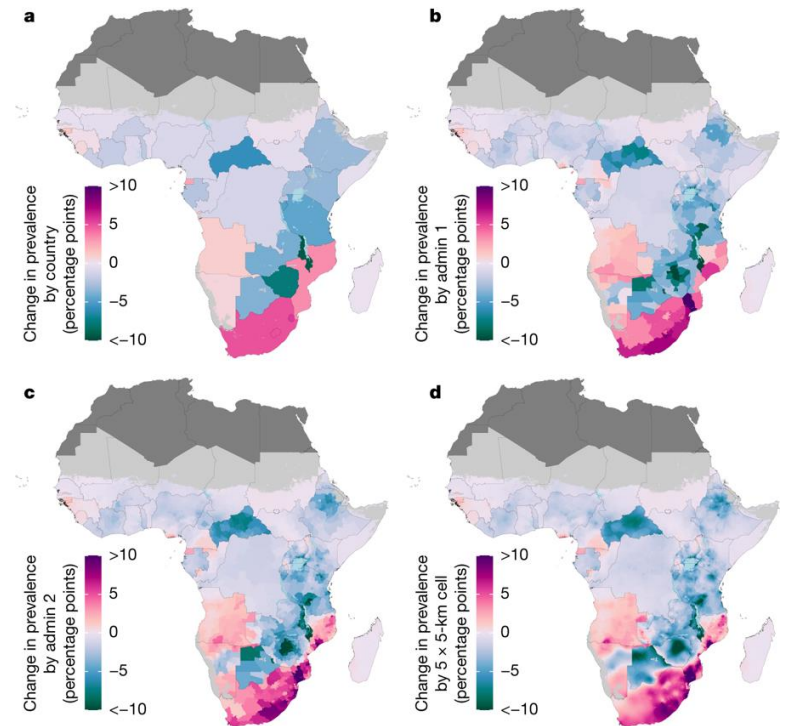
Cuadros, Diego F., et al. "Mapping the spatial variability of HIV infection in Sub-Saharan Africa: Effective information for localized HIV prevention and control." *Scientific reports* (2017)

HIV prevalence distribution in Africa



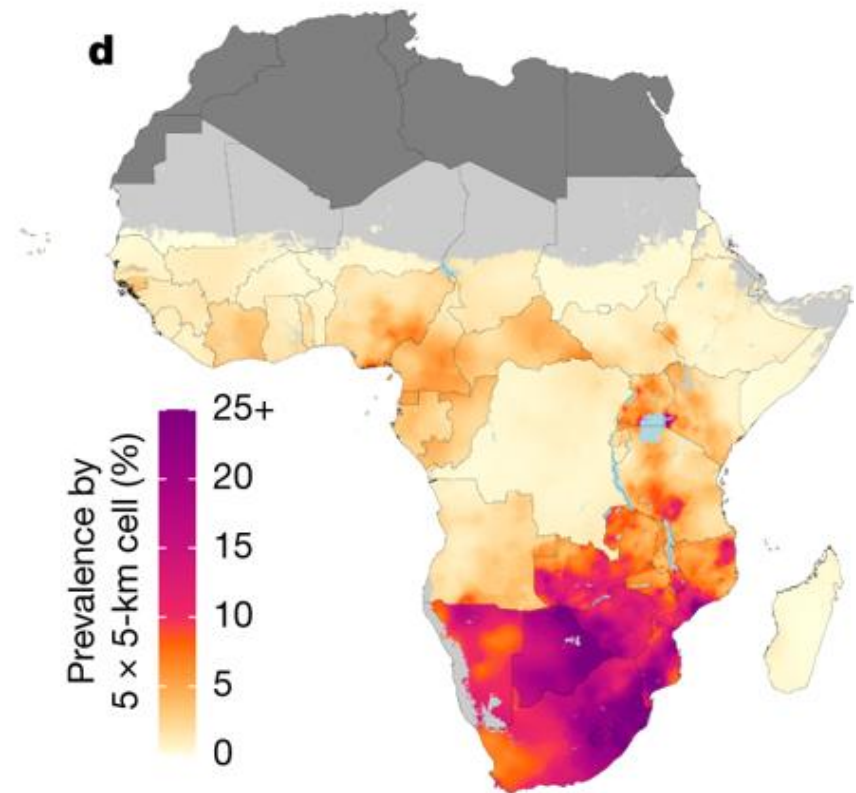
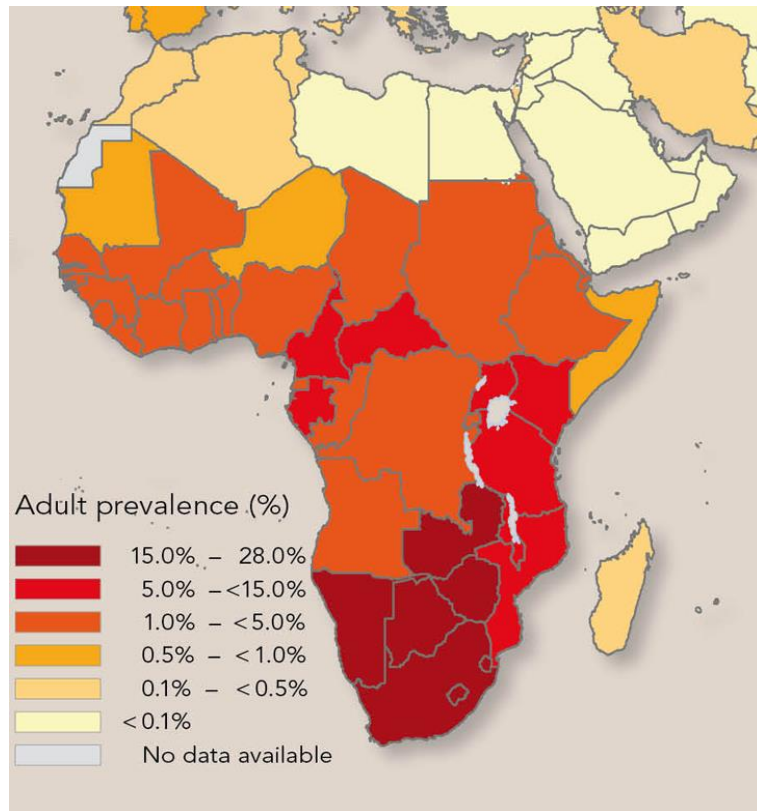
Institute for Health Metrics and Evaluation, University of Washington

Dwyer-Lindgren, Laura, et al. "Mapping HIV prevalence in sub-Saharan Africa between 2000 and 2017." *Nature* (2019)



Absolute change in HIV prevalence among adults aged 15–49 between 2000 and 2017 at the country level (a), first administrative subdivision level (b), second administrative subdivision level (c) and 5 × 5-km grid-cell level (d).

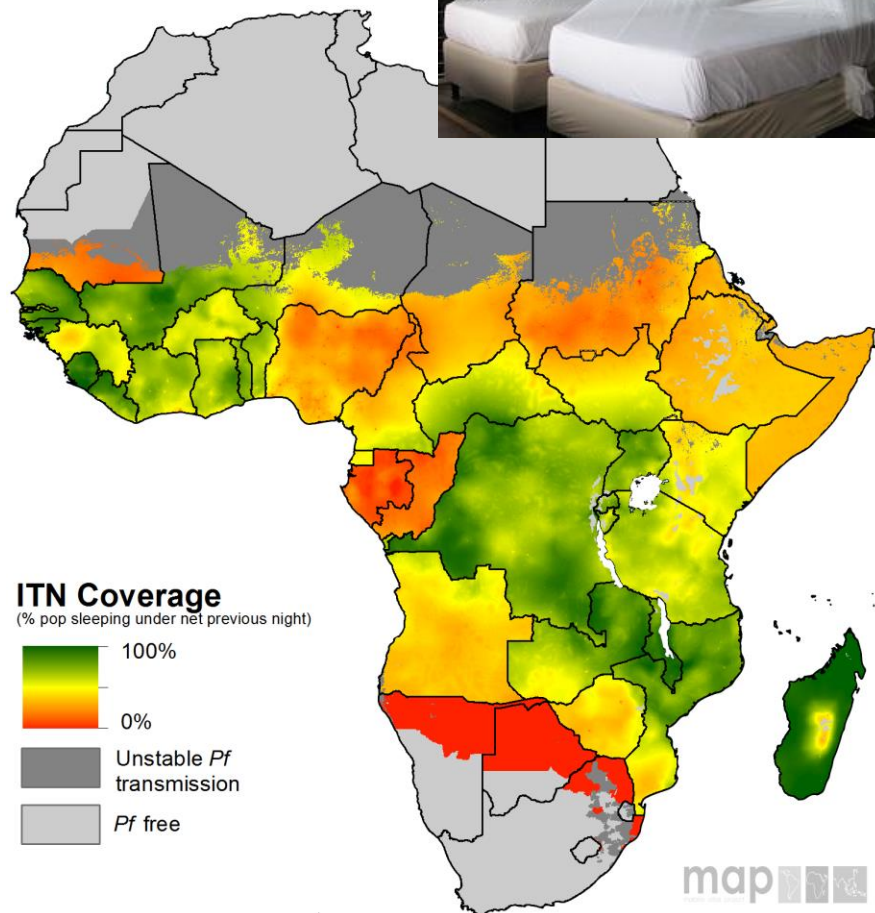
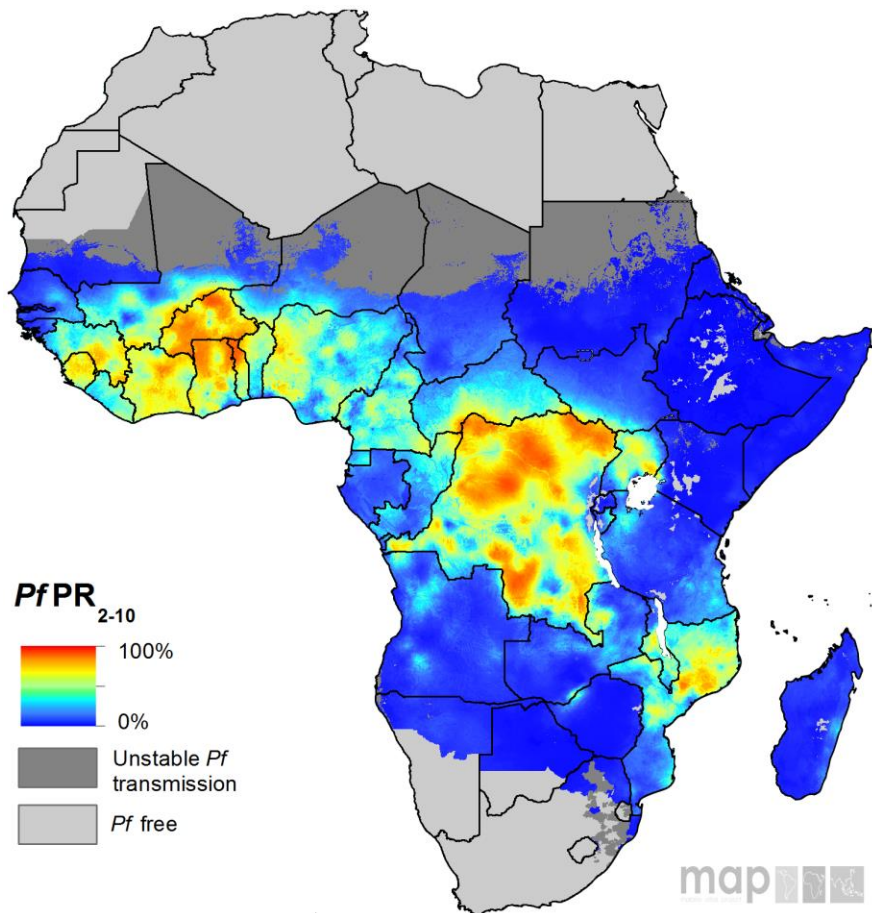
HIV prevalence distribution in Africa



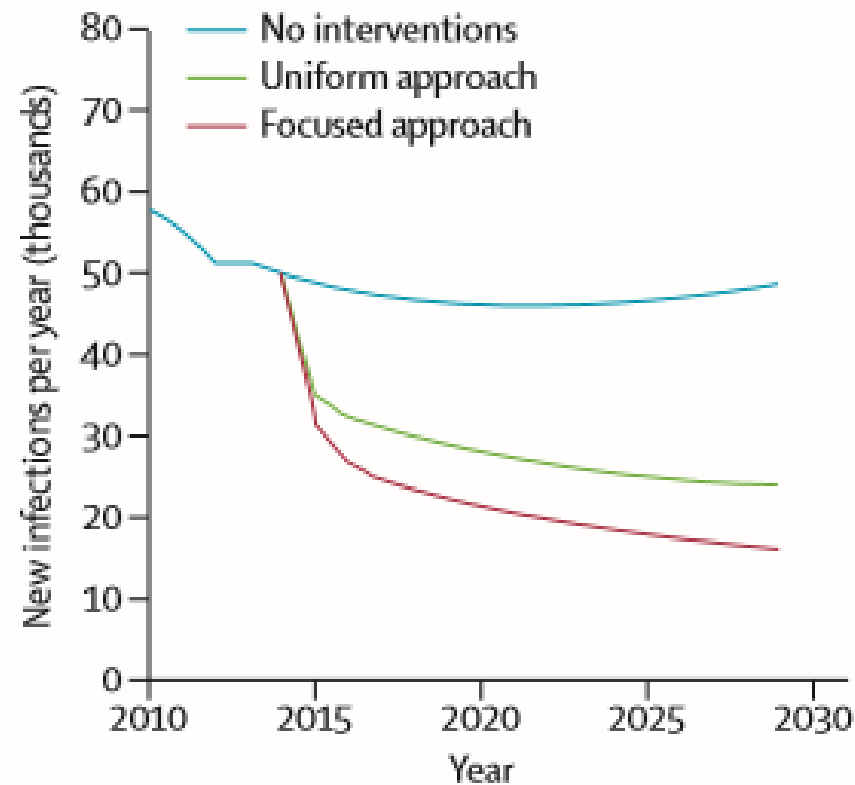
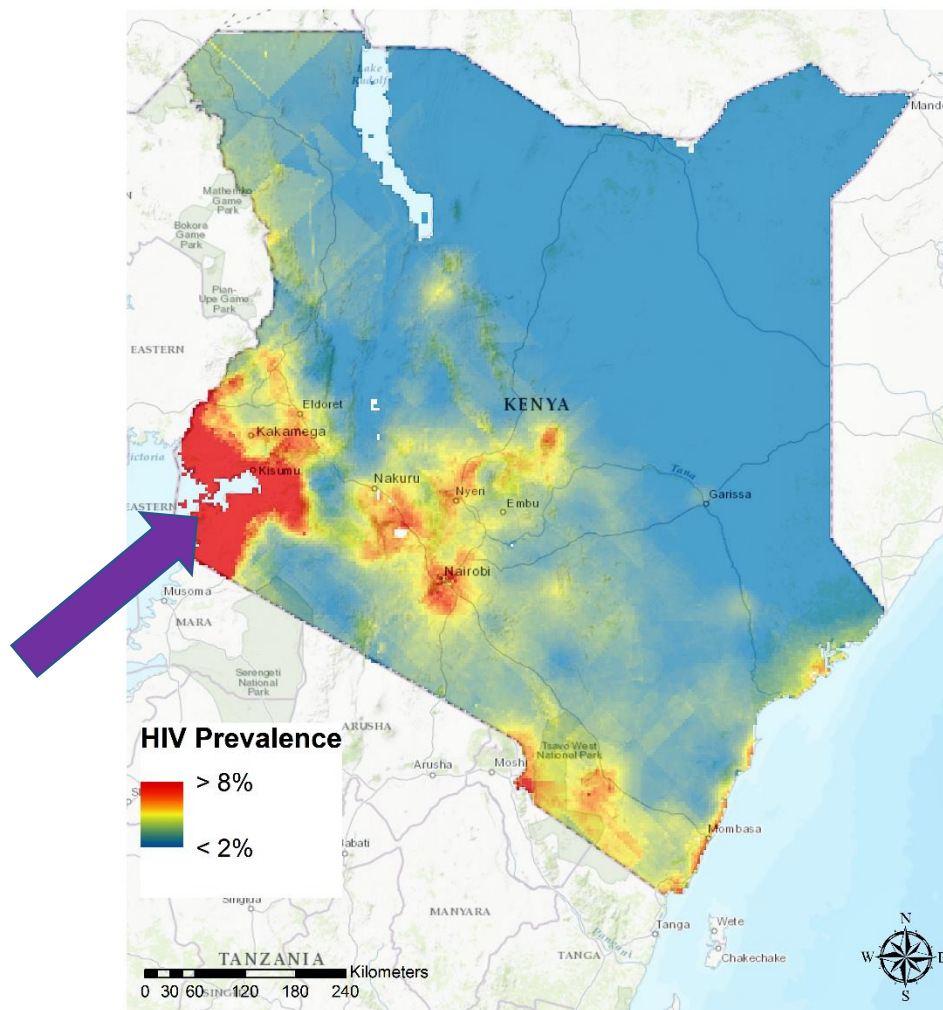
Dwyer-Lindgren, Laura, et al. "Mapping HIV prevalence in sub-Saharan Africa between 2000 and 2017." *Nature* (2019)

Why mapping diseases?

- Maps of disease distribution and intensity allow an immediate visualization of the extent and magnitude of the public health problem
- The identification of the settings where both the burden of disease and the drivers of the disease are concentrated could play an important role for **optimization of resource allocation based on geographically targeted interventions**



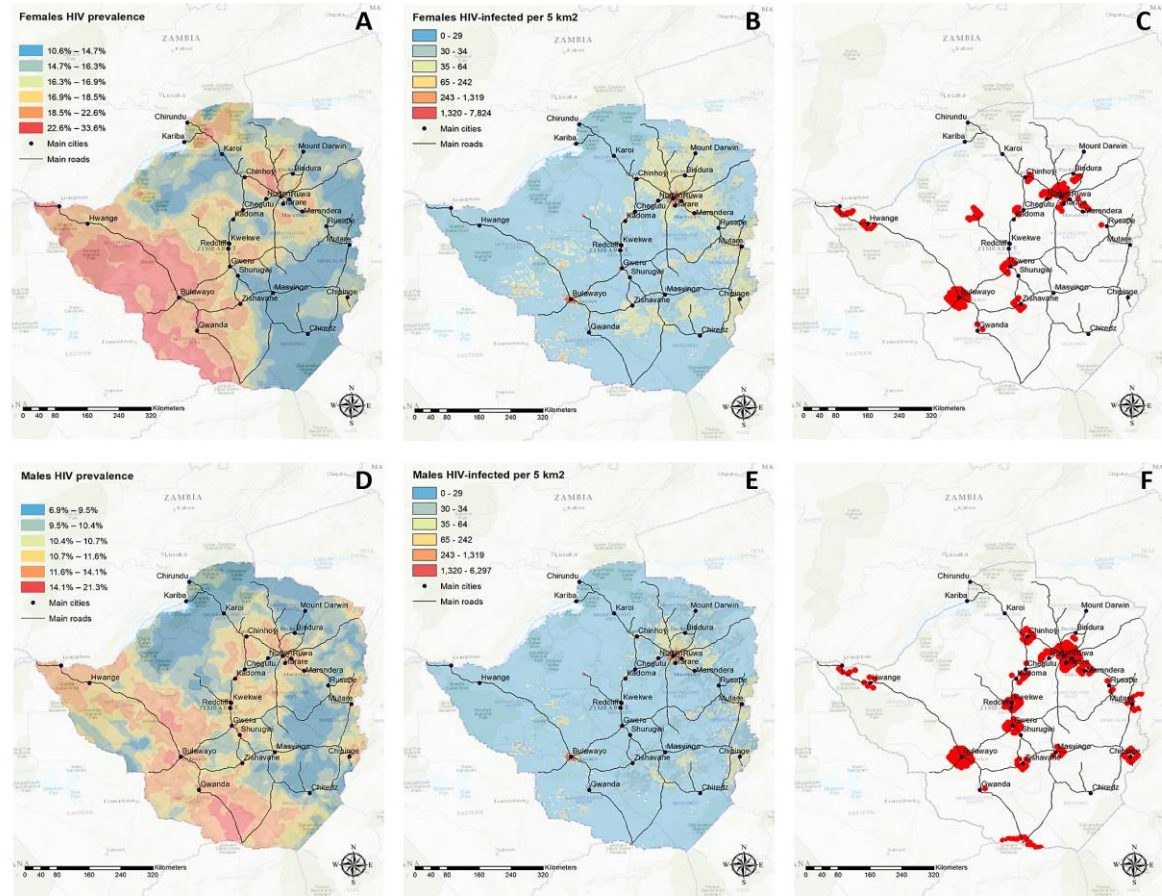
Resource allocation



Difference in health gains between the uniform and focused approaches
Anderson et al. *Lancet HIV* 2014

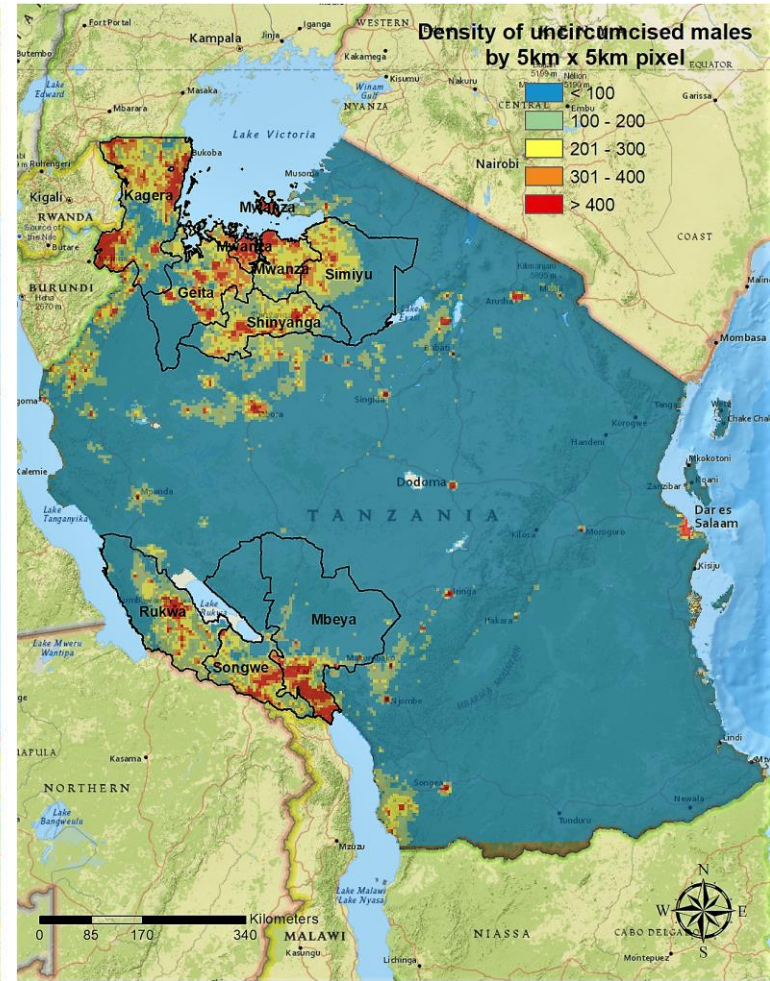
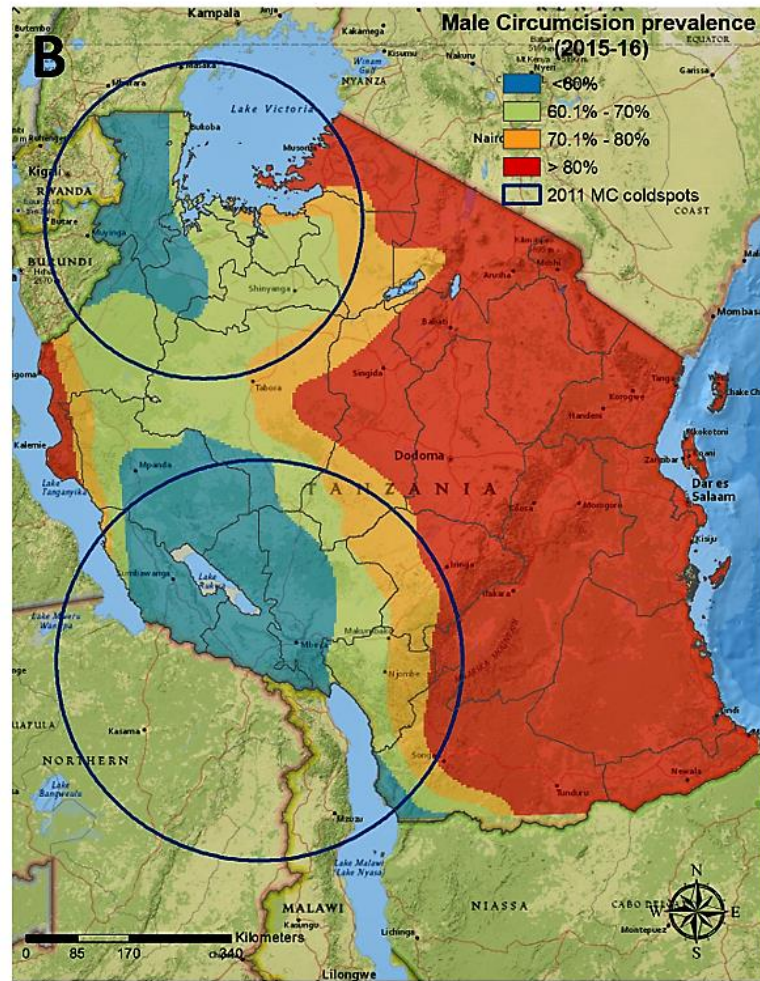
HIV prevention and care in Zimbabwe

High resolution maps of HIV prevalence in Zimbabwe for (A) Females and (D) Males; geographic dispersion of HIV-infected (B) females and (E) males in Zimbabwe. High HIV burden areas are illustrated in red for (C) females and (F) males.



Cuadros, Diego F., et al. "Towards UNAIDS Fast-Track goals: targeting priority geographic areas for HIV prevention and care in Zimbabwe." *Aids* (2019)

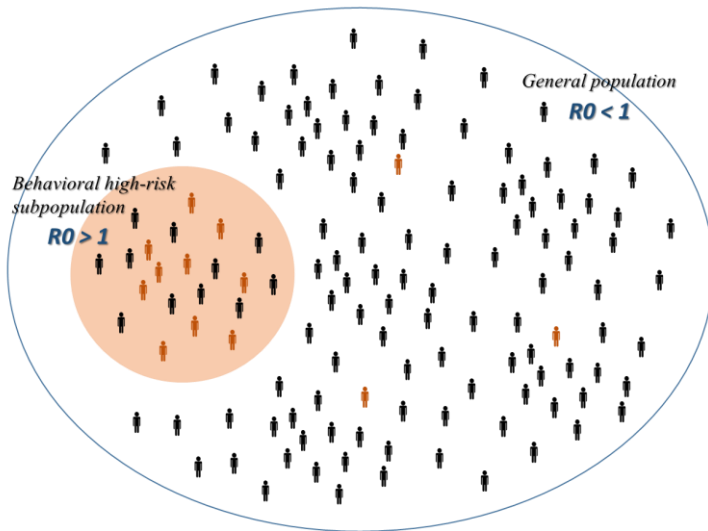
Density distribution of uncircumcised males in Tanzania



Research question:

What is the contribution of HIV hot-spots in the overall HIV transmission network?

Concentrated epidemic



Social space

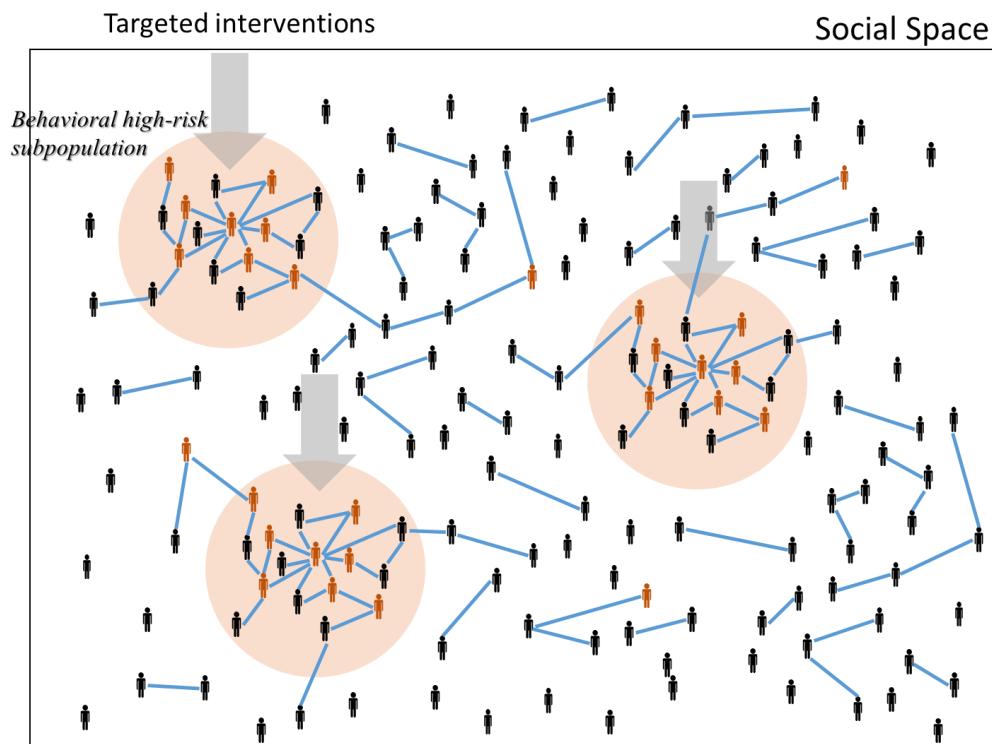
The study of sexually transmitted infections such as HIV has focused on **social space**

Sexual networks: groups of persons Connected to one another sexually

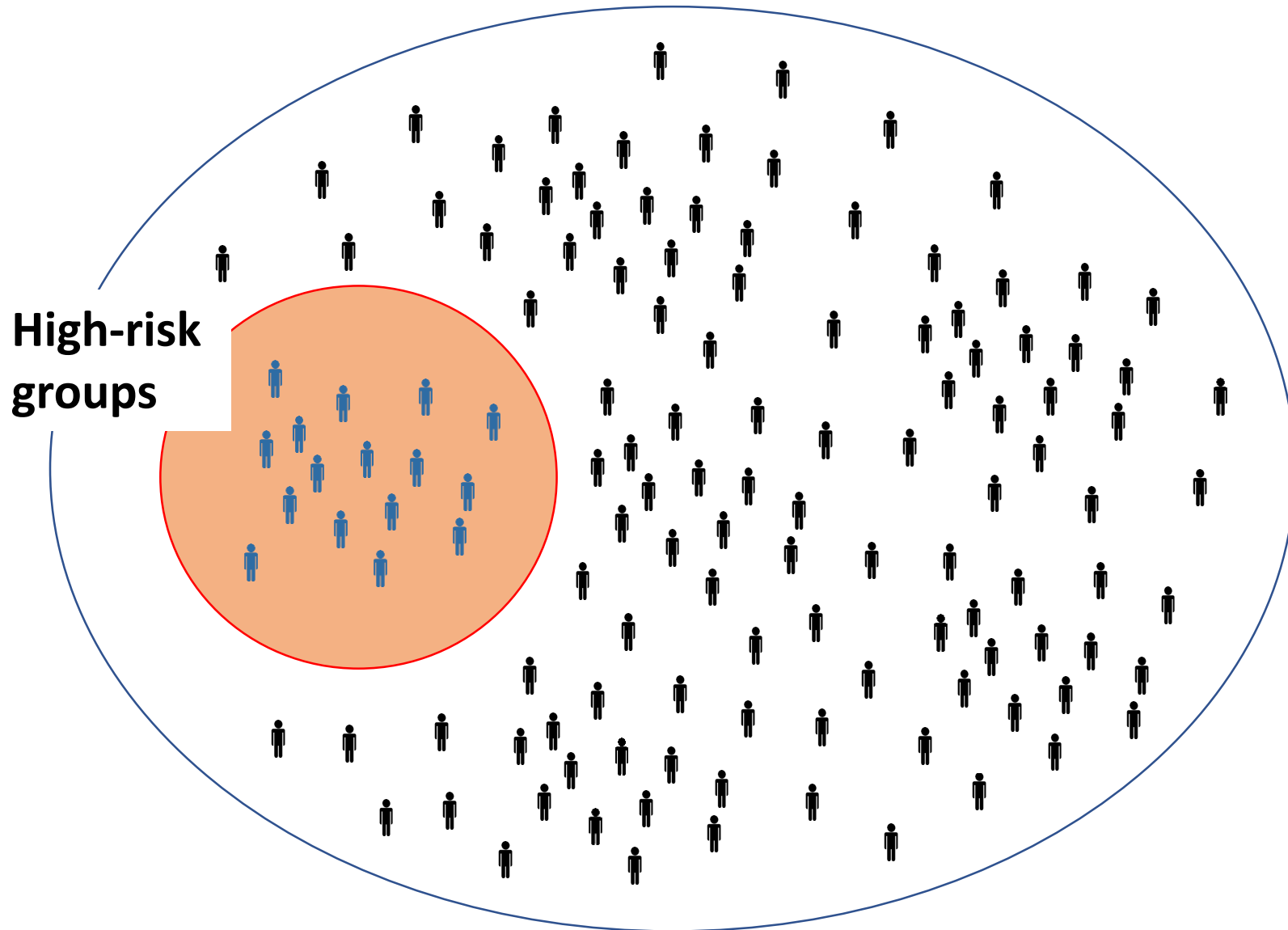
Characteristics:

- Number of partners (links)
- Serial monogamy
- Concurrent relationships

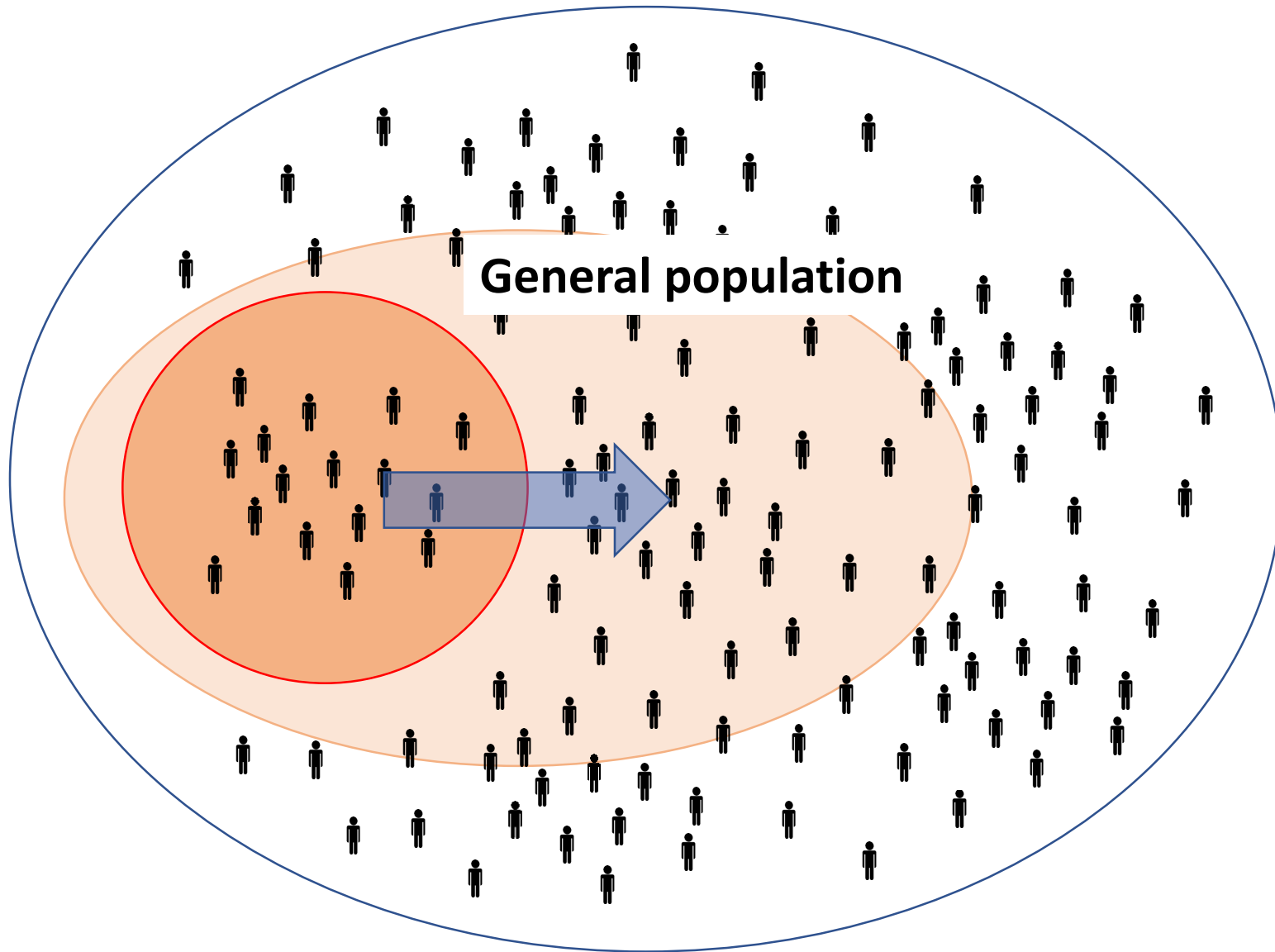
Core groups: members that have high levels of risk behavior and can fuel sustained transmission.



Concentrated epidemic

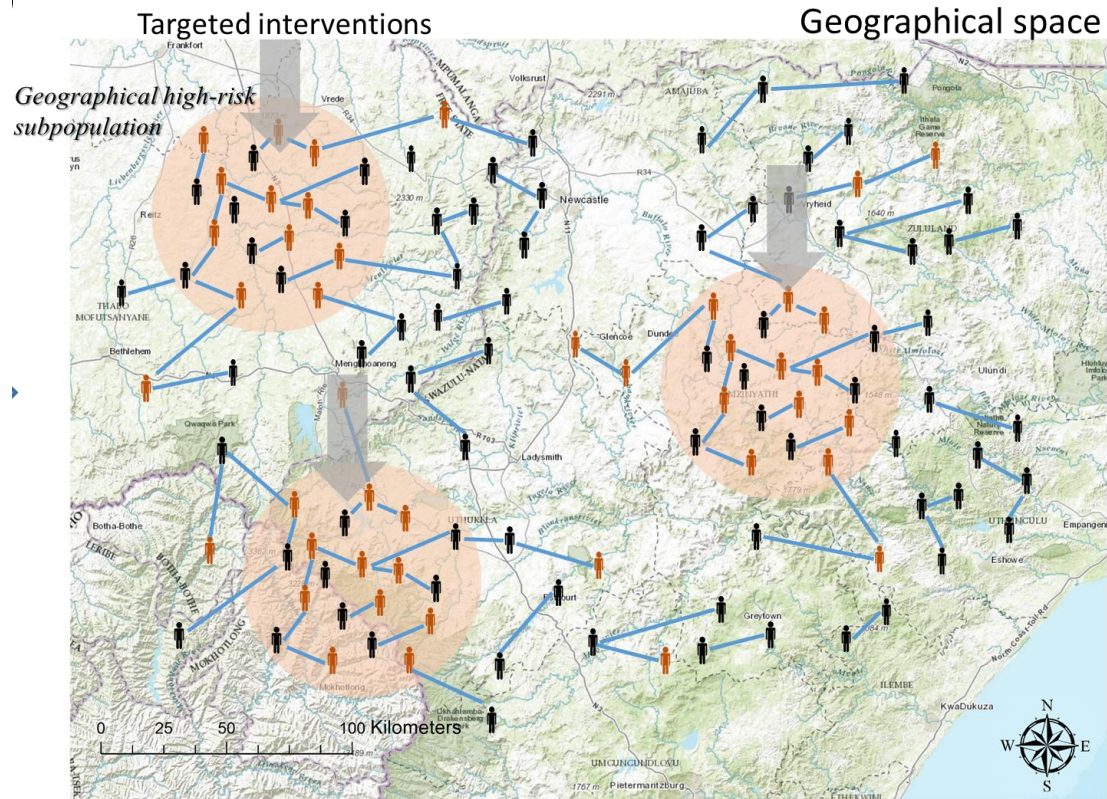


Generalized epidemic

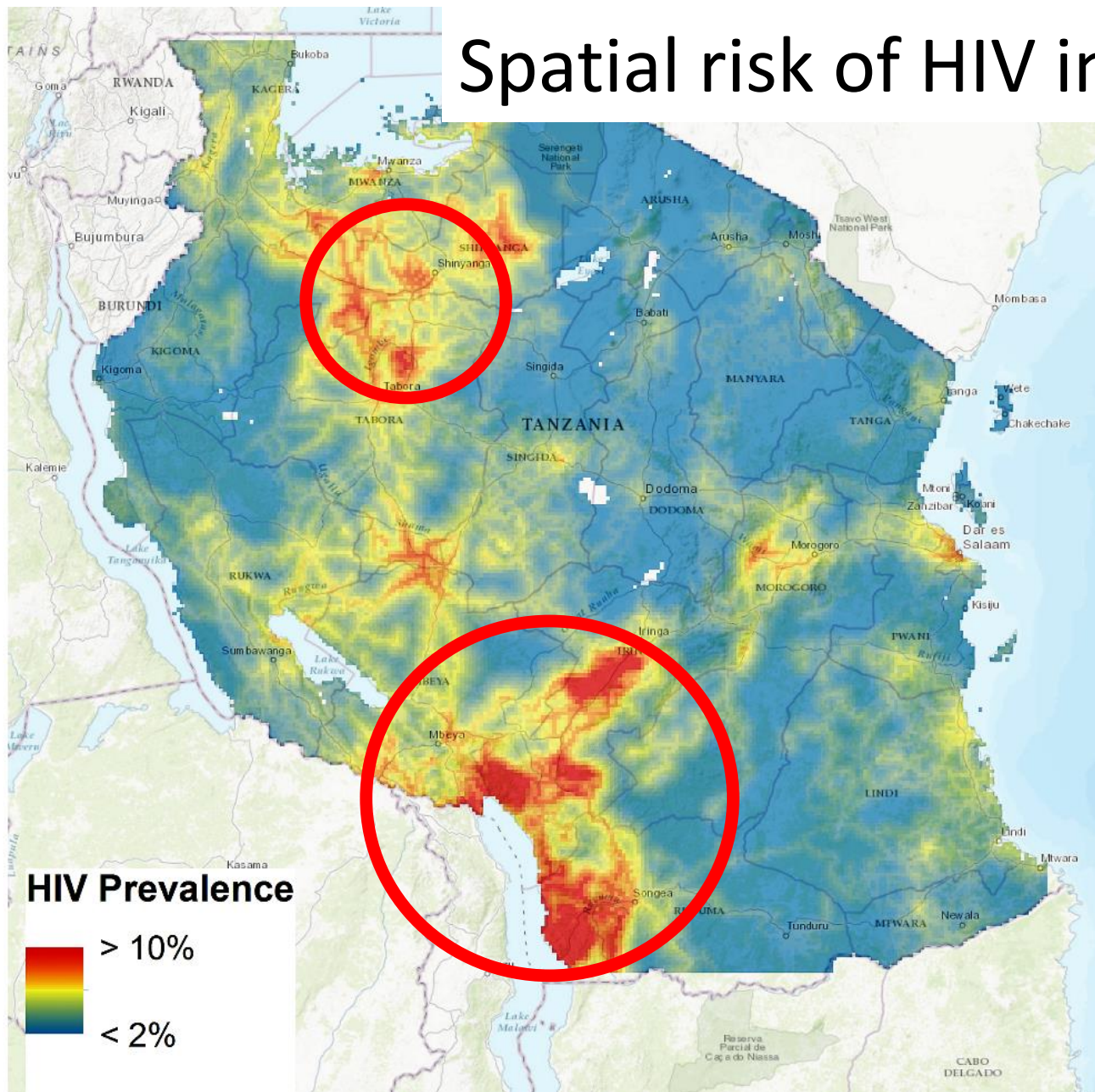


Geographical space

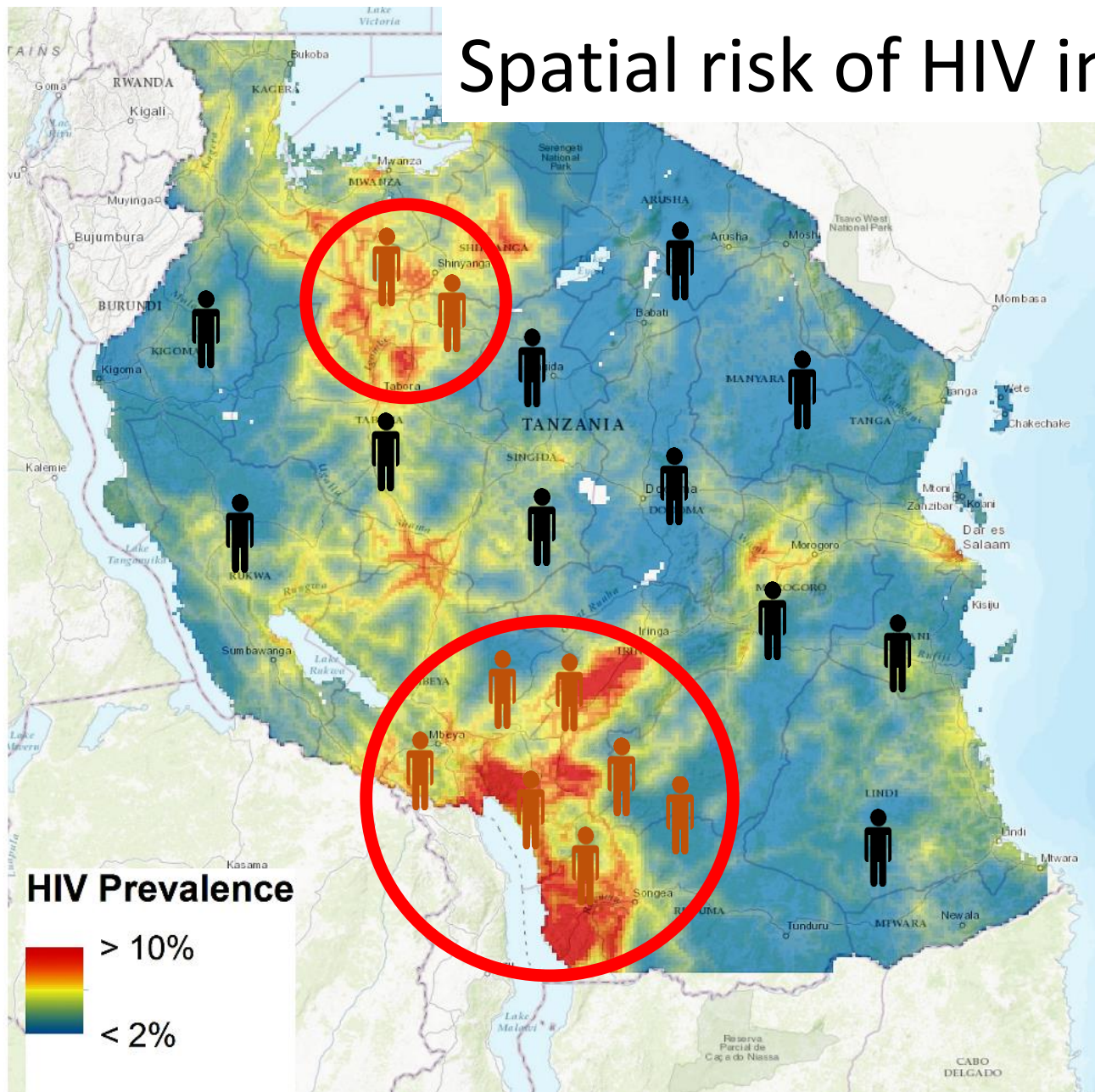
- HIV 'hot-spots' can behave as the highly connected nodes of in the transmission network



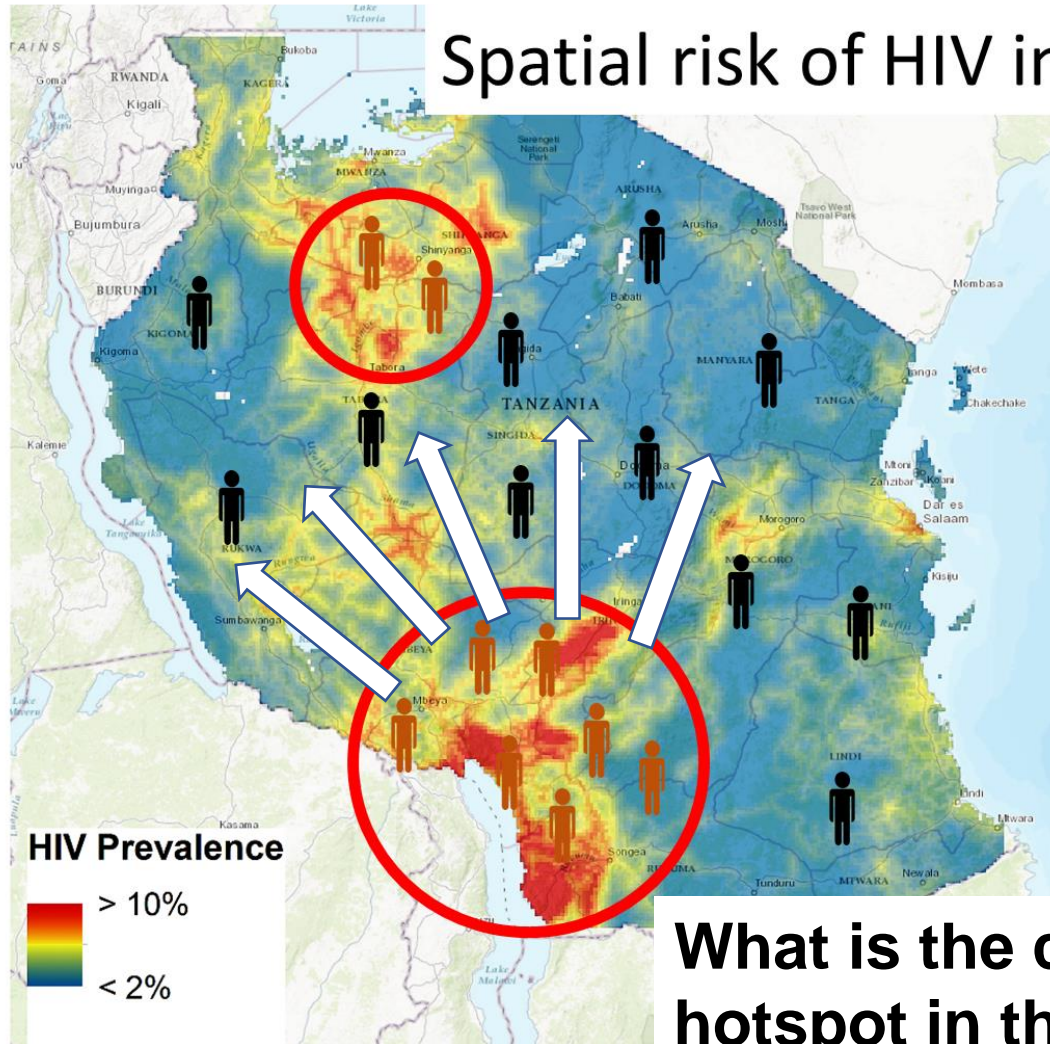
Spatial risk of HIV infection



Spatial risk of HIV infection

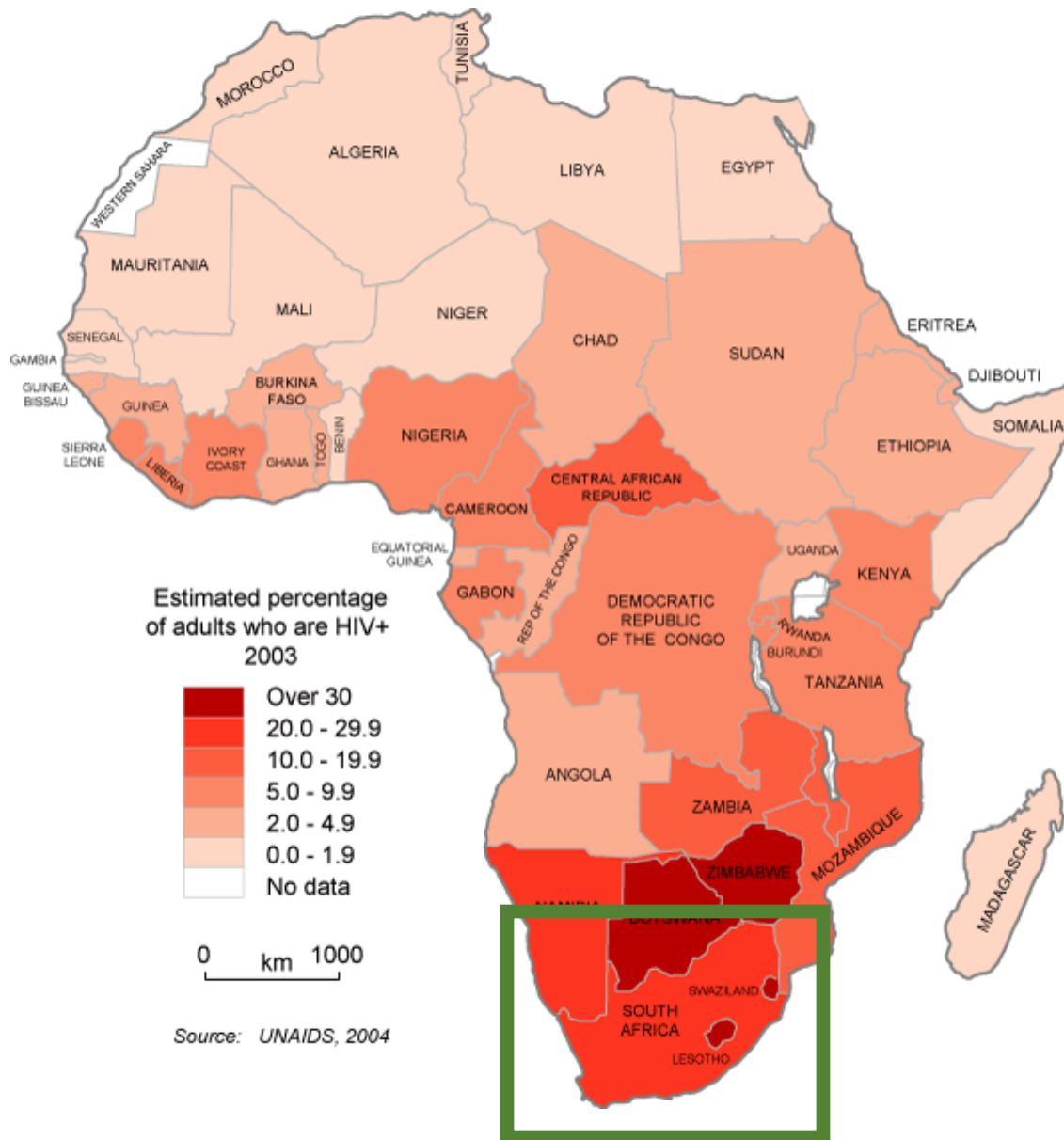


Spatial risk of HIV infection



- The spatial connectivity of the transmission network of an entire community has never been studied before, and the contribution of geographical clusters of HIV infections, or 'hot-spots' on the spread of the infection in the entire population is virtually unknown

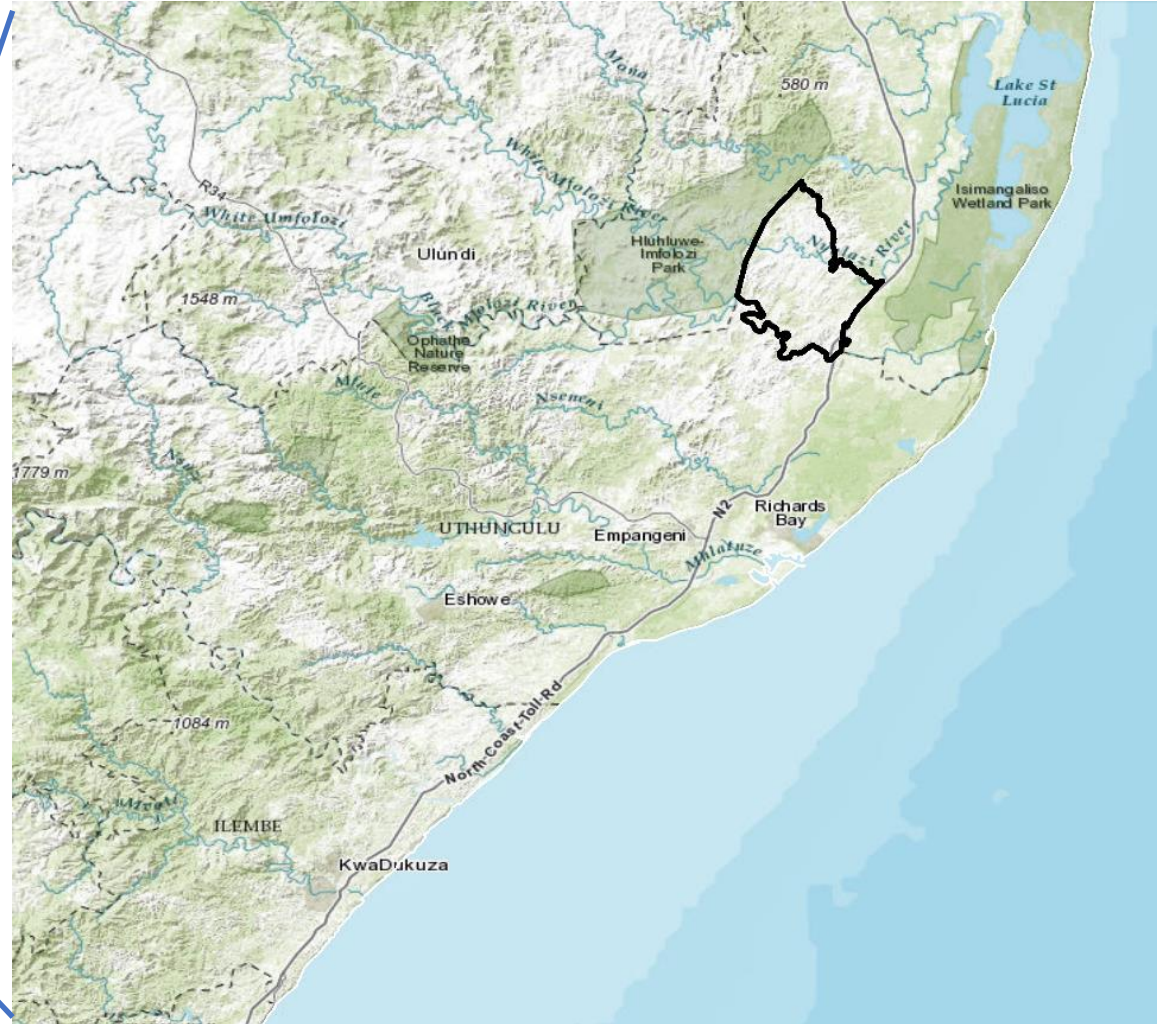
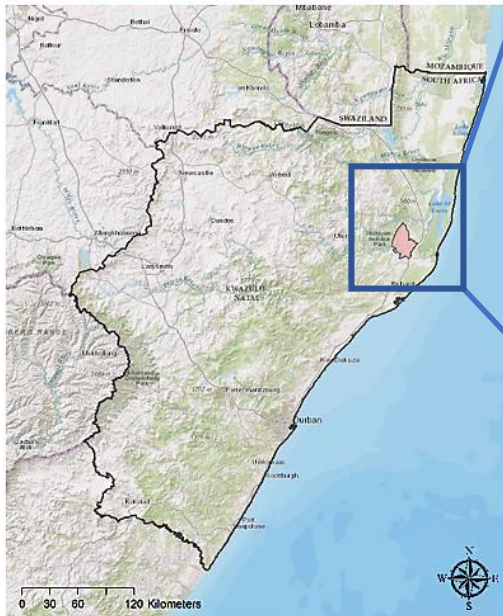
What is the contribution of the HIV hotspot in the transmission network?



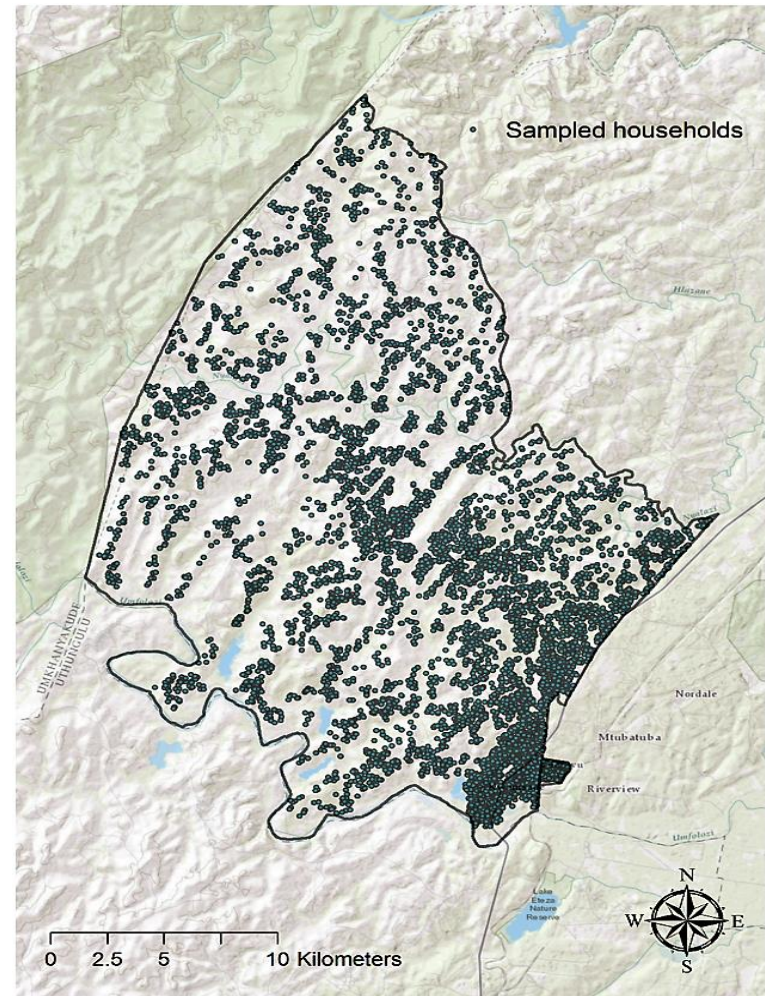
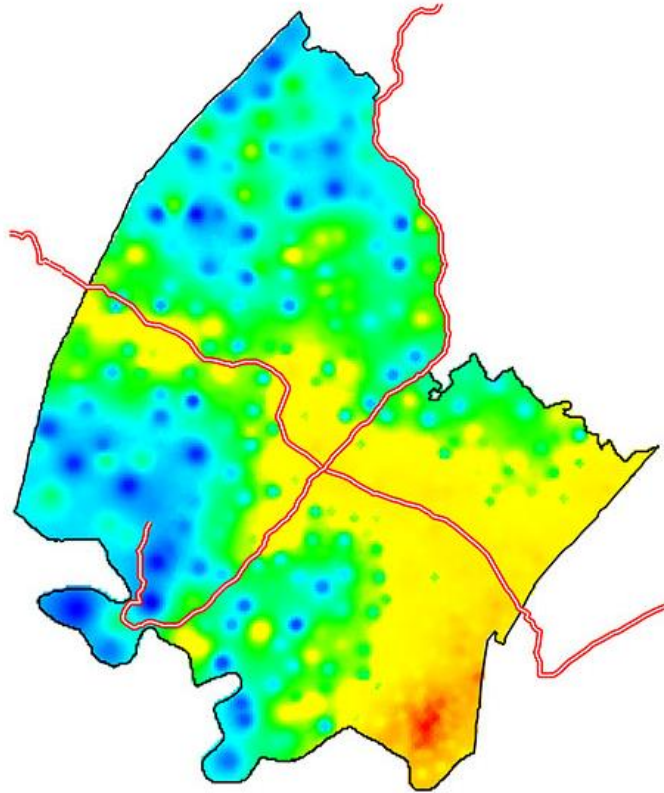
About AHRI.

The **Africa Health Research Institute** is committed to working towards the elimination of HIV and TB disease.

Africa Centre Demographic Information System Surveillance



Africa Centre Demographic Information System Surveillance



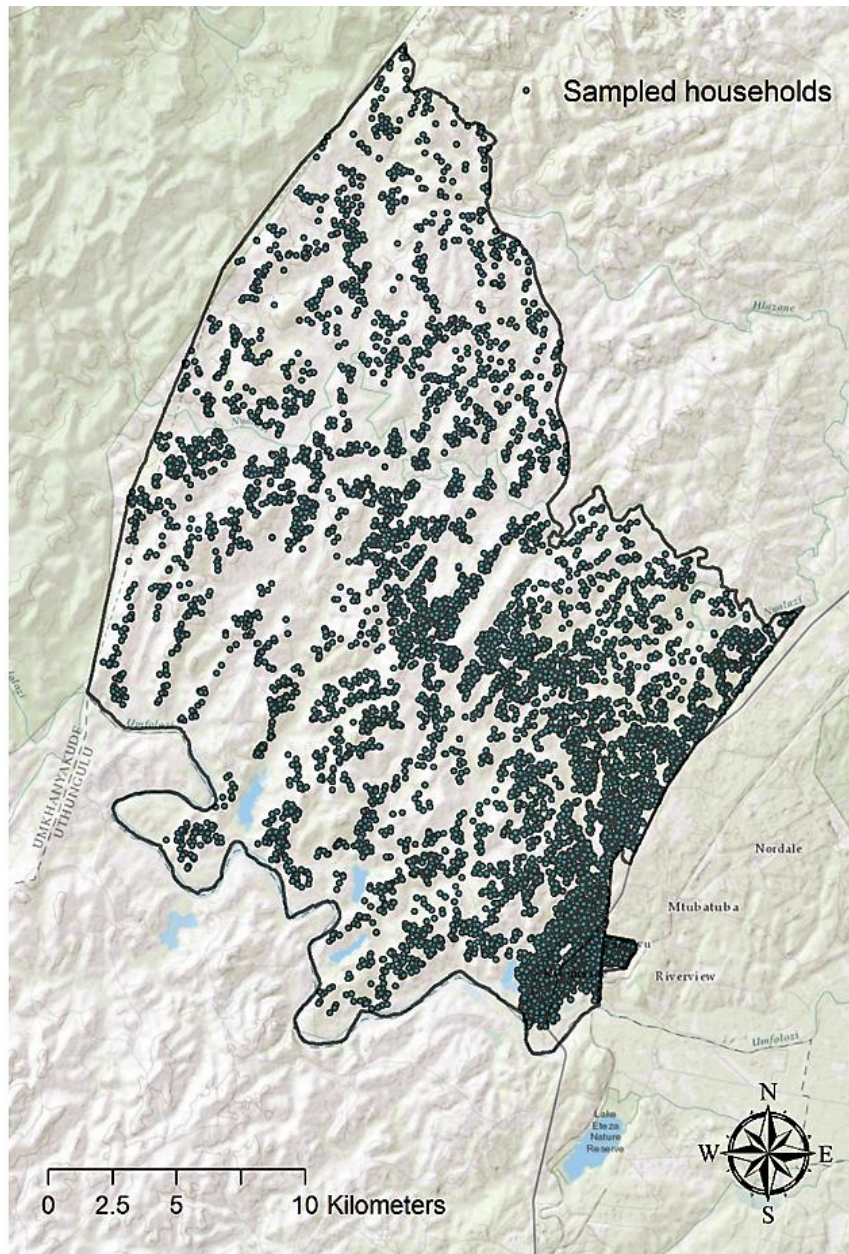
- All participants under surveillance are geo-located to their respective homesteads of residence (accuracy <2m)

Methods

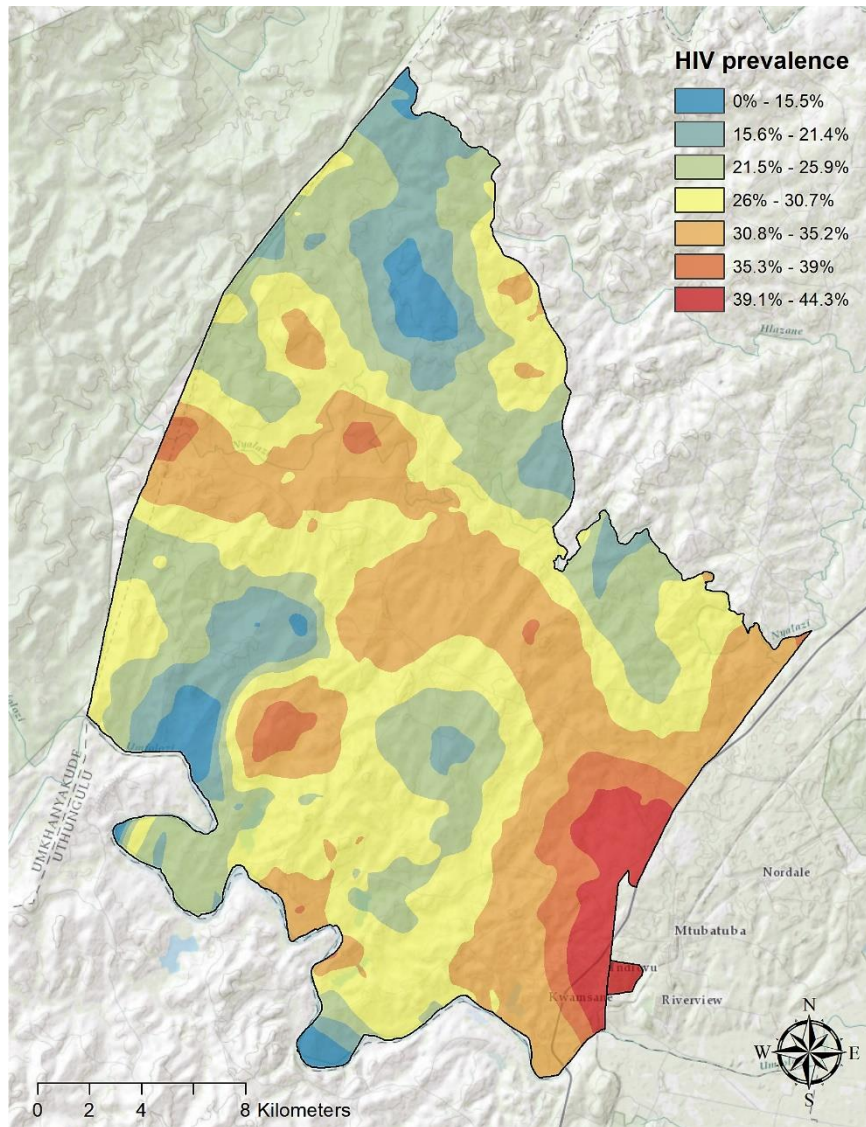
- Geographical description of the HIV epidemic and hotspot identification
- Spatially explicit transmission network construction

Methods

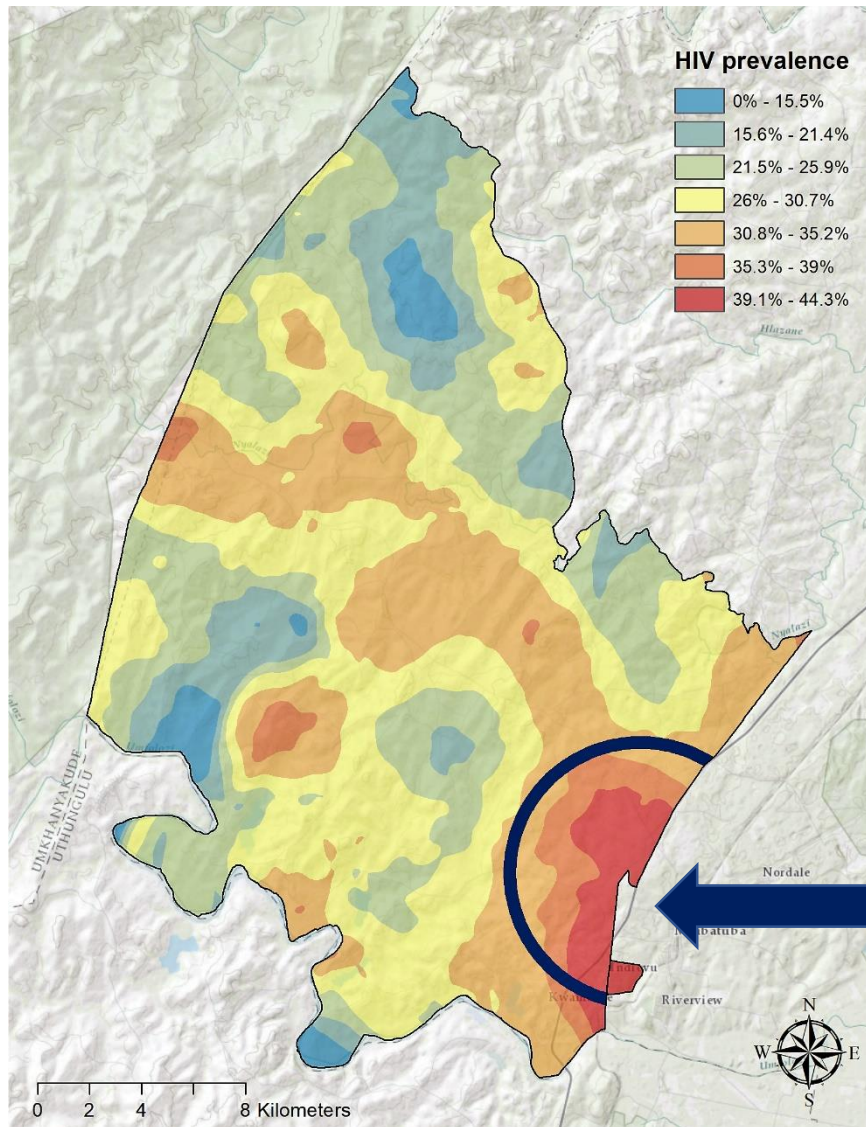
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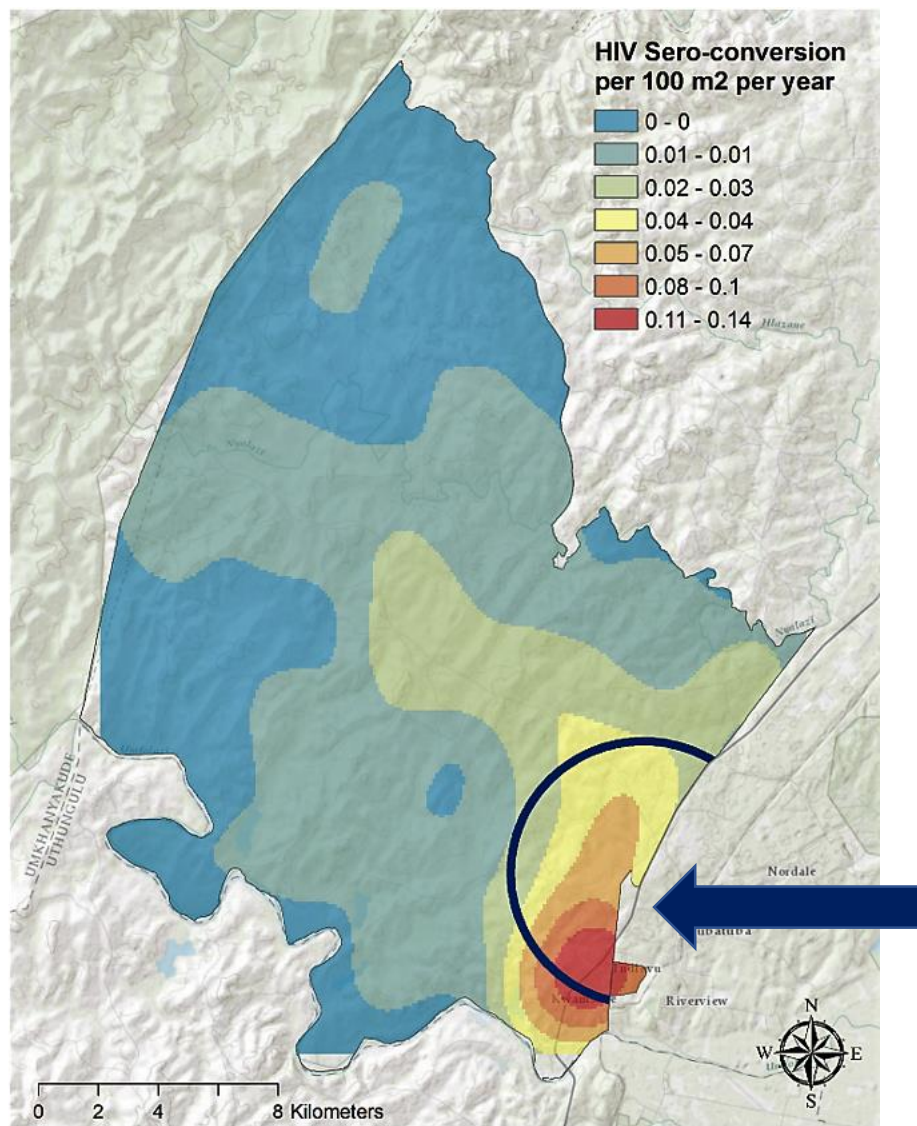
- We examined a sample of 18,294 individuals located in a hyper-endemic rural community of South Africa from 2011 to 2014 from which 5,624 tested positive for HIV



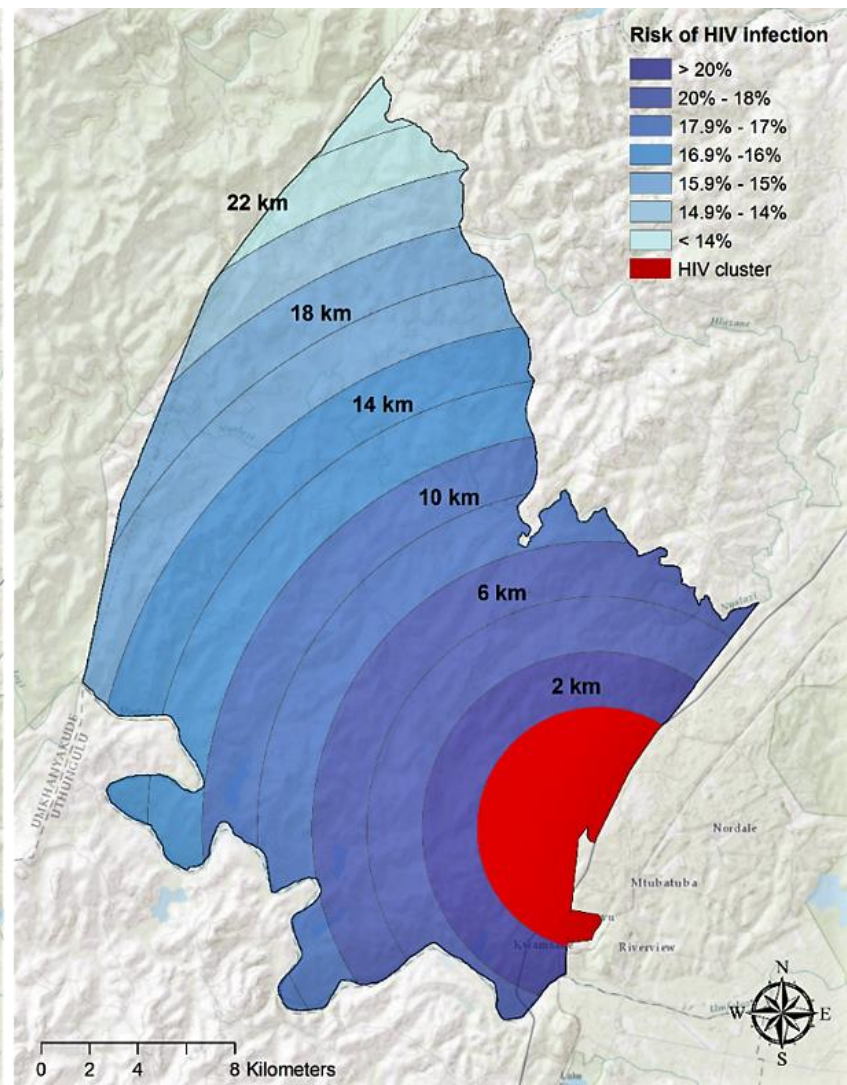
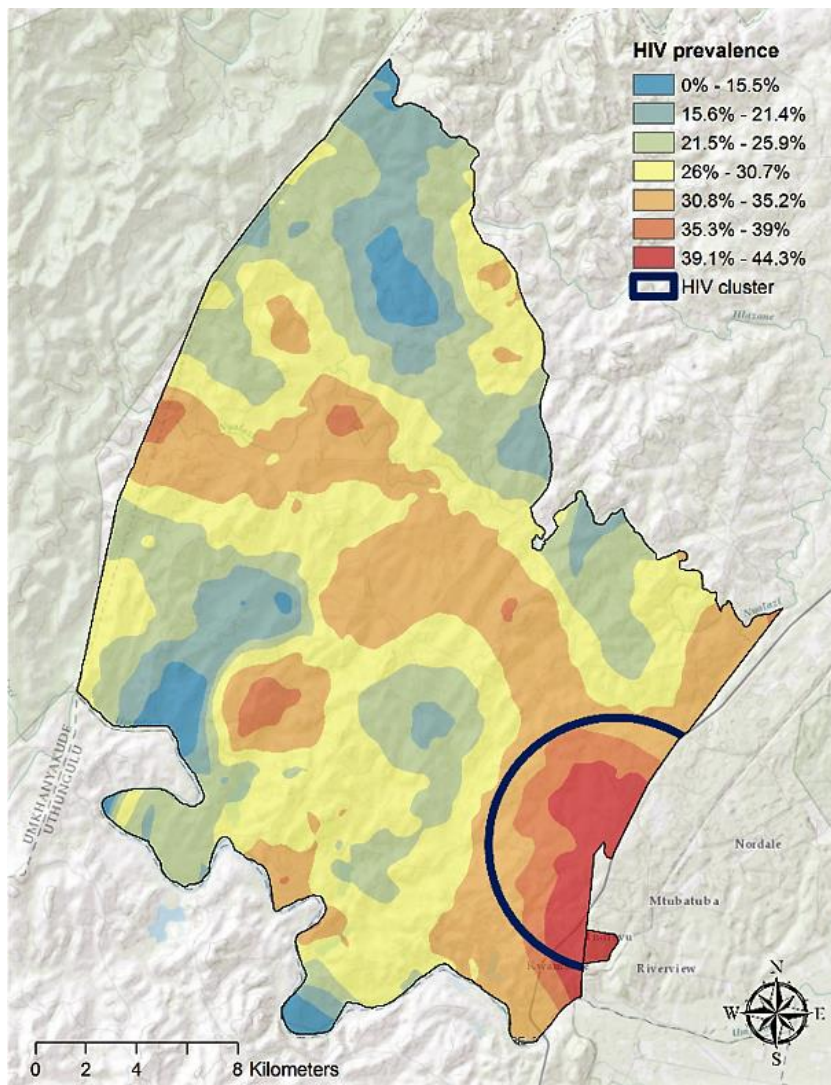
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- We generate continuous surface map of HIV prevalence using kernel interpolation techniques



- We examined a sample of 18,294 individuals located in a hyper-endemic rural community of South Africa from 2011 to 2014 from which 5,624 tested positive for HIV
- We generate continuous surface map of HIV prevalence using kernel interpolation techniques
- We identified a geographical cluster with high numbers of HIV infections (HIV 'hotspot') using spatial statistical analysis



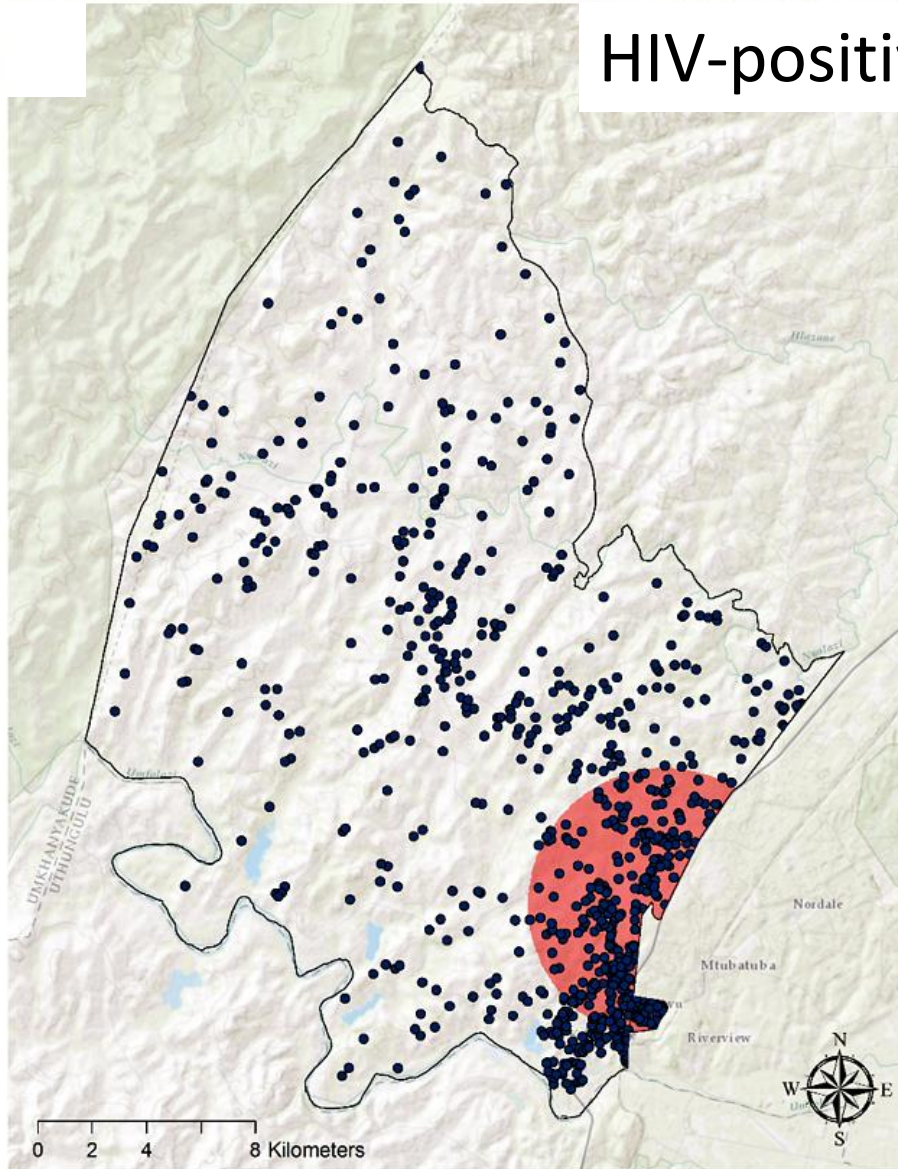
- Estimated HIV seroconversions per year were highly concentrated within the HIV hotspot with an average of 0.04 seroconversions per year per 100 m2, compared to 0.01 seroconversions per year per 100 m2 in the area outside of the HIV hot-spot



Methods

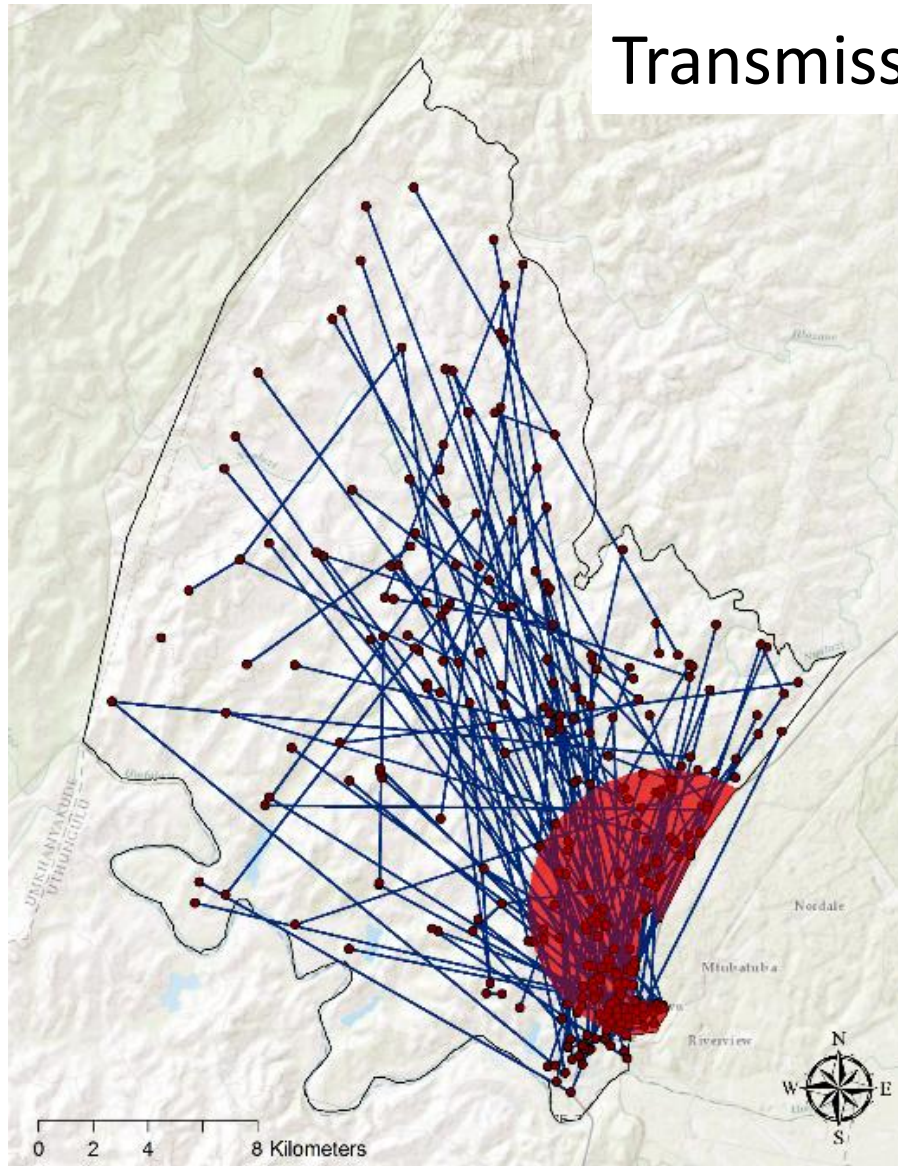
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HIV-positive individuals

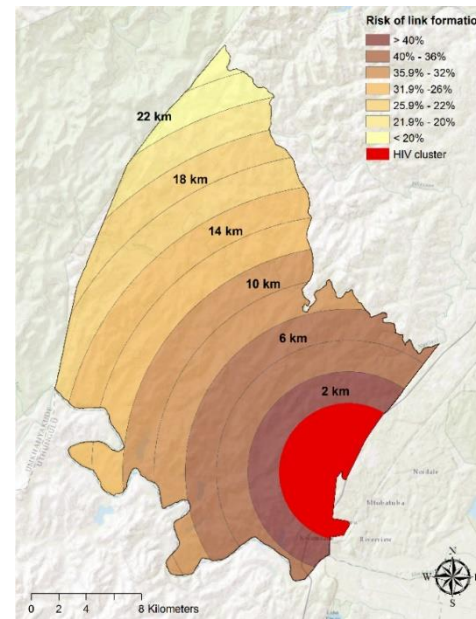
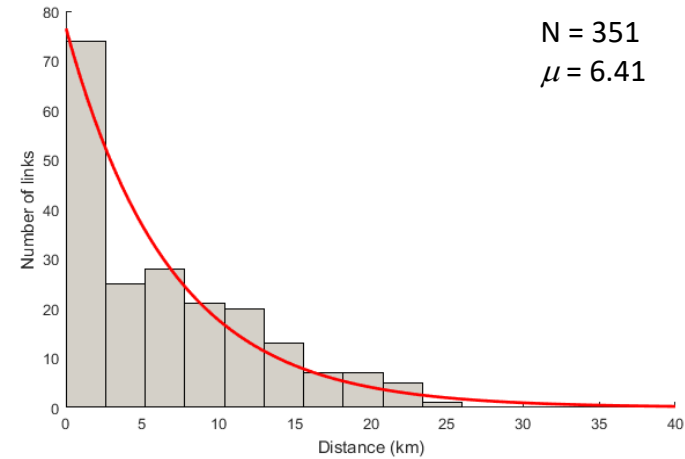
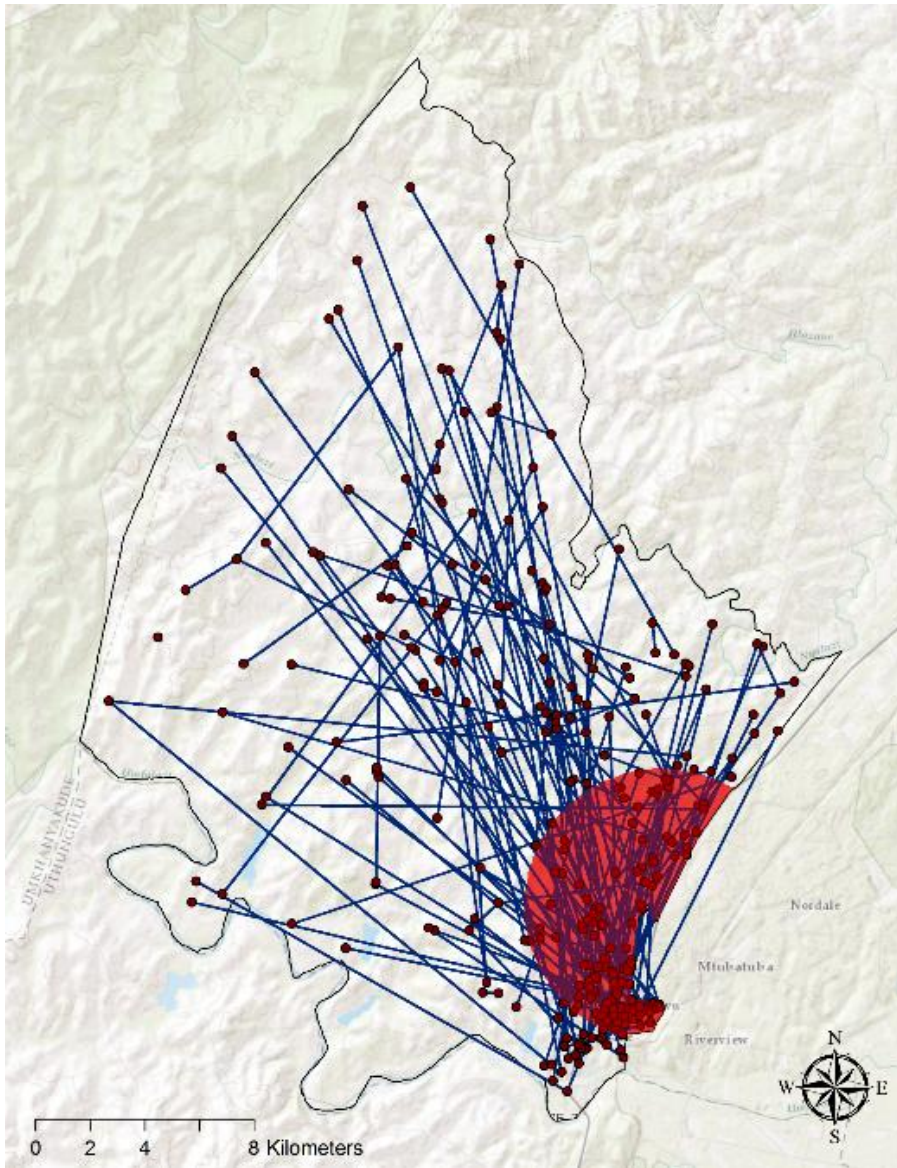


- We geo-located and genetically sequenced 1,222 HIV-positive individuals, from whom phylogenetic transmission clusters were identified

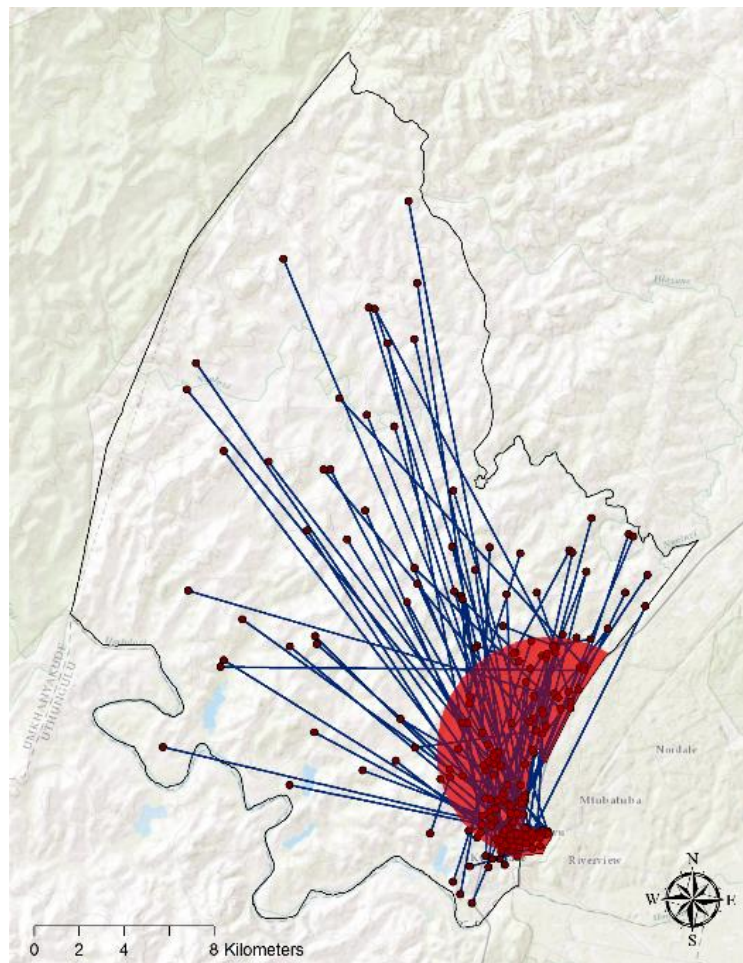
Transmission links



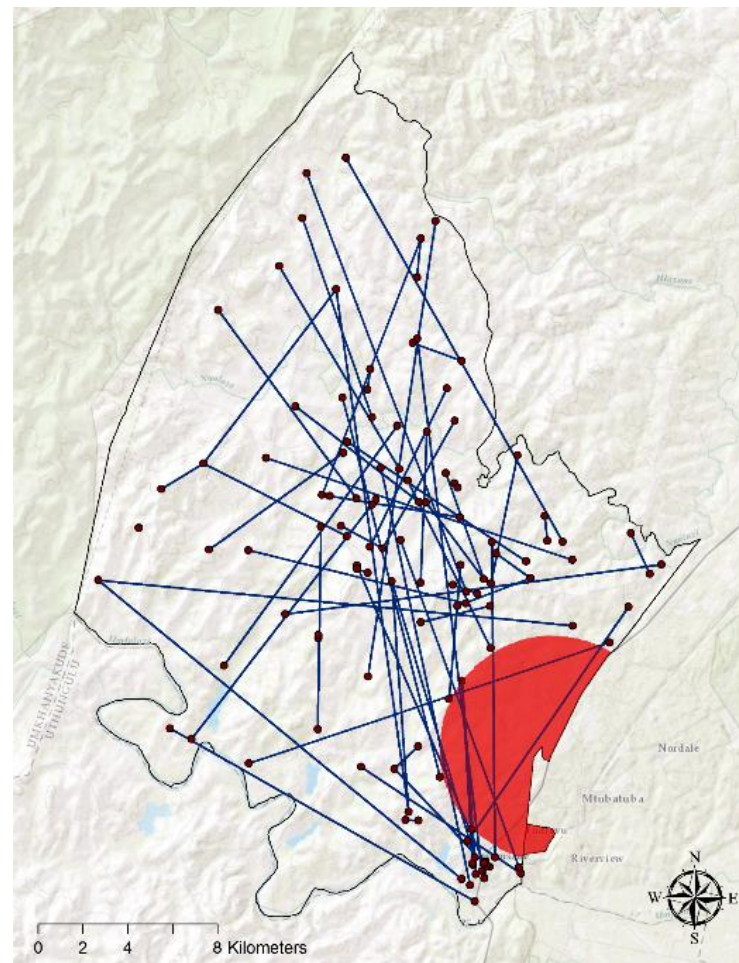
- We geo-located and genetically sequenced 1,222 HIV-positive individuals, from whom phylogenetic transmission clusters were identified
- We constructed the spatially explicit transmission network with 350 transmission links identified



- The risk of link formation between individuals located inside and outside of the HIV hot-spot was reduced in 5.8% for each km distant to the hot-spot



- 72% of the links included at least one individual located within the HIV hot-spot



- 28% of the links included individuals located outside the HIV hot-spot

Microsimulation models

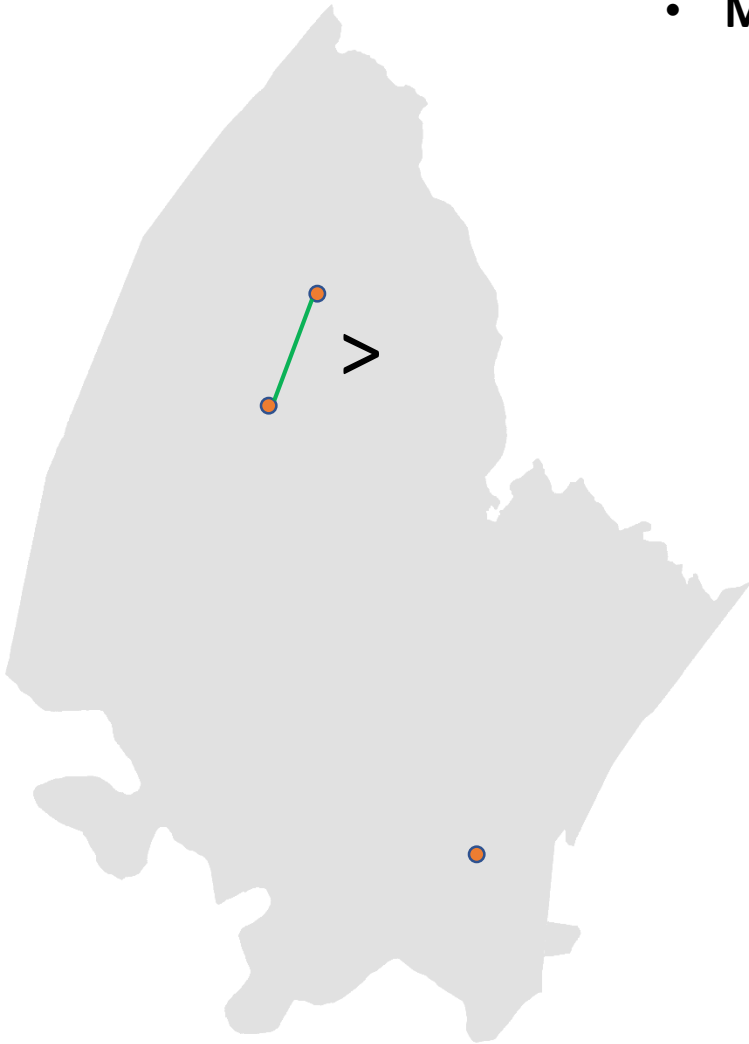
Three microsimulation models were generated to assess the association between the HIV hotspot and HIV transmission links

- **Model 1.** Epicenter model
- **Model 2.** Distance decay link formation model
- **Model 3.** Random links formation model

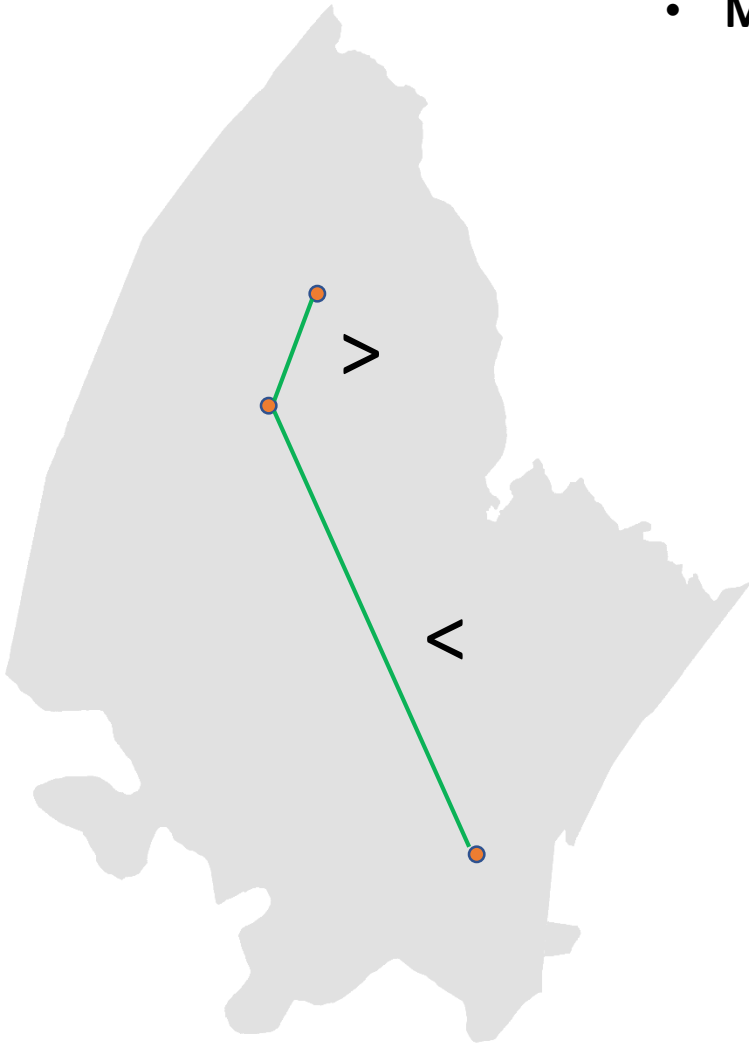
- **Model 1.** Epicenter model



- **Model 2.** Distance decay link formation model



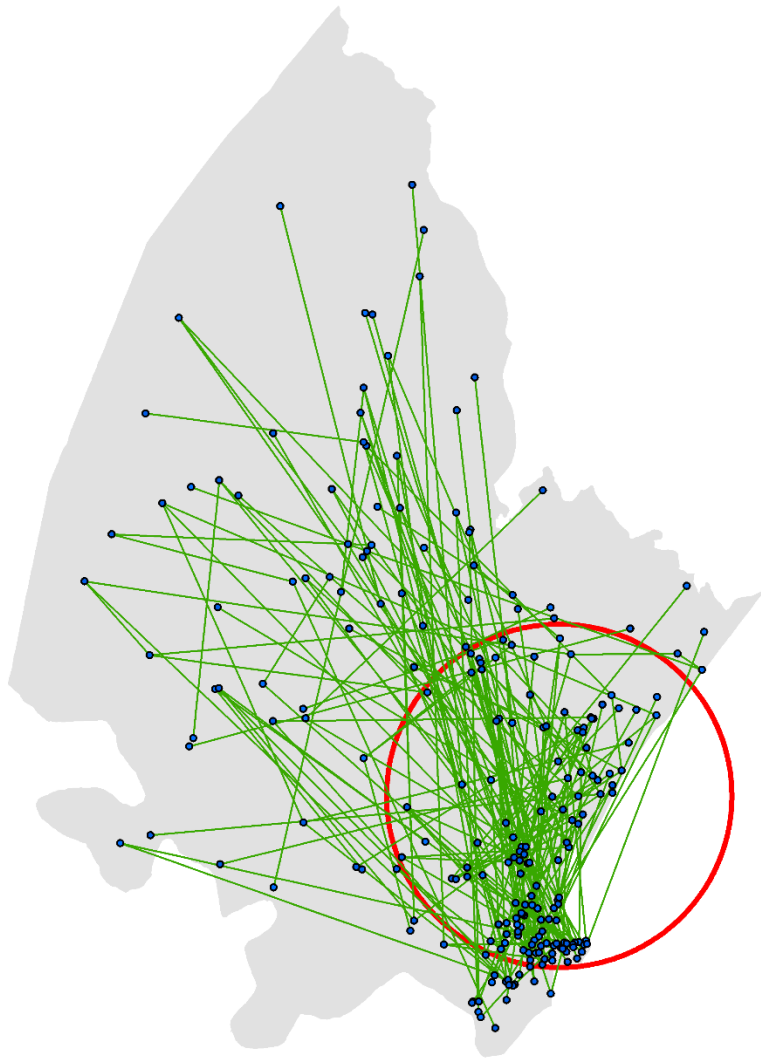
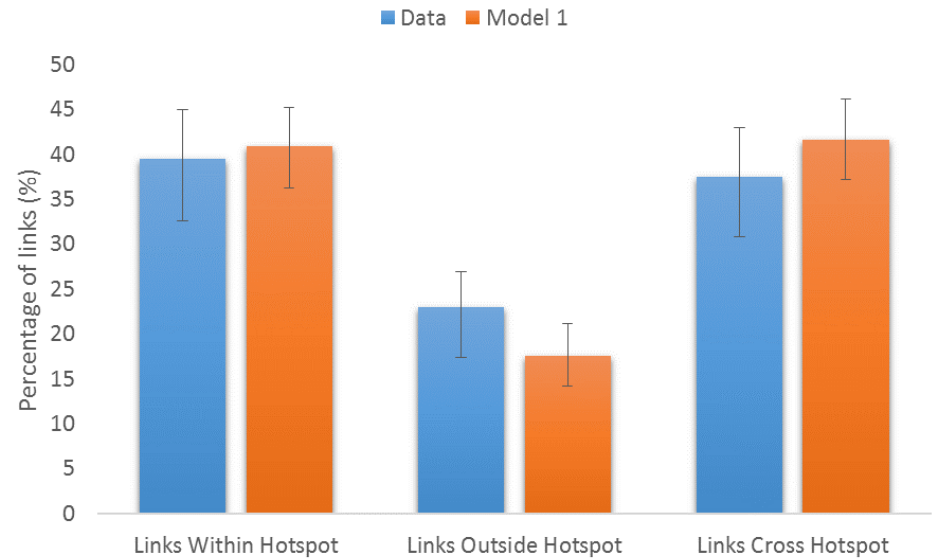
- **Model 2.** Distance decay link formation model



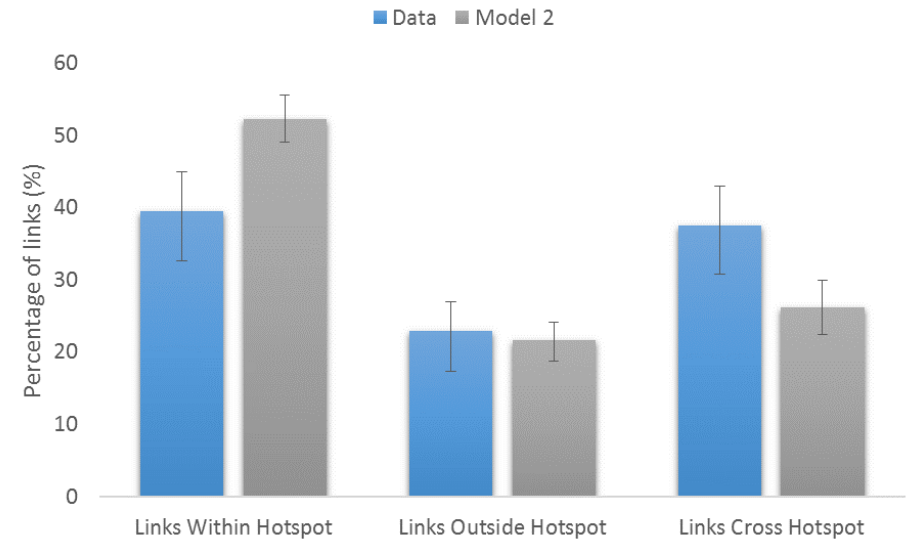
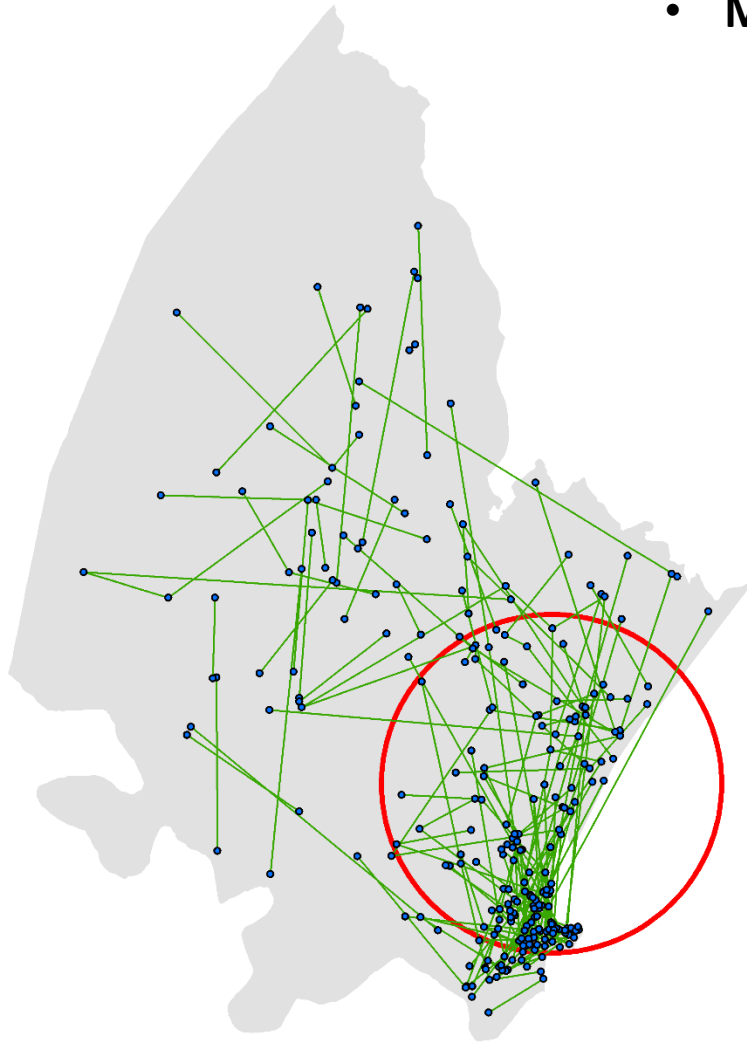
- **Model 3.** Random links formation model



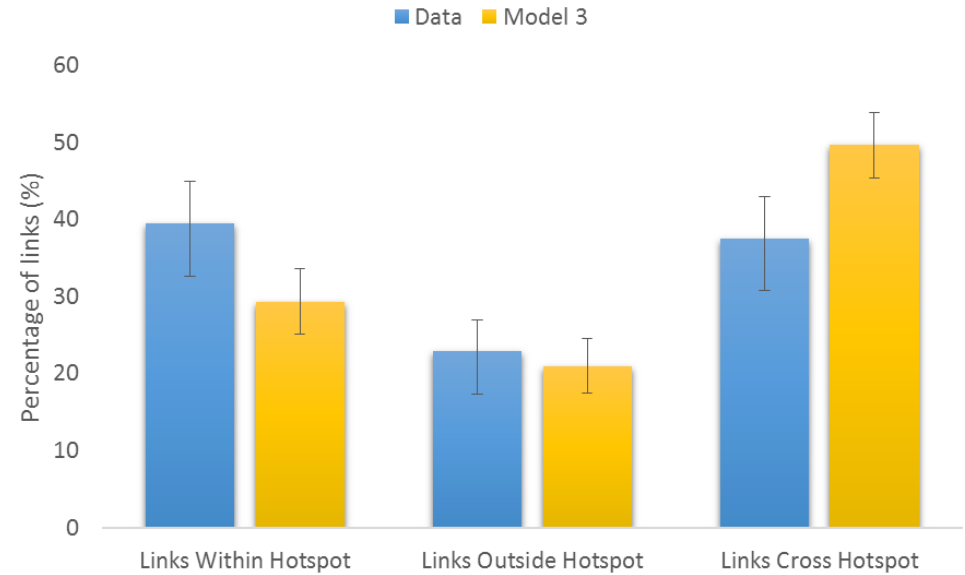
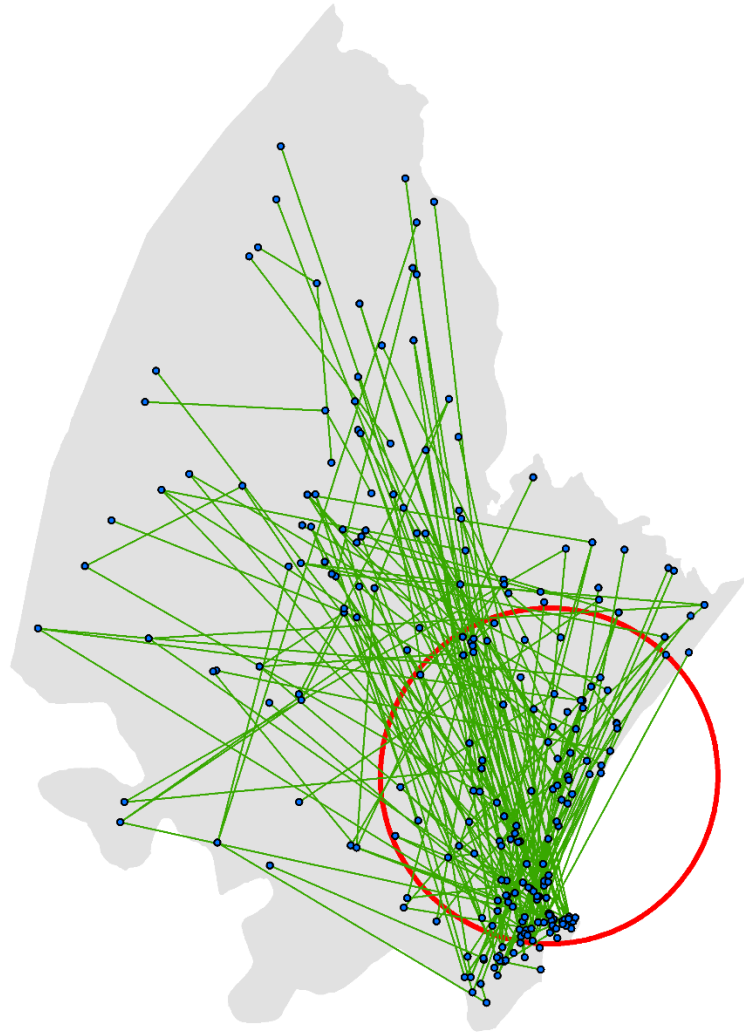
- **Model 1. Epicenter model**

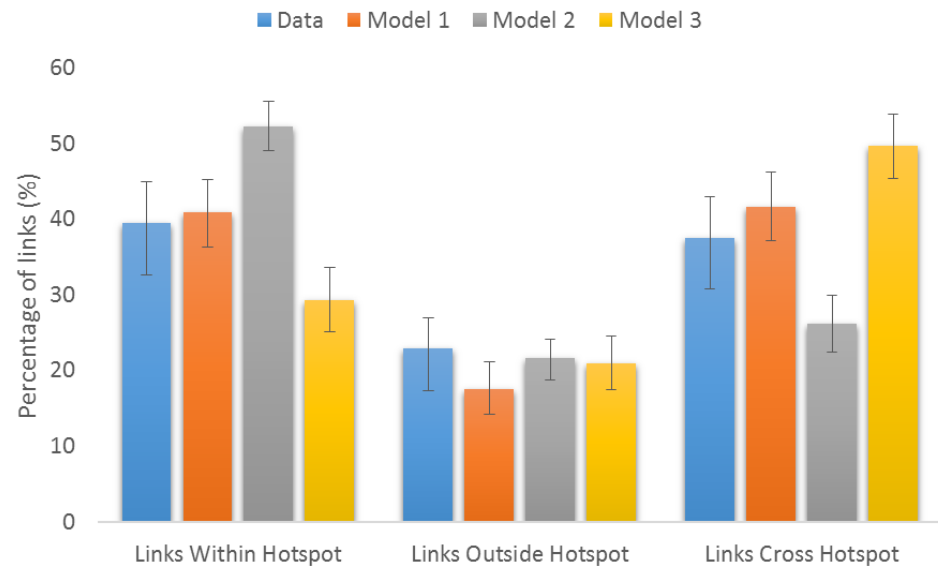
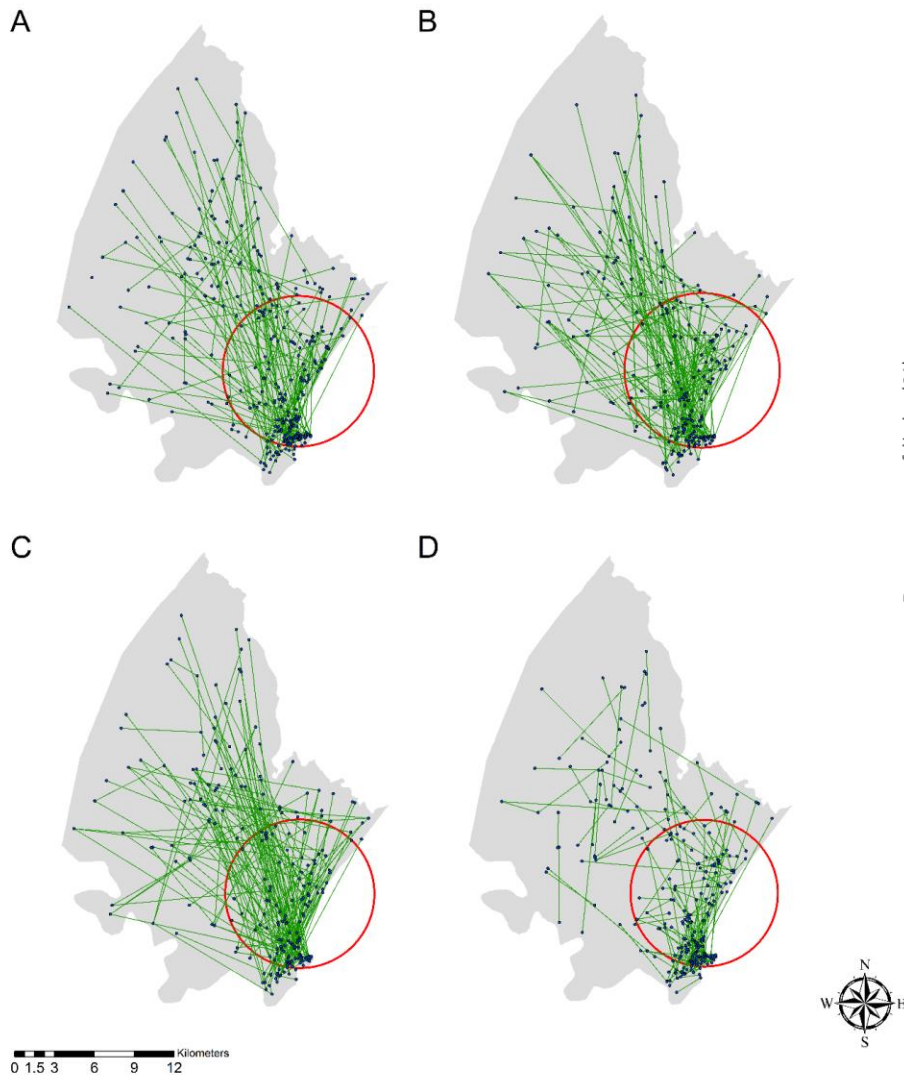


- **Model 2.** Distance decay link formation model



- **Model 3.** Random links formation model





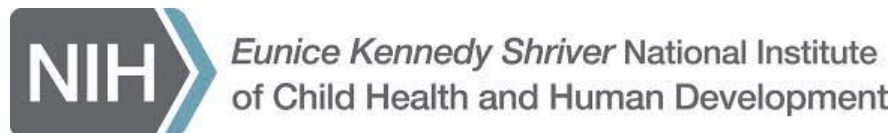
Geographical representation of HIV transmission links from model simulations. In **A**) Distribution of HIV transmission links from the data; **B**) Results from Model 1; **C**) Model 2; and **D**) Model 3. Green circle illustrates the location of the HIV incidence hotspot

- We found that more than 70% of the HIV transmission links identified were directly connected to an HIV hot-spot, illustrating the **high connectivity between the hot-spots and the general community**
- The HIV hotspots might play a key role in the HIV transmission network and could substantially contribute to the dispersion of the infection
- We hypothesize that HIV hot-spots behave as core groups in the transmission network, and **interventions targeting these hot-spots could not only reduce the levels of new infections in these geographical core groups, but also disrupt the transmission of the infection in the entire community**

General Conclusions

- If the level of connectivity between the 'hot-spot' and the entire community is high, then a successful intervention approach in these geographical high-risk populations could generate a marked impact on reversing the overall epidemic
- Disrupting the transmission network using geographically targeted interventions could be an effective strategy aimed to optimize resources and maximize the impact on the epidemic in SSA

Acknowledgements



Acknowledgements



Frank Tanser



Tulio de Oliveira



Hae-Young Kim



Alain Vandormael



Andrew Tomita

Thank you!